

Tharu trihe



The Uttar Pradesh (UP) government is working to connect

Tharu villages in the districts of Balrampur, Bahraich, Lakhimpur and Pilibhit bordering Nepal, with the home stay scheme of the **UP** Forest Department.

experience of living in the natural

The idea is to offer tourists an

Tharu habitat, in traditional huts made of grass collected mainly from the forests. This is expected to create jobs and bring economic independence for the tribal

population. The word tharu is

Theravada Buddhism. **About Tharu Tribe** The Tharu community belongs to

the Terai lowlands, amid the

Shivaliks or lower Himalayas.

Himalayas.

believed to be derived

from sthavir, meaning

followers of

Terai is a region of northern India and southern Nepal running parallel to the lower ranges of the

Nepal. In the Indian terai, they live mostly in Uttarakhand, Uttar Pradesh, and Bihar.

The Tharus live in both India and

Scheduled Tribe: Tharu is a scheduled tribe in the states of

Uttarakhand, Uttar

Pradesh and Bihar.

Occupation

Most of them are

forest dwellers, and some practice

agriculture.

Culture They speak various dialects of Tharu, a

Indo-Aryan subgroup,

and variants of Hindi,

Urdu, and Awadhi.

Tharus worship Lord

Shiva as Mahadev,

language of the

being "Narayan", who

and call their supreme

- they believe is the provider of sunshine, rain, and harvests. Tharu women have stronger property rights than is allowed to women in
- mainstream North Indian Hindu custom. Standard items on the Tharu plate are bagiya or dhikri which is a steamed dish of rice flour that is eaten with chutney or curry – and

ghonghi, an edible snail that is cooked in a curry made of coriander, chili, garlic,

and onion.