

ANTHROPOLOGY Q A **MAINS TEST SERIES 2024**





 ✓ 3 Level of Test for Gradual **Improvement**

- 18 Topical Tests (10 Questions)
- 2 Sectional Tests (20 Questions)
- 4 Full Mock Tests (As per UPSC Pattern)
- 18 PYQs Discussion Sessions
- **Test Discussion after each Topical** Test
- **Doubt Clearing Session after Copy Evaluation for Marks improvement.**



FEBRUARY, 2023



PROGRAM



20,000/- (including GST)



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PROGRAMME FEATURES

- Exclusive programme to cover Anthropology optional through Concept building classes, PYQ discussions and Answer writing practice through Mock tests
- Specially curated programme to maximize Marks & Score 300⁺ in Anthropology Optional
- Classes will focus on decluttering the syllabus and provide conceptual clarity on each topics
- Classes will build capabilities like interlinking different topics, efficient use of case studies/examples and Answer framing techniques to fetch maximum marks in the exam
- Topic wise PYQs discussion will be provided
- Of Class and PYQ discussion will be followed by Topical Test (10 Questions)
- Sectional test to be conducted after completing syllabus of each paper and Mock tests will be conducted at the end of the course
- Sectional & Mock tests will be based on UPSC pattern & evaluation will be done by Experts and Faculty only.
- Regular doubt clearing sessions will be conducted for personalized mentoring & performance improvement.



SESSION PLAN

SESSION NO. & DATE	TOPICS & SUB-TOPICS
24 FEBRUARY, 2023	Approach to Anthropology Optional (Paper 1)
25 FEBRUARY, 2023	Approach to Anthropology Optional (Paper 2)
Paper 1: Sect	ion-A (Socio Cultural Anthropology)
SESSION: 03 27 FEBRUARY, 2023	 2.1 The Nature of Culture The concept and characteristics of culture and civilization Ethnocentrism vis-àvis cultural Relativism
SESSION: 04 28 FEBRUARY, 2023	 2.2 The Nature of Society Concept of Society Society and culture Social Institution Social groups Social stratification
SESSION: 05 03 MARCH, 2023	Previous Year Questions (PYQs)-1
SESSION: 06 05 MARCH, 2023	Topical Test - 1
SESSION: 07 06 MARCH, 2023	2.3 MarriageDefinition and universality;



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	 Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry)
SESSION: 08 07 MARCH, 2023	 2.4 Family Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.
SESSION: 09 10 MARCH, 2023	Previous Year Questions (PYQs)-2
SESSION: 10 12 MARCH, 2023	Topical Test - 2
SESSION: 11 13 MARCH, 2023	 2.5 Kinship Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred)Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation; Descent and Alliance.



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 12 14 MARCH, 2023	 3. Economic Organization Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
SESSION: 13 17 MARCH, 2023	Previous Year Questions (PYQs)-3
SESSION: 14 19 MARCH, 2023	Topical Test - 3
SESSION: 15 20 MARCH, 2023	 4. Political organization and Social Control Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy;social control, law and justice in simple societies.
SESSION: 16 21 MARCH, 2023	 Religion Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism); Religion, magic and science distinguished; Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 17 24 MARCH, 2023	Previous Year Questions (PYQs)-4
SESSION: 18 26 MARCH, 2023	Topical Test - 4
SESSION: 19 27 MARCH, 2023	 6. Anthropological Theories Classical evolutionism (Tylor, Morgan and Frazer) Historical particularism (Boas); Diffusionism (British, German and American) Neo - evolutionism (Childe, White, Steward, Sahlins and Service)
SESSION: 20 28 MARCH, 2023	 6. Anthropological Theories Functionalism (Malinowski); Structural-functionlism (Radcliffe-Brown) Structuralism (L'evi - Strauss and E.Leach) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora –du Bois)
SESSION: 21 29 MARCH, 2023	 6. Anthropological Theories Cultural materialism (Harris) Symbolic and interpretive theories (Turner, Schneider and Geertz) Cognitive theories (Tyler, Conklin) Post- modernism in anthropology
SESSION: 22 31 MARCH, 2023	Previous Year Questions (PYQs)-5
SESSION: 23 02 APRIL, 2023	Topical Test - 5



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 24 03 APRIL, 2023	 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use.
SESSION: 25 04 APRIL, 2023	 8. Research Methods in Anthropology Fieldwork tradition in Anthropology Distinction between technique, method and methodology Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data.
SESSION: 26 07 APRIL, 2023	Previous Year Questions (PYQs)-6
SESSION: 27 09 APRIL, 2023	Topical Test - 6
PAPER 1: SECT	TION-B (PHYSICAL ANTHROPOLOGY)
SESSION: 28 10 APRIL, 2023	 1.4 Human Evolution and emergence of Man (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
SESSION: 29 11 APRIL, 2023	 1.5 Primates Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.
SESSION: 30 12 APRIL, 2023	 1.6 Phylogenetic status, characteristics and geographical distribution of the following: (d) Plio-pleistocene hominids in South and East Africa - Australopithecines. (e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis). (f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type). (g) Rhodesian man. (h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.
SESSION: 31 14 APRIL, 2023	Previous Year Questions (PYQs)-7
SESSION: 32 16 APRIL, 2023	Topical Test - 7



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 33 24 APRIL, 2023	 9.1 Human Genetics Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
SESSION: 34 25 APRIL, 2023	 9.2 Mendelian Genetics Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man.
SESSION: 35 26 APRIL, 2023	 9.3 Genetic Polymorphism Concept of genetic polymorphism and selection, Mendelian population, Hardy Weinberg law; causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages.
SESSION: 36 28 APRIL, 2023	Previous Year Questions (PYQs)-8
SESSION: 37 30 APRIL, 2023	Topical Test - 8
SESSION: 38 01 MAY, 2023	9.4 Chromosomes and Chromosomal Aberrations(i) Numerical and structural aberrations (disorders).



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	 (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
	9.5 Race and Racism
SESSION: 39	 Race and racism, biological basis of morphological variation of non-metric and metric
02 MAY, 2023	 characters. Racial criteria, racial traits in relation to heredity and environment; biological
	 basis of racial classification, racial differentiation and race crossing in man.
	9.6 Genetic Markers
SESSION: 40	 Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes.
03 MAY, 2023	Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
SESSION: 41	
05 MAY, 2023	Previous Year Questions (PYQs)-9
SESSION: 42	
07 MAY, 2023	Topical Test - 9
SESSION: 43	9.7 Ecological Anthropology
08 MAY, 2023	 Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations – desert, cold, high altitude climate.



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
SESSION: 44 09 MAY, 2023	 9.8 Epidemiological Anthropology Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases.
SESSION: 45 10 MAY, 2023	 12. Applications of Anthropology Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
SESSION: 46 12 MAY, 2023	Previous Year Questions (PYQs)-10
SESSION: 47 14 MAY, 2023	Topical Test - 10
SESSION: 48 15 MAY, 2023	 10. Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic.



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	 Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.
SESSION: 49 16 MAY, 2023	 11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social
TO MIXI, ECEO	and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
SESSION: 50 19 MAY, 2023	Previous Year Questions (PYQs)-11
SESSION: 51 21 MAY, 2023	Topical Test - 11
SESSION: 52 28 MAY, 2023	Comprehensive Revision Test - Paper 1
PAPER 2: SECTION-A (INDIAN ANTHROPOLOGY)	
SESSION: 53 29 MAY, 2023	 1.1 Evolution of the Indian Culture and Civilization Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization.



SESSION NO. & DATE	TOPICS & SUB-TOPICS
	 1.2 Palaeo Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus & Narmada Man).
SESSION: 54 30 MAY, 2023	 1.3 Ethno-archaeology in India The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities.
SESSION: 55 02 JUNE, 2023	Previous Year Questions (PYQs)-12
SESSION: 56 04 JUNE, 2023	Topical Test - 12
SESSION: 57 05 JUNE, 2023	 Demographic profile of India Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
SESSION: 58 06 JUNE, 2023	 3.1 The structure and nature of traditional Indian Social System Varnashram, Purushartha, Karma, Rina & Rebirth.
SESSION: 59 07 JUNE, 2023	 3.2 Caste system in India structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 60 09 JUNE, 2023	Previous Year Questions (PYQs)-13
SESSION: 61 11 JUNE, 2023	Topical Test - 13
SESSION: 62 12 JUNE, 2023	 3.3 Sacred Complex & Nature- Man- Spirit Complex 3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society Sacred Complex & Nature- Man- Spirit Complex Impact of - Buddhism, Jainism, Islam and Christianity on Indian society
SESSION: 63 13 JUNE, 2023	 4. Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
SESSION: 64 16 JUNE, 2023	Previous Year Questions (PYQs)-14
SESSION: 65 18 JUNE, 2023	Topical Test - 14
SESSION: 66 19 JUNE, 2023	 5.1 Indian Village Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations;



SESSION NO. & DATE	TOPICS & SUB-TOPICS	
	Agrarian relations in Indian villages;Impact of globalization on Indian villages.	
SESSION: 67 20 JUNE, 2023	 5.2 Linguistic and Religious minorities and their Social, Political & Economic status 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society Linguistic and Religious minorities and their Social, Political & Economic status Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; 	
	Panchayati raj and social change;Media and social change.	
SESSION: 68 23 JUNE, 2023	Previous Year Questions (PYQs)-15	
SESSION: 69 25 JUNE, 2023	Topical Test - 15	
PAPER 2: SECTION-B (TRIBAL INDIA)		
SESSION: 70 26 JUNE, 2023	 6.1 Tribal situation in India Bio-genetic variability, Linguistic & Socio-economic characteristics of tribal populations & their distribution. 	
SESSION: 71 27 JUNE, 2023	 6.2 Problems of the tribal Communities Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities, Unemployment, Underemployment, Health and nutrition 	



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 72 28 JUNE, 2023	 6.3 Developmental projects and their impact on tribal Displacement and problems of Rehabilitation Development of forest policy and Tribals. Impact of Urbanization and Industrialization on tribal populations.
SESSION: 73 30 JUNE, 2023	Previous Year Questions (PYQs)-16
SESSION: 74 02 JULY, 2023	Topical Test - 16
	7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's.
SESSION: 75	7.2 Social Change and Contemporary Tribal societies
03 JULY, 2023	 Constitutional safeguards for S.C's and S.T's. Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections.
SESSION: 76 04 JULY, 2023	 7.3 The Concept of Ethnicity Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India.
SESSION: 77 05 JULY, 2023	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies



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	 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies
SESSION: 78	
07 JULY, 2023	Previous Year Questions (PYQs)-17
SESSION: 79	
09 JULY, 2023	Topical Test - 17
	8.2 Tribe & Nation state
	9.1 History of administration of tribal areas
	9.2 Role of Anthropology in Tribal and Rural Development
SESSION: 80	 Tribe & Nation state-comparative study of tribal communities in India & other
10 JULY, 2023	o countries
	 Tribal policies, plans, Programmes of tribal development and their implementation.
	 The concept of Primitive Tribal Groups, their
	distribution, special programmes for their development.
	 Role of N.G.O.s in tribal development.
	9.3 Contributions of Anthropology to
SESSION: 81	the Understanding of Regionalism, Communalism, & Ethnic and Political
	Movements.
11 JULY, 2023	 Contributions of Anthropology to the Understanding of Regionalism,
	Communalism, &
	Ethnic and Political Movements.
SESSION: 82	
14 JULY, 2023	Previous Year Questions (PYQs)-18



SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 83	Topical Test - 18
16 JULY, 2023	
SESSION: 84	Comprehensive Revision Test - Paper 2
23 JULY, 2023	
AFTER PRELIMS	Mock 1 (Paper 1)
	Mock 2 (Paper 2)
	Mock 3 (Paper 1)
	Mock 4 (Paper 2)
