

G|SCORE

An Institute for Civil Services

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TEST COPY

TAPENDRA MEENA

**AIR - 875
(CSE 2022)**

ESSAY



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Roll No. 36453**Time Allowed: 3 Hrs.****Max. Marks: 250****Instructions to Candidate**

- Both sections are compulsory.
- Attempt one essay from each section.
- Each essay carries 125 marks.
- Write each essay in about 1000-1200 words.
- After finishing the first essay, attempt the next on a fresh Page.
- Any page left blank in the answer-book must be crossed out clearly.

(Examiner will pay special attention to the candidate's grasp of his/her material, its relevance to the subject chosen, and to his/ her ability to think constructively and to present his/her ideas concisely, logically and effectively).

Name TAPENDRA MEENA

Mobile No. _____

Date _____

Signature _____

1. Invigilator Signature _____

2. Invigilator Signature _____

Remarks

GS SCORE

just

Parikh Marwani

2020-2021

2020-2021

2020-2021

Remarks

Essay 1 :- 55

Essay 2 :- 52

- work upon critical thinking and interlinkages. you lack finishing touch in your dimensions.
- Need to work upon ~~deon~~ declassifying key ideas, constructing arguments on those ideas ^{while} keeping nose to the delivery, with theme.
- your strength are :- Alignment of e.g. with theme, presentation of your key ideas (both essays) and multiplicity in thought process. However you should keep satisfying / addressing how / why part of dimensions.

SECTION - A

1. Symbolism exists to adorn and enrich, not to create an artificial sense of profundity.
- ~~2. Mastering others is strength; mastering yourself is true power.~~
3. Insanity breeds insanity.
4. Freedom does not mean free for all and everything.

SECTION - B

1. The limits to growth have arrived, we need more of other things than material progress.
2. Political parties no more represent a set of values and principles, but just a platform for succeeding in the business of politics.
3. No woman can call herself free who does not control her own body.
4. Parents and teachers are the greatest change leaders.

X X X X

Mastering others is strength, mastering yourself
is true power.

X X X X A

During early decades of 20th century, world war

faced with World war 1, waves of revolution in Europe, India, and other countries. Leaders ~~resorted~~ resorted to violence to gain independence from colonial powers.

India was not untouched with ideology of violence as people fed up with over-exploitation, wanted control over self. GANDHI arrived in 1915 with his philosophy of non-violence [Ahimsa]. He introduced his philosophy for struggle. Satyagraha and Non-violence.

During Non-cooperation movement, chaudi chaura incident took place, killing 22 policemen.

Gandhi immediately withdrew movement.

He was met with stiff resistance by people, fellow leaders, faced huge pressure to continue violent means to attain swaraj. But Gandhi, a man who had achieved proficiency in

Self-Regulation, had gained mastering over himself via his life experiences, did not

budge under extreme pressure. What followed

was more people accepted Gandhi's decision and short term gain was postponed to long term gain at in later years.

case of Gandhi's strict adherence to his strong ethical and moral principles shows that by mastering over self, he also mastered others and brought positive change in society.

Gandhi rightly quoted - "Be the change you wish to see in the world", as he referred to self regulation, self-restraint, change within self.

before we go out and try to influence others.

We will examine and try to analyse various questions posed to men that do we need to master anything / anyone? and who should we master, others or self?

Mastering, in general means, acquiring knowledge, skills, traits, attitude to perform and complete a task proficiently with desired outcome achieved. Mastering can help in achieving efficiency, timeliness, judicious use of resources, managing social situation and so on.

Since the history of ancient civilization, humans have attempted to master over nature, exploiting resources for self interest. Industrialization, clearing of forests, burning of fossil fuels, today, have led to global climatic consequences like global warming, climate change, natural disasters.

good
grief
main
body.

Remarks

This makes us to ask ourselves if we need to master over others [here nature] or do we need to master over self? Before coming to answer, let us examine further that why should we master others? and if it is good or bad?

In case of Nature, humans need to survive and thrive. And Darwin's theory concludes that only fittest will survive. Therefore for better survival rate, Quality standard of life, continue human race, we need to derive ways to master nature. There is no white-block answer if

~~tried well to show the contrast comparison~~ We should master nature or not as it brings and negative outcomes of well.

Coming back to answer asked above,

yes, we need to master over self, because over exploitation of any thing would have impact on not only individual but whole society.

Mastering over self here can be in terms of less consumerist, avoid wastage of resources go for sustainable development so that

Remarks

not only others [Nature] can be preserved, but also our next generations can thrive as well.

~~Gandhi rightly quoted "there is enough for everyone's need but not for everyone's greed"~~

so only mastering over self will continue survival of human race.

~~well highlighted~~
as social interaction with other individuals separates him from animals, as he has consciousness, ability to think and decide in self interest and collective interest.

But during this social interaction, rivalry competition and rivalry develops among people and they tend to assert control over others.

History is full of examples, as in case of ancient feudal - slave society in Europe where feudal lords were called as masters and they subjugated others (slaves) to the core.

Imperial powers tried to control Asian-African nations and even today, we ourselves try

Remarks

to dominate over others among our peer group by imposing views, ideologies. But this

results in conflict, tension, sometimes even ethnic violence, communal riots, revolts, violent protest, when this imposition take high

hardenedness in society.

However mastering others

~~But before preaching they also own themselves, live~~
~~mastered others~~
~~reformers, philosophers like Raja Ram Mohan Roy, I. Vidyasagar, Vivekananda, Ambedkar, spiritual leaders like Mahatma Gandhi who brought social transformation through their own self regulation by preaching and leading Anti-caste movement, emancipation of women from evil practices like sati, child marriage, purdah etc~~

But how were these people able to bring positive change by mastering others?

Answer lies in the fact that these personalities

had ^{FIRST} mastered over their own self i.e. ^{souled} ^{spiritual} ^{idealized} ^{dedicated} ^{pure} ^{self} ^{concerns} ^{no} ^{of} ^{placation} ^{coercion}
 that they had self regulation, self restraint and their life's ship did not sink because of water (dogma) around them. Rather their

Remarks

*Bribery
to
expression*

clarity
self control sailed their own ships through the storm of social evils, but also they helped society's ship to sail continue without sinking in water of dark ages.

Let us examine how one can master self and how one can help others in mastering themselves?

people with High emotional intelligence, i.e., self awareness, self Regulation, social awareness and Social Regulation are proficient in

mastering them selves. If we know our

strengths and weaknesses and work upon our

weaknesses, then one can have high Emotional intelligence. We need to do self Introspection

of our self, acknowledge our emotions, feelings and be able to regulate them

in any social situation. Only then, we

can master over self. Gandhi, Lincoln, Martin Luther King Jr., Mandela, Aurabdkar

had been able to achieve it. Gandwan

Heroes depicted immense self control on the expense of their own lives

Remarks

We can help others master themselves by being a role model, change agent, and propagate ethical and moral values in society.

Social influence and persuasion can help in bringing change in behaviour and attitude.

~~writ
ant
examp~~

In administration, a civil servant must have self control, only then he can lead his team and complete the task with holistic competence. As D-Goleman concluded that goal of success in work depends upon Emotional Intelligence, i.e. self control and social regulation.

What would happen if one loses self control and unable to control self? NCRB 2021 reported 30% increase in crime rate due to lack of self control. 77 Rape cases daily in India. This is resulting from loss of self regulation. Hatred, violence, intolerance, exploitation, discrimination, prejudices, corruption, criminalization of politics, disrupted social system, if we lack proper control system we end up doing wrong things. e.g. Ro Rafto.

Remarks

very generic In international scenarios, countries have to show restraint to avoid escalation of violent situations, like India does in case of Pakistan's violation of LoC ceasefire agreement.

complete self restraint is

not desirable as in case of geopolitics, each country acts in their own national interest and violation of sovereignty and territorial integrity would be met by equal force

Better to be proactive & participative e.g. Kargil war

India's doctrine of world is one family.

No-first use is classic example of self Regulation & control which can turn into controlling others by creating a deterrence.

However there are universal values of mastering over self

and these are Justice, Impartiality, Truthfulness, Ahimsa, Non-discrimination, peace loving, Love, Caring, Loyalty, politeness (even in charged situations), Humbleness,

which separates an ordinary individual

Remarks

from personalities like Ghandhi, Vivekananda, Mandela, Mother Teresa, Ambedkar.

From very first interaction of child with family [1st stage of socialization] inculcation of ethical and moral values is necessary and parents are role models for values, behaviour, what child who imbibes values, behaviour, what he observes around. If parents & teachers in charged environment control over self regulation show self regulation will also learn to master over self and he will also be able to master over how to bring progressive changes with his own initiatives.

Not only dandi chaura incident, but Ghandhi was able to contain himself and also self control on self and to contain himself and also self control on masses for 3 decades on the path of Ahimsa and to satyagraha and his mastery over inner strength and to provide a base to India which gave our gained independence in 1947 and people raised their voices. Their voices were capable to free them selves from total chains of colonial masters and India in the action of him.

Remarks

took control of itself in ~~her~~ her own hands and leading the world as a Vishwa Guru by propagating principles of Non-violence, vasudhaiva kutumbakam, and Sarva-Dharma-Samo-Bhav. Thus India has achieved true power by mastering over itself.

→ your contextual understanding was five not of undergoing soul, not holistic but barring work not completeness. Need more depth
and need to analyse the situations.
→ lacked salt control? is it due to
we have lack lifestyle upbringing
→ why habits? exertion. Presenting
discipline, cultural touch appreciated.
So is social
opinion not appreciated.

Remarks

No woman can call herself free, ~~when~~ she does not control her own Body

Damini, while growing up in a village, dreamt of becoming a pilot and was fascinated whenever she saw aeroplane flying over her village. When she turned 13, she was married to an adult male. Under family obligations, she conceived a child within a year of marriage and for preference to a male child, she was forced to give birth back to back 4-times.

~~In her~~ ~~due to~~ ~~repetitively~~ Due to child marriage and early child bearing, Damini's body was exploited, her sexuality was taken away by force at the age when her brothers were going to school and working for their dreams to fulfill. Damini was occupied in child bearing and then instead of becoming a pilot, she was now made "kulvadhu" of husband's family and her life was confined within walls of domestic chores, nurturing child and obeying command of Patriarchy.

Remarks

Case of Damini demonstrates that no woman can call herself free who does not control her own body.

In our society, there are millions of other Damini, who lost their dreams and instead of freedom, are chained down to domestic walls. Before we move ahead, let us examine what makes a woman free?

Human Rights are therefore element of human existence, as they are fundamental for Life with respect and dignity. Without exercising human rights, no human can be called as free, be it man or woman.

Right over one's own body is the most fundamental human right as this is the base for self determination, self assertion, self control, dignity, a life to be called as free and where woman can have dreams and equally able to fulfill those dreams without any break, opposition or chains. Bondage.

Remarks

How control over her body makes her free?

She can think for herself, make decision
 one is best in her own interest and pursue a
 master over own life where any impact on her life must be
 originated from her own actions, rather than
 controlling her
 first step another individual
 is control, body, life and choices.
 own body to do your own freedom
 free soul. Here by women
 we living marriage partner, age of marriage, when to
 can't live separate if situation demands, when to
 don't want conceive a child and fully participates
 or it's bout in mainstream societal activities.

Let us examine what are

the challenges to Bodily autonomy of woman;
 social, cultural and what hinders her free will.

It is social, cultural and what hinders her free will.
 Human, when born gets sex by nature, which
 is a natural process, but social evaluation
 of these natural differences e.g. attaching
 values of superiority or inferiority, creates
 GENDER dimension, which feminists argue
 that is a complete cultural and mental
 construct

Remarks

Patriarchy is that ideology, a set of social structures and practices where man dominate, oppress and control women's production (labour), reproduction (sexuality), consumption (life style) and her life choices.

Different roles are assigned to different sexes, called as Masculine and Feminine roles. These feminine roles begins controlling women's physical and mental autonomy whereas her parents, siblings, family treat her in a different way and she is continuously made to think, behave, act, decide in a feminine way and after cultural notions.

Rewards and punishment like methods are used to make her behave in a feminine way, thus she loses her free will and ideological ~~free~~ influence, indoctrination makes her believe that her own body does not belong to her, rather it must be preserved for her husband. Values like store Ahoma and Pativarta re-inforces this control over her free will.

Remarks

Let us examine her loss over bodily autonomy from age-time scale

Before birth, sex selective abortion is done, if she survives, female infanticide follows, Amartya Sen calls it MISSING WOMEN, after this she is denied education, health facilities, too being a woman. Then she is forced into child marriage or early-age marriage, made to conceive child before physical maturity, repetitive child bearing, domestic violence,

marital rape, which drastically impacts her reproductive health and under choirs

of patriarchy, she loses her free will. "REPRODUCTIVE SLAVERY" "zoya Hasan" calls it

This might be case of a poor woman (girl child), but what about

middle class woman who is provided autonomy by family in her personal life? Does she really have control over body?

A working woman faces sexual harassment at workplace, faces "invisible glass ceiling" which sometimes demand bodily favours for progress in career;

Remarks

she has to come home early from office due to security concerns [NCAB Report 2021].
77 Rape cases daily in India which lowers her efficiency at workplace and restricts her choice of occupation.

Coming now to her labour which is a hard work done by her to survive, and thrive.

In household, a non-working woman [Non professional job] does all domestic chores, nurtures child, etc yet her labour goes unrecognised and unpaid. Ann Oakley argues that women is branded as "Housewife" and her dignity attacked to domestic work is taken away.

All ~~her~~ her bodily labour goes in vain under social notions and norms. Since she does not control her body, therefore she lacks authority in family, she is not asked while major decision making is done by male members. Not only her own free will, she loses control over free will of her children as father decides where to send child

Remarks

open up
more
diverse
bodily
experience
everywhere
with
challenging
to such
freedom,
suggest
and out.

for career, when to marry daughter, with whom and at what age.

However, even most affluent, educated, professional women are not saved from this structure of lack of bodily autonomy. In our societies values like materialism, consumerism, has led to "commodification of women".

good dimension newer body is seen as a commodity and bought and sold in Market, e.g.: SRK workers, prostitution legal in Thailand, item dance in movies and Pornography.

In the political domain,

need proper analysis & representation & intelligent roles in her lack of control over body.

As in India, only 14% MP's are women

Elaborative analysis which very low compared to developed countries. Low representation hinders economic independence! Linkage with free will & bodily freedom

gender sensitive policies and laws.

Having discussed various dimensions and factors, let us now examine how can we change this situation where women can have control over her body.

Remarks

societal outlook!

so that she can be called of free women and decide for her self.

~~stick to the move on them. Argue more on A dogmatic, prejudiced, stereotypical society can be changed with social changes in: inculcation of values into child during socialisation.~~

~~parents need to treat both son - daughter equally and without discrimination. Parents can act as a role model where both parents treat each other equally with dignity.~~

~~This is a classical conditioning (pavlov) which can mould mind of a child into a humane, gender sensitive nature.~~

~~Secondly, at school, teachers have crucial role in promoting gender equality where sports activity, debates, discussions, plays, curriculum, assembly pledge would play critical role where children learn to respect dignity and decisions of a woman.~~

Remarks

'Wompu's movement of 19th century contributed to self determination of women in pre-independent era'?

and now Constitution enshrines values like equality, liberty, nondiscrimination, Justice (social), (economic), fraternity. It is our fundamental duty [SIA] to respect women's dignity and also duty of state [OPSP] required to secure social order where women enjoys equal rights & civil liberties.

With the NALSA case, we have entered into domain of 3rd gender where bodily autonomy and self determination of LGBTQIA+ community has also come under ambit of Fundamental Rights.

Women empowerment is the agenda and central theme of government and to ensure it, we need equal representation of women in politics, economy, mainstream societal activities, gender sensitive laws and policies and constitutional morality, compassionate administration, liberal society,

Remarks

(52) ~~human values like dignity, justice, non-discrimination will ensure that Domini is not thrown into reproductive slavery, (talked by Zoya Hasan), rather she would be able to achieve her dreams of being a pilot, just like kalpana chawla, Sunita William reached to space, every woman has right to decide, choose, best for them and this will come only with her control over her own body which goes into self determination and bodily autonomy as a basic Human value among all societies across time and space.~~

* Contextual clarity is good. But you are strategy to convert your idea in to analysis opening up of your diversions, You should thinking ability and construct stories, You should holistic paragraph. Also need dimensions and interlinking for Remarks

Remarks

Remarks

Remarks

Remarks

Remarks

--	--

Remarks

Non woman can call herself free now does not control her own body

In instance

body
self determining
decision - correct
- L/E/I
Human rights

Liberty

Equality

Jus

Fr

political participation

- self control

- self determining
- self control

① what makes a woman free / who is a free woman

② challenges in freedom

cultural norms
feminine roles

Patriarchy

No self control
Body

Sexuality = Rep

decision making

Production (labour)

Reproduction (slavery,
Zoya Hasan)

③ issue with self control

free won
all can women with control over body are
free or not

MM

- ① sexuality = violence m. rape
- ② Labour
- ③ authority

work

masculine
pink
girly
commercial
consumption
material

society/culture

- Patriarchal view

state

- FLIPR : informed

economy

ROUGH PAGE

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Intro: Gandhi [people violence
self control]: Chandra
↳ man vs nature

Chandra

F.C. say

against
child
woman

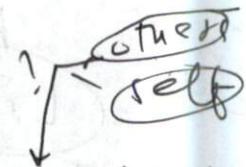
daughter
(13)

moored
local logic

1) what is Mastering

2) why to master anything

③ who should we master?



more beneficial

~~How to master~~ Is Mastering others

[Bad] [Good]

④ why to master others

Role models I domination

to make him

⑤ How to master others? (EI
persuasion
coercion
Mastery)

persuasion
coercion

disciplined
rationa

⑥ what / How much change by Mastery

other self

Limited

⑦

why should be mastered ourself? → better change you wish
consequence / outcome / Benefit of mastering self

to see in the world

⑧

By mastery self ⇒ the change

self regulation
beliefs, thoughts

⑨

↓

can Master others

- less consume with desire
- avoid evil
- protect nature

⑩ How to master self

Remarks