



ANSWER WRITING MENTORSHIP PROGRAMME ANTHROPOLOGY COMPLETE SYLLABUS through CONCEPT CLASSES, ANSWER WRITING & MENTORSHIP



Mentor: SACHIN TIWARI





PROGRAMME FEATURES

01

APPROACH & TREND ANALYSIS SESSIONS

It will focus on orienting the students with Paper 1 & 2 and the methodology required as per the demands of the UPSC.

02

CONCEPT BUILDING & ANSWER WRITING APPROACH 65+ Hrs Emphasis on Conceptual building, clarity and Answer Writing

Approach for Paper 1 & 2.



COMPLETE ANTHROPOLOGY SYLLABUS COVERAGE

Through 24+ Tests & 250+ Questions, entire Anthropology Syllabus will be covered.



PERSONALISED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.

PYQs DISCUSSION

Topic-wise PYQ Discussions to under the trend of a particular topic.



07

05

ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answer in sync with the conceptual requirement of the question.

GRADUAL ASSESSMENT & IMPROVEMENT

For gradual improvement and revision, the programme is divided into Topical Tests, Sectional Tests and Full Mock Tests.

SESSION PLAN

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|--------------------|---|
| APPROACH CLASS: 01 | Approach to Anthropology Optional (Paper 1) |
| 21 JULY, 2024 | |
| APPROACH CLASS: 02 | Anny soch to Anthronology Ontional (Danay 2) |
| 22 JULY, 2024 | Approach to Anthropology Optional (Paper 2) |
| TREND ANALYSIS | Anthropology Ontional (Denov 1.9.0) |
| 23 JULY, 2024 | Anthropology Optional (Paper 1 & 2) |
| P | APER 1: SECTION-A |
| (Soc | io Cultural Anthropology) |
| | 2.1 The Nature of Culture |
| CONCEPT CLASS: 01 | The concept and characteristics of culture |
| 24 JULY, 2024 | and civilizationEthnocentrism vis-àvis cultural Relativism |
| | |
| | 2.2 The Nature of Society |
| CONCEPT CLASS: 02 | Concept of Society Society and culture |
| 25 JULY, 2024 | Social Institution |
| 23 3061, 2024 | Social groups |
| | Social stratification |
| PYQ | |
| 26 JULY, 2024 | Previous Year Questions (PYQs)-1 |
| TOPICAL TEST | |
| 28 JULY, 2024 | Topical Test - 1 |





| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|--|--|
| CONCEPT CLASS: 03 29 JULY, 2024 | 2.3 Marriage Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry) |
| CONCEPT CLASS: 04 30 JULY, 2024 | 2.4 Family Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family. |
| PYQ 02 AUGUST, 2024 | Previous Year Questions (PYQs)-2 |
| POST TEST MENTORSHIOP 03 AUGUST, 2024 | Mentorship Session: 01 |
| TOPICAL TEST 04 AUGUST, 2024 | Topical Test - 2 |
| CONCEPT CLASS: 05 05 AUGUST, 2024 | 2.5 Kinship Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred)Kinship terminology (descriptive and classificatory); |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| | Descent, Filiation and Complimentary Filiation; |
| | Descent and Alliance. |
| CONCEPT CLASS: 06 | Economic Organization Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution |
| 06 AUGUST, 2024 | and exchange (recipiocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems. |
| PYQ | Previous Year Questions (PYQs)-3 |
| 09 AUGUST, 2024 | rievious real questions (rigs)-5 |
| POST TEST MENTORSHIOP | Mentorship Session: 02 |
| 10 AUGUST, 2024 | Mentorship Session. 02 |
| TOPICAL TEST | Taniaal Taat 2 |
| 11 AUGUST, 2024 | Topical Test - 3 |
| CONCEPT CLASS: 07 12 AUGUST, 2024 | Political organization and Social Control Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy;social control, law and justice in simple societies. |
| | 5. Religion |
| CONCEPT CLASS: 08 | Anthropological approaches to the study of religion (evolutionary, psychological and functional); |
| 13 AUGUST, 2024 | monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism); |





| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| | Religion, magic and science distinguished; Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch) |
| PYQ | Previous Year Questions (PYQs)-4 |
| 16 AUGUST, 2024 | |
| POST TEST MENTORSHIOP | Mentorship Session: 03 |
| 17 AUGUST, 2024 | |
| TOPICAL TEST | Topical Test - 4 |
| 18 AUGUST, 2024 | |
| | 6. Anthropological Theories |
| | Classical evolutionism (Tylor, Morgan and Frazer) |
| CONCEPT CLASS: 09 | Historical particularism (Boas); |
| 19 AUGUST, 2024 | Diffusionism (British, German and American) |
| | Neo - evolutionism (Childe, White, Steward, Sahlins and Service) |
| | 6. Anthropological Theories |
| | o Functionalism (Malinowski); |
| CONCEPT CLASS: 10 | Structural-functionlism (Radcliffe-Brown) |
| 20 AUGUST, 2024 | Structuralism (L'evi - Strauss and E.Leach) Culture and percendity (Repediet Meed |
| | o Culture and personality (Benedict, Mead, Linton, Kardiner and Cora −du Bois) |
| | 6. Anthropological Theories |
| | Cultural materialism (Harris) |
| CONCEPT CLASS: 11 | Symbolic and interpretive theories (Turner, Seknaider and Coarte) |
| 21 AUGUST, 2024 | Schneider and Geertz) Cognitive theories (Tyler, Conklin) |
| | Cognitive theories (Tyler, Conklin) Post- modernism in anthropology |
| PYQ | |
| 23 AUGUST, 2024 | Previous Year Questions (PYQs)-5 |
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| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|---|---|
| POST TEST MENTORSHIOP | Mentorship Session: 04 |
| 24 AUGUST, 2024 | |
| TOPICAL TEST | Topical Test - 5 |
| 25 AUGUST, 2024 | |
| CONCEPT CLASS: 12 26 AUGUST, 2024 | 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use. |
| | 8. Research Methods in Anthropology |
| | Fieldwork tradition in Anthropology |
| | Distinction between technique, method and methodology |
| CONCEPT CLASS: 13 | Tools of data collection: observation, |
| 27 AUGUST, 2024 | interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data. |
| ΡΥΩ | |
| 30 AUGUST, 2024 | Previous Year Questions (PYQs)-6 |
| POST TEST MENTORSHIOP | |
| 31 AUGUST, 2024 | Mentorship Session: 05 |
| TOPICAL TEST | Topical Test - 6 |
| 01 SEPTEMBER, 2024 | Topical Test - 6 |
| PAPER 1: SECT | TION-B (PHYSICAL ANTHROPOLOGY) |
| CONCEPT CLASS: 14 02 SEPTEMBER, 2024 | 1.4 Human Evolution and emergence of Man (a) Biological and Cultural factors in human evolution. |





| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| | (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution). |
| | 1.5 Primates |
| | Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate |
| CONCEPT CLASS: 15 03 SEPTEMBER, 2024 | Adaptations; (Arboreal & Terrestrial) Primate Taxonomy; Primate Behaviour;Tertiary & Quaternary fossil primates; |
| | Living Major Primates; |
| | Comparative Anatomy of Man and Apes; |
| | Skeletal changes due to erect posture and its implications. |
| | 1.6 Phylogenetic status, characteristics |
| | and geographical distribution of the following: |
| | (d) Plio-pleistocene hominids in South and East Africa - Australopithecines. |
| CONCEPT CLASS: 16 04 SEPTEMBER, 2024 | (e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis). |
| | (f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type). |
| | (g) Rhodesian man. |
| | (h) Homo sapiens — Cromagnon, Grimaldi and Chancelede. |
| PYQ | |
| 06 SEPTEMBER, 2024 | Previous Year Questions (PYQs)-7 |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| POST TEST MENTORSHIOP 07 SEPTEMBER, 2024 | Mentorship Session: 06 |
| TOPICAL TEST08 SEPTEMBER, 2024 | Topical Test - 7 |
| CONCEPT CLASS: 17 09 SEPTEMBER, 2024 | 9.1 Human Genetics Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant |
| | technologies. |
| CONCEPT CLASS: 18 10 SEPTEMBER, 2024 | 9.2 Mendelian Genetics Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man. |
| | 9.3 Genetic Polymorphism |
| | Concept of genetic polymorphism and selection, Mendelian population, Hardy Weinberg law; |
| CONCEPT CLASS: 19 11 SEPTEMBER, 2024 | causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift. |
| | Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages. |
| PYQ 13 SEPTEMBER, 2024 | Previous Year Questions (PYQs)-8 |
| POST TEST MENTORSHIOP 14 SEPTEMBER, 2024 | Mentorship Session: 07 |



| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| TOPICAL TEST 15 SEPTEMBER, 2024 | Topical Test - 8 |
| CONCEPT CLASS: 20 16 SEPTEMBER, 2024 | 9.4 Chromosomes and Chromosomal Aberrations (i) Numerical and structural aberrations (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study. |
| CONCEPT CLASS: 21 17 SEPTEMBER, 2024 | 9.5 Race and Racism Race and racism, biological basis of morphological variation of non-metric and metric characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man. |
| CONCEPT CLASS: 22 18 SEPTEMBER, 2024 | 9.6 Genetic Markers Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups. |
| PYQ 20 SEPTEMBER, 2024 POST TEST MENTORSHIOP | Previous Year Questions (PYQs)-9 |
| 21 SEPTEMBER, 2024 | Mentorship Session: 08 |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|---|--|
| TOPICAL TEST 22 SEPTEMBER, 2024 | Topical Test - 9 |
| CONCEPT CLASS: 23 23 SEPTEMBER, 2024 | 9.7 Ecological Anthropology Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations |
| CONCEPT CLASS: 24 24 SEPTEMBER, 2024 | 9.8 Epidemiological Anthropology Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases. |
| CONCEPT CLASS: 25 25 SEPTEMBER, 2024 | 12. Applications of Anthropology Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology. |
| PYQ 27 SEPTEMBER, 2024 | Previous Year Questions (PYQs)-10 |
| POST TEST MENTORSHIOP 28 SEPTEMBER, 2024 | Mentorship Session: 09 |
| TOPICAL TEST29 SEPTEMBER, 2024 | Topical Test - 10 |



| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| CONCEPT CLASS: 26 30 SEPTEMBER, 2024 | 10. Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somato-types. Methodologies for growth studies. |
| | 11 Bioevents to fertility, Demographic Theories |
| CONCEPT CLASS: 27 01 OCTOBER, 2024 | 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality. |
| PYQ | |
| 04 OCTOBER, 2024 | Previous Year Questions (PYQs)-11 |
| POST TEST MENTORSHIOP 05 OCTOBER, 2024 | Mentorship Session: 10 |
| TOPICAL TEST | Tanical Test 11 |
| 06 OCTOBER, 2024 | Topical Test - 11 |
| POST TEST MENTORSHIOP | Mentorship Session: 11 |
| 12 OCTOBER, 2024 | |
| SECTIONAL TEST | Sectional Test: 01 – Paper. 01 |
| 13 OCTOBER, 2024 | |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|---------------------------------------|---|
| PAPER 2: SEC | CTION-A (INDIAN ANTHROPOLOGY) |
| CONCEPT CLASS: 28 14 OCTOBER, 2024 | 1.1 Evolution of the Indian Culture and Civilization Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization. 1.2 Palaeo Anthropological evidences from India with curved paragements |
| | special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus & Narmada Man). |
| CONCEPT CLASS: 29 15 OCTOBER, 2024 | 1.3 Ethno-archaeology in India The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities. |
| PYQ 18 OCTOBER, 2024 | Previous Year Questions (PYQs)-12 |
| TOPICAL TEST 20 OCTOBER, 2024 | Topical Test - 12 |
| CONCEPT CLASS: 30 21 OCTOBER, 2024 | Demographic profile of India Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth. |
| CONCEPT CLASS: 31 22 OCTOBER, 2024 | 3.1 The structure and nature of traditional Indian Social System Varnashram, Purushartha, Karma, Rina & Rebirth. |



| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| CONCEPT CLASS: 32 23 OCTOBER, 2024 | 3.2 Caste system in India structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum. |
| PYQ 25 OCTOBER, 2024 | Previous Year Questions (PYQs)-13 |
| POST TEST MENTORSHIOP 26 OCTOBER, 2024 | Mentorship Session: 12 |
| TOPICAL TEST 27 OCTOBER, 2024 | Topical Test - 13 |
| CONCEPT CLASS: 33 28 OCTOBER, 2024 | 3.3 Sacred Complex & Nature- Man- Spirit Complex 3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society Sacred Complex & Nature- Man- Spirit Complex Impact of - Buddhism, Jainism, Islam and Christianity on Indian society |
| CONCEPT CLASS: 34 29 OCTOBER, 2024 | 4. Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies. |
| PYQ 01 NOVEMBER, 2024 | Previous Year Questions (PYQs)-14 |
| POST TEST MENTORSHIOP 02 NOVEMBER, 2024 | Mentorship Session: 13 |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| TOPICAL TEST 03 NOVEMBER, 2024 | Topical Test - 14 |
| CONCEPT CLASS: 35 04 NOVEMBER, 2024 | 5.1 Indian Village Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages. 5.2 Linguistic and Religious minorities and |
| CONCEPT CLASS: 36 05 NOVEMBER, 2024 | their Social, Political & Economic status 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society Linguistic and Religious minorities and their Social, Political & Economic status Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change. |
| PYQ 08 NOVEMBER, 2024 | Previous Year Questions (PYQs)-15 |
| POST TEST MENTORSHIOP 09 NOVEMBER, 2024 | Mentorship Session: 14 |
| TOPICAL TEST10 NOVEMBER, 2024 | Topical Test - 15 |
| PAPER 2: SECTION-B (TRIBAL INDIA) | |
| CONCEPT CLASS: 37 11 NOVEMBER, 2024 | 6.1 Tribal situation in India Bio-genetic variability, Linguistic & Socio-economic characteristics of tribal populations & their distribution. |



| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|--|---|
| CONCEPT CLASS: 38 12 NOVEMBER, 2024 | 6.2 Problems of the tribal Communities and alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities, Unemployment, Underemployment, Health and nutrition |
| CONCEPT CLASS: 39 13 NOVEMBER, 2024 | 6.3 Developmental projects and their impact on tribal Displacement and problems of Rehabilitation |
| | Development of forest policy and Tribals. Impact of Urbanization and Industrialization on tribal populations. |
| PYQ 15 NOVEMBER, 2024 | Previous Year Questions (PYQs)-16 |
| POST TEST MENTORSHIOP 16 NOVEMBER, 2024 | Mentorship Session: 15 |
| TOPICAL TEST 17 NOVEMBER, 2024 | Topical Test - 16 |
| | 7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's. |
| CONCEPT CLASS: 40 18 NOVEMBER, 2024 | 7.2 Social Change and Contemporary Tribal societies Constitutional safeguards for S.C's and S.T's. Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections. |
| CONCEPT CLASS: 41 19 NOVEMBER, 2024 | 7.3 The Concept of Ethnicity • Ethnic conflicts and political developments; • Unrest among tribal communities; |

| SESSIONS/DATE | TOPICS & SUB-TOPICS |
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| | Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India. |
| CONCEPT CLASS: 42 20 NOVEMBER, 2024 | 8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies |
| PYQ 22 NOVEMBER, 2024 | Previous Year Questions (PYQs)-17 |
| POST TEST MENTORSHIOP 23 NOVEMBER, 2024 | Mentorship Session: 16 |
| TOPICAL TEST24 NOVEMBER, 2024 | Topical Test - 17 |
| CONCEPT CLASS: 43 25 NOVEMBER, 2024 | 8.2 Tribe & Nation state 9.1 History of administration of tribal areas 9.2 Role of Anthropology in Tribal and Rural Development Tribe & Nation state-comparative study of tribal communities in India & other countries Tribal policies, plans, Programmes of tribal development and their implementation. The concept of Primitive Tribal Groups, their distribution, special programmes for their development. Role of N.G.O.s in tribal development. |
| CONCEPT CLASS: 44 26 NOVEMBER, 2024 | 9.3 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements. |





| SESSIONS/DATE | TOPICS & SUB-TOPICS |
|-----------------------|---|
| | Contributions of Anthropology to the Understanding of Regionalism, Communalism, & |
| | Ethnic and Political Movements. |
| PYQ | Previous Year Questions (PYQs)-18 |
| 29 NOVEMBER, 2024 | |
| POST TEST MENTORSHIOP | Mentorship Session: 17 |
| 30 NOVEMBER, 2024 | |
| TOPICAL TEST | Topical Test - 18 |
| 01 DECEMBER, 2024 | |
| POST TEST MENTORSHIOP | Mantarahin Casaian, 10 |
| 07 DECEMBER, 2024 | Mentorship Session: 18 |
| SECTIONAL TEST | Continual Toots 02 Demons 02 |
| 08 DECEMBER, 2024 | Sectional Test: 02 – Paper: 02 |
| AFTER PRELIMS | |
| Mock - 1 | PAPER - 1 (COMPLETE SYLLABUS) |
| Mock - 2 | PAPER - 2 (COMPLETE SYLLABUS) |
| Mock - 3 | PAPER - 1 (COMPLETE SYLLABUS) |
| Mock - 4 | PAPER - 2 (COMPLETE SYLLABUS) |

