



## ANTHROPOLOGY



**CLASSROOM** 







**JUNE**, 2022







**20,000/-** (including GST)

- **COMPLETE ANTHROPOLOGY OPTIONAL THROUGH QUESTION & ANSWER**
- SYLLABUS REVISION THROUGH 45+ CONCEPT CLASSES
- **18 PYQS DISCUSSION SESSIONS**
- **ANSWER WRITING AND MOCK TEST THROUGH 300+ QUESTIONS**
- **DOUBT CLEARING SESSION AFTER TEST FOR MARKS IMPROVEMENT**

**Q 8448496262** 



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Mentor: SOURABH MISHRA



## PROGRAMME FEATURES

- Exclusive programme to cover Anthropology optional through Concept building classes, PYQ discussions and Answer writing practice through Mock tests
- Specially curated programme to maximize Marks & Score 300<sup>+</sup> in Anthropology Optional
- Classes will focus on decluttering the syllabus and provide conceptual clarity on each topics
- Classes will build capabilities like interlinking different topics, efficient use of case studies/examples and Answer framing techniques to fetch maximum marks in the exam
- Topic wise PYQs discussion will be provided
- Class and PYQ discussion will be followed by Topical Test (10 Questions)
- Sectional test to be conducted after completing syllabus of each paper and Mock tests will be conducted at the end of the course
- Sectional & Mock tests will be based on UPSC pattern & evaluation will be done by Experts and Faculty only.
- Regular doubt clearing sessions will be conducted for personalized mentoring & performance improvement.



## **SESSION PLAN**

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 01	Approach to Anthropology Optional (Paper 1)
SESSION: 02	Approach to Anthropology Optional (Paper 2)
Paper 1: Sect	ion-A (Socio Cultural Anthropology)
SESSION: 03 24 JUNE, 2022	<ul> <li>2.1 The Nature of Culture</li> <li>The concept and characteristics of culture and civilization</li> <li>Ethnocentrism vis-àvis cultural Relativism</li> </ul>
SESSION: 04 27 JUNE, 2022	<ul> <li>2.2 The Nature of Society</li> <li>Concept of Society</li> <li>Society and culture</li> <li>Social Institution</li> <li>Social groups</li> <li>Social stratification</li> </ul>
SESSION: 05 01 JULY, 2022	Previous Year Questions (PYQs)-1
SESSION: 06 03 JULY, 2022	Topical Test - 1
SESSION: 07 04 JULY, 2022	<ul><li>2.3 Marriage</li><li>Definition and universality;</li></ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul> <li>Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo);</li> <li>Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage;</li> <li>Marriage regulations (preferential, prescriptive and proscriptive);</li> <li>Marriage payments (bride wealth and dowry)</li> </ul>
SESSION: 08 05 JULY, 2022	<ul> <li>2.4 Family</li> <li>Definition and universality;</li> <li>Family, household and domestic groups;</li> <li>functions of family;</li> <li>Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.</li> </ul>
SESSION: 09 08 JULY, 2022	Previous Year Questions (PYQs)-2
SESSION: 10 10 JULY, 2022	Topical Test - 2
SESSION: 11 11 JULY, 2022	<ul> <li>2.5 Kinship</li> <li>Consanguinity and Affinity;</li> <li>Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal);</li> <li>Forms of descent groups (lineage, clan, phratry, moiety and kindred)Kinship terminology (descriptive and classificatory);</li> <li>Descent, Filiation and Complimentary Filiation;</li> <li>Descent and Alliance.</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 12 12 JULY, 2022	<ul> <li>3. Economic Organization</li> <li>Meaning, scope and relevance of economic anthropology;</li> <li>Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture;</li> <li>globalization and indigenous economic systems.</li> </ul>
SESSION: 13 15 JULY, 2022	Previous Year Questions (PYQs)-3
SESSION: 14 17 JULY, 2022	Topical Test - 3
SESSION: 15 18 JULY, 2022	<ul> <li>4. Political organization and Social Control</li> <li>Band, tribe, chiefdom, kingdom and state;</li> <li>concepts of power, authority and legitimacy;social control, law and justice in simple societies.</li> </ul>
SESSION: 16 19 JULY, 2022	<ul> <li>Anthropological approaches to the study of religion (evolutionary, psychological and functional);</li> <li>monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism);</li> <li>Religion, magic and science distinguished;</li> <li>Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 17 22 JULY, 2022	Previous Year Questions (PYQs)-4
SESSION: 18 24 JULY, 2022	Topical Test - 4
SESSION: 19 25 JULY, 2022	<ul> <li>6. Anthropological Theories</li> <li>Classical evolutionism (Tylor, Morgan and Frazer)</li> <li>Historical particularism (Boas);</li> <li>Diffusionism (British, German and American)</li> <li>Neo - evolutionism (Childe, White, Steward, Sahlins and Service)</li> </ul>
SESSION: 20 26 JULY, 2022	<ul> <li>6. Anthropological Theories</li> <li>Functionalism (Malinowski);</li> <li>Structural-functionlism (Radcliffe-Brown)</li> <li>Structuralism (L'evi - Strauss and E.Leach)</li> <li>Culture and personality (Benedict, Mead, Linton, Kardiner and Cora –du Bois)</li> </ul>
SESSION: 21 27 JULY, 2022	<ul> <li>6. Anthropological Theories</li> <li>Cultural materialism (Harris)</li> <li>Symbolic and interpretive theories (Turner, Schneider and Geertz)</li> <li>Cognitive theories (Tyler, Conklin)</li> <li>Post- modernism in anthropology</li> </ul>
SESSION: 22 29 JULY, 2022	Previous Year Questions (PYQs)-5
SESSION: 23 31 JULY, 2022	Topical Test - 5



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 24 01 AUGUST, 2022	<ul> <li>7. Culture, language and communication</li> <li>Nature, origin and characteristics of language;</li> <li>verbal and nonverbal communication;</li> <li>social context of language use.</li> </ul>
SESSION: 25 02 AUGUST, 2022	<ul> <li>8. Research Methods in Anthropology</li> <li>Fieldwork tradition in Anthropology</li> <li>Distinction between technique, method and methodology</li> <li>Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods.</li> <li>Analysis, interpretation and presentation of data.</li> </ul>
SESSION: 26 05 AUGUST, 2022	Previous Year Questions (PYQs)-6
SESSION: 27 07 AUGUST, 2022	Topical Test - 6
PAPER 1: SECT	TON-B (PHYSICAL ANTHROPOLOGY)
SESSION: 28 08 AUGUST, 2022	<ul> <li>1.4 Human Evolution and emergence of Man</li> <li>(a) Biological and Cultural factors in human evolution.</li> <li>(b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian).</li> <li>(c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
SESSION: 29 09 AUGUST, 2022	<ul> <li>1.5 Primates</li> <li>Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate</li> <li>Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates;</li> <li>Living Major Primates;</li> <li>Comparative Anatomy of Man and Apes;</li> <li>Skeletal changes due to erect posture and its implications.</li> </ul>
SESSION: 30 10 AUGUST, 2022	<ul> <li>1.6 Phylogenetic status, characteristics and geographical distribution of the following:</li> <li>(d) Plio-pleistocene hominids in South and East Africa - Australopithecines.</li> <li>(e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).</li> <li>(f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type).</li> <li>(g) Rhodesian man.</li> <li>(h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.</li> </ul>
SESSION: 31 12 AUGUST, 2022	Previous Year Questions (PYQs)-7
SESSION: 32 14 AUGUST, 2022	Topical Test - 7



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 33 16 AUGUST, 2022	<ul> <li>9.1 Human Genetics</li> <li>Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods,</li> <li>D.N.A. technology and recombinant technologies.</li> </ul>
SESSION: 34	9.2 Mendelian Genetics
17 AUGUST, 2022	<ul> <li>Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man.</li> </ul>
	9.3 Genetic Polymorphism
	<ul> <li>Concept of genetic polymorphism and selection, Mendelian population, Hardy</li> </ul>
SESSION: 35	<ul><li>Weinberg law;</li><li>causes and changes which bring down</li></ul>
18 AUGUST, 2022	frequency – mutation, isolation, migration, selection, inbreeding and genetic drift.
	<ul> <li>Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages.</li> </ul>
SESSION: 36	
19 AUGUST, 2022	Previous Year Questions (PYQs)-8
SESSION: 37	
21 AUGUST, 2022	Topical Test - 8
SESSION: 38	9.4 Chromosomes and Chromosomal Aberrations
22 AUGUST, 2022	(i) Numerical and structural aberrations (disorders).



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul> <li>(j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders.</li> <li>(k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes.</li> <li>(l) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.</li> </ul>
	9.5 Race and Racism
SESSION: 39	<ul> <li>Race and racism, biological basis of morphological variation of non-metric and metric</li> </ul>
23 AUGUST, 2022	<ul> <li>characters. Racial criteria, racial traits in relation to heredity and environment; biological</li> </ul>
	<ul> <li>basis of racial classification, racial differentiation and race crossing in man.</li> </ul>
	9.6 Genetic Markers
SESSION: 40	<ul> <li>Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes.</li> </ul>
24 AUGUST, 2022	Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
SESSION: 41	
26 AUGUST, 2022	Previous Year Questions (PYQs)-9
SESSION: 42	
28 AUGUST, 2022	Topical Test - 9
SESSION: 43	9.7 Ecological Anthropology
29 AUGUST, 2022	<ul> <li>Concepts and methods of Ecological         Anthropology. Bio-cultural Adaptations –         desert, cold, high altitude climate.     </li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
SESSION: 44 30 AUGUST, 2022	<ul> <li>9.8 Epidemiological Anthropology</li> <li>Health and disease. Infectious and non-infectious</li> <li>diseases. Nutritional deficiency related diseases.</li> </ul>
SESSION: 45 31 AUGUST, 2022	<ul> <li>Applications of Anthropology</li> <li>Anthropology of sports, Nutritional anthropology,</li> <li>Anthropology in designing of defence and other equipments, Forensic Anthropology,</li> <li>Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.</li> </ul>
SESSION: 46 02 SEPTEMBER, 2022	Previous Year Questions (PYQs)-10
SESSION: 47 04 SEPTEMBER, 2022	Topical Test - 10
SESSION: 48 05 SEPTEMBER, 2022	<ul> <li>10. Human Growth and development</li> <li>Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence.</li> <li>Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic.</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul> <li>Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.</li> </ul>
SESSION: 49 06 SEPTEMBER, 2022	<ul> <li>11 Bioevents to fertility, Demographic Theories</li> <li>11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.</li> <li>11.2 Demographic theories- biological, social and cultural.</li> <li>11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.</li> </ul>
SESSION: 50 09 SEPTEMBER, 2022	Previous Year Questions (PYQs)-11
SESSION: 51 11 SEPTEMBER, 2022	Topical Test - 11
SESSION: 52 18 SEPTEMBER, 2022	Comprehensive Revision Test - Paper 1
PAPER 2: SECTION-A (INDIAN ANTHROPOLOGY)	
SESSION: 53 19 SEPTEMBER, 2022	<ul> <li>1.1 Evolution of the Indian Culture and Civilization</li> <li>Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic).         Protohistoric (Indus Civilization):         PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization.     </li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul> <li>1.2 Palaeo</li> <li>Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus &amp; Narmada Man).</li> </ul>
SESSION: 54 20 SEPTEMBER, 2022	<ul> <li>1.3 Ethno-archaeology in India</li> <li>The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral &amp; peasant communities Including arts and crafts producing communities.</li> </ul>
SESSION: 55 23 SEPTEMBER, 2022	Previous Year Questions (PYQs)-12
SESSION: 56 25 SEPTEMBER, 2022	Topical Test - 12
SESSION: 57 26 SEPTEMBER, 2022	<ul> <li>Demographic profile of India</li> <li>Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure &amp; growth.</li> </ul>
SESSION: 58 27 SEPTEMBER, 2022	<ul> <li>3.1 The structure and nature of traditional Indian Social System</li> <li>Varnashram, Purushartha, Karma, Rina &amp; Rebirth.</li> </ul>
SESSION: 59 28 SEPTEMBER, 2022	<ul> <li>3.2 Caste system in India</li> <li>structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 60 30 SEPTEMBER, 2022	Previous Year Questions (PYQs)-13
SESSION: 61 01 OCTOBER, 2022	Topical Test - 13
SESSION: 62 03 OCTOBER, 2022	<ul> <li>3.3 Sacred Complex &amp; Nature- Man- Spirit Complex</li> <li>3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society</li> <li>Sacred Complex &amp; Nature- Man- Spirit Complex</li> <li>Impact of - Buddhism, Jainism, Islam and Christianity on Indian society</li> </ul>
SESSION: 63 04 OCTOBER, 2022	<ul> <li>4. Emergence and growth of anthropology in India</li> <li>Contributions of the 18th, 19th and early 20th Century scholar-administrators.</li> <li>Contributions of Indian anthropologists to tribal and caste studies.</li> </ul>
SESSION: 64 07 OCTOBER, 2022	Previous Year Questions (PYQs)-14
SESSION: 65 09 OCTOBER, 2022	Topical Test - 14
SESSION: 66 10 OCTOBER, 2022	<ul> <li>5.1 Indian Village</li> <li>Significance of village study in India;</li> <li>Indian village as a social system;</li> <li>Traditional and changing patterns of settlement and inter-caste relations;</li> </ul>



SESSION NO. & DATE	TOPICS & SUB-TOPICS	
	<ul><li>Agrarian relations in Indian villages;</li><li>Impact of globalization on Indian villages.</li></ul>	
	5.2 Linguistic and Religious minorities and their Social, Political & Economic status	
SESSION: 67 11 OCTOBER, 2022	<ul> <li>5.3 Indigenous and exogenous processes of socio-cultural change in Indian society</li> <li>Linguistic and Religious minorities and their Social, Political &amp; Economic status</li> <li>Sanskritization, Westernization,</li> </ul>	
	Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change.	
SESSION: 68 14 OCTOBER, 2022	Previous Year Questions (PYQs)-15	
SESSION: 69 16 OCTOBER, 2022	Topical Test - 15	
PAPER 2: SECTION-B (TRIBAL INDIA)		
SESSION: 70 17 OCTOBER, 2022	<ul> <li>6.1 Tribal situation in India</li> <li>Bio-genetic variability,</li> <li>Linguistic &amp; Socio-economic characteristics of tribal populations &amp; their distribution.</li> </ul>	
SESSION: 71 18 OCTOBER, 2022	<ul> <li>6.2 Problems of the tribal Communities</li> <li>Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities,</li> <li>Unemployment, Underemployment, Health and nutrition</li> </ul>	



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 72 19 OCTOBER, 2022	<ul> <li>6.3 Developmental projects and their impact on tribal Displacement and problems of Rehabilitation</li> <li>Development of forest policy and Tribals.</li> <li>Impact of Urbanization and Industrialization on tribal populations.</li> </ul>
SESSION: 73 21 OCTOBER, 2022	Previous Year Questions (PYQs)-16
SESSION: 74 23 OCTOBER, 2022	Topical Test - 16
SESSION: 75 26 OCTOBER, 2022	<ul> <li>7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's.</li> <li>7.2 Social Change and Contemporary Tribal societies</li> <li>Constitutional safeguards for S.C's and S.T's.</li> <li>Impact of modern democratic institutions;</li> <li>Development programmes and welfare measures on Tribals and weaker sections.</li> </ul>
SESSION: 76 27 OCTOBER, 2022	<ul> <li>7.3 The Concept of Ethnicity</li> <li>Ethnic conflicts and political developments;</li> <li>Unrest among tribal communities;</li> <li>Regionalism and demand for autonomy;</li> <li>Pseudo-tribalism;</li> <li>Social change among the tribes during colonial and post-Independent India.</li> </ul>
SESSION: 77 28 OCTOBER, 2022	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul> <li>Impact of Hinduism, Buddhism, Christianity,</li> <li>Islam and other religions on tribal societies</li> </ul>
SESSION: 78	
29 OCTOBER, 2022	Previous Year Questions (PYQs)-17
SESSION: 79	
30 OCTOBER, 2022	Topical Test - 17
	8.2 Tribe & Nation state
	9.1 History of administration of tribal areas
	9.2 Role of Anthropology in Tribal and Rural Development
SESSION: 80	<ul> <li>Tribe &amp; Nation state-comparative study of tribal communities in India &amp; other</li> </ul>
31 OCTOBER, 2022	o countries
	<ul> <li>Tribal policies, plans, Programmes of tribal development and their implementation.</li> </ul>
	<ul> <li>The concept of Primitive Tribal Groups, their</li> </ul>
	distribution, special programmes for their even development.
	Role of N.G.O.s in tribal development.
	9.3 Contributions of Anthropology to
	the Understanding of Regionalism,
SESSION: 81	Communalism, & Ethnic and Political Movements.
01 NOVEMBER, 2022	Contributions of Anthropology to
	the Understanding of Regionalism, Communalism, &
	<ul> <li>Ethnic and Political Movements.</li> </ul>
SESSION: 82	
04 NOVEMBER, 2022	Previous Year Questions (PYQs)-18



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 83	Topical Test - 18
06 NOVEMBER, 2022	
SESSION: 84	Comprehensive Revision Test - Paper 2
13 NOVEMBER, 2022	

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