



Test Series for BEGINNERS...

## **GS FOUNDATION** TEST SERIES FIS

**Your First Test Series** Your Strongest Foundation

Concept **Classes that Build Your Base** 

Curated **Current Affairs Capsules** 

**Answer Writing Skill Development** 

**FOUNDATION FIRST** 

02 **WEEK IN REVIEW** 

03 WRITE RIGHT

Scan batch details



**CRACK** THE CODE

04

**Prelims** MC0s **Practice** 

05 TEST THE MAINS

**Full-Length Evaluation Series** 

06 PRELIMS POWERPACK

**Rapid Revision** + Practice Tests

**UPDATE TO ELEVATE** 

**Mains Enrichment Sessions** 

For ADMISSION



**©8448496262** 





### Why Foundation Test Series (FTS)?

Most aspirants struggle with unstructured preparation, lack of Prelims-Mains integration, poor writing practice, and zero mentorship. FTS solves this with a structured, phase-wise programme combining concept building, practice, guided answer writing, and personalized mentorship for holistic UPSC readiness.

# **Key Problems Faced by Students**

Unstructured Content Flow:

Random YouTube videos and Telegram PDFs lack syllabus integration.

No Prelims-Mains Balance:

Either fact-heavy or conceptheavy; not linked with the exam pattern. **No Writing Practice:** 

Absence of guided writing drills hampers Mains readiness.

Information Overload, No Execution:

Knowing too much, doing too little.

No Mentorship:

No diagnosis, no tracking, no improvement roadmap.







#### **WEEK IN REVIEW**

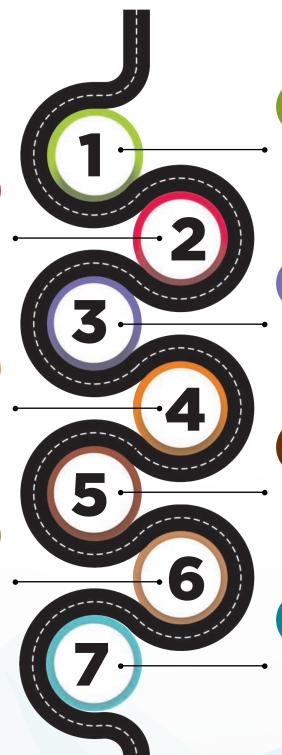
Stay updated through weekly curated current affairs classes and tests

#### **CRACK THE** CODE

**Sharpen Prelims** accuracy with regular MCQ solving sessions and tests.

### **PRELIMS POWERPACK**

Revise key Prelims topics through targeted tests and classes.



#### **FOUNDATION FIRST**

Build conceptual clarity with focused and structured GS classes (From NCERT to Advanced).

### **WRITE RIGHT**

Develop answer writing skills through guided practice sessions.

#### **TEST THE MAINS**

Practice full-length Mains tests with evaluation & feedback by faculty.

#### **UPDATE TO ELEVATE**

Bridge static and dynamic through Mains enrichment sessions.



# THE ACHIEVERS



### STUDENT'S

#### **REVIEW**



I joined the foundation batch in feb, 2023. Since then it has been an amazing experience for me with GS score. The faculty is really top notch and the most unique factor about GS score is the one to one interaction that we have with the faculty. Manoj Sir has been an amazing mentor





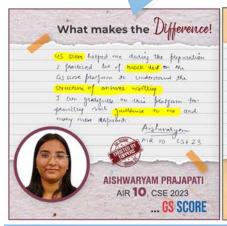


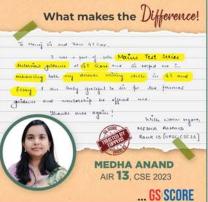
There's a team of highly experienced and experts in their domain at the institute... They provide individual support and mentoring to help them excel in UPSC CSE EXAM





### **TOPPER'S REVIEW**









### **Build a Rock-Solid Foundation for Your** IAS Dream!



**N8448496262** 

What makes the Difference!



#### **SAURABH SHARMA** AIR 23 (CSE 2023)

GS SCORE Helped me in my UPSC preparation with discipline. I would like to thank GS SCORE



#### VIJETA-B-HOSAMANI AIR 100 (CSE 2023)

I wish to convey my gratitude to GS SCORE for their valuable guidance in my **UPSC Success Journey** 





#### **NITESH KUMAR MISHRA** AIR 158 (CSE 2023)

GS SCORE has been very helpful in my preparation. Their Mains Test Series gave me good feedback and guidance.





PHASE: 01

# NCERT FOUNDATION in 100 DAYS



SESSIONS	TOPIC	DETAIL	
	POLITY		
SESSION: 1	Polity	■ Topic Detailing and PYQ	
SESSION: 2	Introduction to Constitution	■ Constitution: Why and How?	
SESSION: 3	Introduction to Constitution	<ul> <li>Philosophy of Indian Constitution,</li> <li>Constitution As a Living Document,</li> <li>Rights in The Indian Constitution</li> </ul>	
SESSION: 4	Political Theory	■ Equality & Freedom	
SESSION: 5	Political Theory	■ Citizenship & Nationalism	
	PRACTICE BASED N	MENTORSHIP SESSION: 01	
SPECI	AL SESSION	Optimum utilization of NCERTs with lectures	
SESSION: 6	Political Dynamics and Executives	■ Election, Executive	
SESSION: 7	Union & State Legislature and Judiciary	• Legislature , Judiciary	
SESSION: 8	Centre-State Relations	■ Federalism, Local Government	
SESSION: 9	Polity	How to Integrate Current affairs in Polity	
SESSION: 10	Polity	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED M	MENTORSHIP SESSION: 02	
	HISTORY		
SESSION: 1	Ancient History	<ul> <li>Introduction to History and Syllabus explanation (Topic Detailing + PYQs)</li> </ul>	
		<ul> <li>Stone Age: Palaeolithic, Mesolithic, Neolithic and Chalcolithic</li> </ul>	



SESSIONS	TOPIC	DETAIL	
SESSION: 2	Ancient History	<ul> <li>Indus Valley Civilization</li> <li>Vedic Age</li> <li>6th Century BC and age of Mahajanapada</li> </ul>	
SESSION: 3	Ancient History	<ul><li>Buddhism and Jainism</li><li>Mauryan and Post Mauryan</li></ul>	
SESSION: 4	Ancient History	<ul> <li>Gupta and Post Gupta</li> <li>Age of Harsha, Pallavas, Chalukyas,</li> <li>Rashtrakutas</li> </ul>	
SESSION: 5	Medieval History	<ul> <li>Early Medieval India</li> <li>Themes in Indian Culture - Art forms,</li> <li>Architecture and Religious Movements</li> </ul>	
SESSION: 6	Medieval History	<ul><li>Delhi Sultanate</li><li>Mughal Empire</li></ul>	
SESSION: 7	Medieval History	<ul><li>Vijayanagara Empire</li><li>Rise and fall of Marathas</li></ul>	
	PRACTICE BASED MENTORSHIP SESSION: 03		
SPECI	AL SESSION	■ How to decode trends through PYQs?	
SESSION: 8	Art & Culture	■ Themes in Indian Culture: Art forms,	
SESSION: 9	Art & Culture	Architecture, Language and Literature	
SESSION: 10	Modern History	<ul> <li>Arrival of Europeans</li> <li>Arrival of British &amp; 18<sup>th</sup> Century India</li> <li>British Conquest of India-wars and Treaties, Policies and acts</li> </ul>	
SESSION: 11	Modern History	<ul> <li>Early resistance against British Rule</li> <li>Revolt of 1857</li> <li>Social and Religious Reform Movements</li> <li>Policies of British-acts, Education and Press</li> </ul>	



SESSIONS	TOPIC	DETAIL
SESSION: 12	Modern History	<ul><li>Struggle for Swaraj-I</li><li>Swadeshi Movements</li></ul>
SESSION: 13	Modern History	<ul><li>Rise of Extremists and Revolutionaries</li><li>Gandhian Movements</li></ul>
SESSION: 14	History	How to Integrate Current affairs in     History
SESSION: 15	History	■ PYQ Based Answer Writing + MCQs
	PRACTICE BASED M	MENTORSHIP SESSION: 04
	GEO	GRAPHY
SESSION: 1	Geography	■ Topic Detailing + PYQs
SESSION: 2	Earth and the Universe	<ul> <li>Globe Latitudes and Longitudes</li> <li>&amp; Motions of the Earth</li> </ul>
SESSION: 3	Interior of the Earth	<ul> <li>Earth's crust &amp; interior</li> <li>Geophysical Phenomena: Volcanism &amp; Earthquakes</li> </ul>
SESSION: 4 & 5	Composition and Structure of Atmosphere	<ul><li>Atmosphere of Earth</li><li>Atmospheric Phenomena</li></ul>
SESSION: 6	Oceanography	■ Water (Oceans)
	PRACTICE BASED M	MENTORSHIP SESSION: 05
SPECI	AL SESSION	■ How to Read Newspapers?
SESSION: 7	Physical	Physiography of India
SESSION: 8	Geography of India	■ Drainage
SESSION: 9	Biogeography	■ Forest and Wildlife Resources
SESSION: 10	Human Development and Indian Geography	■ India- People and Development &Human Development
SESSION: 11	Geography	■ Geography Mapping



SESSIONS	TOPIC	DETAIL
SESSION: 12	Geography	How to Integrate Current affairs in Geography
SESSION: 13	Geography	■ PYQ Based Answer Writing + MCQs
	PRACTICE BASED M	MENTORSHIP SESSION: 06
	EC	ONOMY
SESSION: 1	Economy	■ Topic Detailing + PYQ
SESSION: 2	Economy	Basics of Economy
SESSION: 3	Economy	■ Economic Growth & National Income-1
SESSION: 4	Economy	■ Economic Growth & National Income-2
SESSION: 5	Economy	Money and Banking
	PRACTICE BASED N	MENTORSHIP SESSION: 07
SPECIAL SESSION		<ul> <li>Microdetailing of the Syllabus using NCERTs</li> </ul>
SESSION: 6	Economy	n India on the eve of Independence
SESSION: 7	Economy	■ Planning, Industrial revolution in India
SESSION: 8	Economy	<ul> <li>Public Finance in India (Budget and fiscal policy)</li> </ul>
SESSION: 9	Economy	■ Taxation in India
SESSION: 10	Economy	Poverty and Employment
SESSION: 11	Economy	<ul> <li>International Trade; Balance of payment; International Organisations</li> </ul>
SESSION: 12	Economy	How to Integrate Current affairs in     Economy
SESSION: 13	Economy	■ PYQ Based Answer Writing + MCQs
PRACTICE BASED MENTORSHIP SESSION: 08		



SESSIONS	TOPIC	DETAIL		
	ENVIRONMENT & ECOLOGY			
SESSION: 1	Environment	■ Topics Detailing+ PYQ		
SESSION: 2	Environment	<ul> <li>Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling</li> </ul>		
SESSION: 3	Environment	<ul> <li>Population Ecology + Adaptation of Species and Species Interactions + Terrestrial &amp; Aquatic Ecosystem</li> </ul>		
SESSION: 4	Biodiversity	<ul> <li>Basics of Biodiversity &amp; Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands</li> </ul>		
SESSION: 5	Pollution & Resource Degradation	<ul> <li>Land, Forest, Water, Soil and Energy Resources</li> </ul>		
	PRACTICE BASED MENTORSHIP SESSION: 09			
SPECI	AL SESSION	<ul> <li>Interlinking of topics for better outcome</li> </ul>		
SESSION: 6	Pollution & Resource Degradation	<ul> <li>Air Pollution + Water + Marine Pollution</li> <li>Biological + Thermal + Noise +</li> <li>Radioactive + Waste Pollution</li> </ul>		
SESSION: 7	Climate Change & Environmental Governance	<ul> <li>Climate Change and Global Warming</li> <li>+ Act and Policies + International</li> <li>Governance + Environmental Impact</li> <li>Assessment + Environmental</li> <li>Institutions</li> </ul>		
SESSION: 8	Environment	How to Integrate Current affairs in     Polity		
SESSION: 9	Environment	■ PYQ Based Answer Writing + MCQs		
	PRACTICE BASED MENTORSHIP SESSION: 10			



SESSIONS	TOPIC	DETAIL	
SCIENCE & TECHNOLOGY			
SESSION: 1	Science	■ Topic Detailing + PYQ	
SESSION: 2	Physics	<ul> <li>Introduction to Science and Tech. And Physics: Motion</li> </ul>	
SESSION: 3	Physics	■ Force, Pressure, Light, Sound	
SESSION: 4	Physics	■ Electricity, Work, Energy	
	PRACTICE BASED I	MENTORSHIP SESSION: 11	
SESSION: 5	Chemistry	<ul> <li>Acid, Bases &amp; Salts; Metals and Non-Metals;</li> <li>Matter, Atoms &amp; Molecules</li> </ul>	
SESSION: 6	Biology	<ul> <li>Biological Classification;</li> <li>Microorganisms; Cell</li> </ul>	
SESSION: 7	Biology	<ul> <li>Heredity; Evolution; Natural Resources;</li> <li>Biotechnology</li> </ul>	
SESSION: 8	Science	<ul> <li>How to Integrate Current affairs in Science</li> </ul>	
SESSION: 9	Science	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED MENTORSHIP SESSION: 12		
	INDIA	N SOCIETY	
SESSION: 1	Society	■ Topic Detailing+ PYQ	
SESSION: 2	Society	<ul> <li>Understanding Social Institutions</li> <li>Social Institutions Continuity and Change</li> <li>Social Structure Stratification Social</li> <li>Processes in Society</li> </ul>	
SESSION: 3	Society	<ul> <li>Introducing Indian Society</li> <li>Culture and Socialization</li> <li>The Challenges of Cultural Diversity</li> <li>Cultural Change</li> </ul>	



SESSIONS	TOPIC	DETAIL	
SESSION: 4	Society	<ul> <li>Structural Change</li> <li>Change and Development in Rural Society</li> <li>Change &amp; Development in Industrial Society</li> <li>Social Change and Social Order in Rural and Urban Society</li> </ul>	
	PRACTICE BASED MENTORSHIP SESSION: 13		
SESSION: 5	Society	<ul> <li>Globalisation and Social Change</li> <li>Market as a Social Institution</li> <li>Environment and Society</li> </ul>	
SESSION: 6	Society	<ul> <li>The Demographic Structure of the Indian Society</li> </ul>	
SESSION: 7	Society	<ul> <li>Patterns of Social Inequality &amp; Exclusion Social Movements</li> </ul>	
SESSION: 8	Society	How to Integrate Current affairs in Society	
SESSION: 9	Society	■ PYQ Based Answer Writing	
PRACTICE BASED MENTORSHIP SESSION: 14			

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PHASE: 02

**ANSWER WRITING FOUNDATION** BUILDING



### **STAGE 1: UNDERSTAND PHASE**

### **WEEK: 01 LEARNING**

- Worksheet based 5-day exercise to understand the key nuances of answer writing
- Each worksheet will have practice questions from PYQs and Contemporary Issues.

from PrQs and Contemporary issues.			
SESSION	THEME & DESCRIPTION		
SESSION: 01	Introduction		
SESSION: 02	Clarity  Its objective is to identify the Context and Key Demand of the Question  • Question Decipher  • Abstract/Hidden Concepts  • Theme of the Question  • Tonality of question		
	o Identification of Keywords		
SESSION: 03	Relevance  Along with the identification of Context and Key Demand of the Question, relevant Dimensions and Examples are important  Information Recall/Mental of Articulation - Structure and Context and Organization  Inference and deduction		
SESSION: 04	Depth  Critical analysis is important as it enhances understanding, strategy, and proficiency in answering, aiding exam success comprehensively.)  Application of Concepts  Analytical skills & Critical thinking		
SESSION: 05	The order of arguments and logical co-relation ensures clarity, coherence, and effective communication, vital for showcasing knowledge and securing marks.  Introduction of Answer		

### **STAGE 2: PRACTICE PHASE**

## **WEEK:** 02 - 05

- The understanding of the learned skills will be put to practice through NCERT based Tests.
- The tests will contain basic questions from the NCERT chapters to kickstart your answer writing foundation.
- 4 Tests in a Week Total 16 Tests (2 Questions each)

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WEE	K & TEST	SUBJECT	NCERT TOPICS
	TEST: 01	INDIAN POLITY: 01	Theories - Democratic Politics-II (Class X) & Political Theory (Class XI)
02	TEST: 02	INDIAN POLITY: 02	Application of Theories - Political Theory (Class XI)
	TEST: 03	MODERN HISTORY: 01	Class 9 <sup>th</sup> to 12 <sup>th</sup> (New & Old NCERT)
	TEST: 04	MODERN HISTORY: 02	Class 9 <sup>th</sup> to 12 <sup>th</sup> (New & Old NCERT)
	TEST: 05	INDIAN CULTURE: 01	Class 9 <sup>th</sup> to 12 <sup>th</sup> (New & Old NCERT)
	TEST: 06	INDIAN CULTURE: 02	Class 9 <sup>th</sup> to 12 <sup>th</sup> (New & Old NCERT)
03 т	TEST: 07	ECONOMY: 01	Class 11 <sup>th</sup> - Indian Economic Development (Chapter 1 to 8)
	TEST: 08	ECONOMY: 02	Class 12 <sup>th</sup> - Introductory - Microeconomics (Chapter 1 to 3)
0.4	TEST: 09	ECONOMY: 03	Class 12 <sup>th</sup> - Introductory - Microeconomics (Chapter 4 to 6)
04	TEST: 10 GEOGRAPHY: 01		Class 9 <sup>th</sup> & 10 <sup>th</sup> (Contemporary India I & II)
	TEST: 11	GEOGRAPHY: 02	Class 11 <sup>th</sup> - Fundamentals of Physical Geography & India Physical Environment
04	TEST: 12	GEOGRAPHY: 03	Class 12 <sup>th</sup> - Fundamentals of Human Geography & India People and Economy



05	TEST: 13	ENVIRONMENT & ECOLOGY: 01	Class VI to X (Topics related to basic concepts of Environment) & Class 12 <sup>th</sup> Biology (Chapter 13 to 16)
	TEST: 14	ENVIRONMENT & ECOLOGY: 02	Class VI to X (Topics related to basic concepts of Environment) & Class 12 <sup>th</sup> Biology (Chapter 13 to 16)
	TEST: 15	SCIENCE & TECHNOLOGY: 01	Class 6 <sup>th</sup> to 12 <sup>th</sup> NCERT
	TEST: 16	SCIENCE & TECHNOLOGY: 02	Class 6 <sup>th</sup> to 12 <sup>th</sup> NCERT





PHASE: 03

**GS FOUNDATION BUILDING** (PRE-CUM-MAINS)



CLASS:ES	TOPICS		
INDIAN POLITY			
CONCEPT CLASS: 1	<ul> <li>Constitution: Indian Constitution- Historical Underpinnings, Evolution, Amendments, Significant Provisions, basic structure and other Constitutional Development</li> <li>Comparison of the Indian Constitutional Scheme with that of Other Countries.</li> </ul>		
CONCEPT CLASS: 2	<ul> <li>Features of the Indian Constitution:</li> <li>Fundamental Rights</li> </ul>		
CONCEPT CLASS: 3	<ul> <li>Features of the Indian Constitution: DPSPs and Fundamental Duties</li> </ul>		
CONCEPT CLASS: 4	Union & its Territory and Citizenship		
CONCEPT CLASS: 5	<ul> <li>Parliament and State Legislatures—         Structure, Functioning, Conduct of Business,         Powers &amp; Privileges and Issues Arising out of these.     </li> </ul>		
CONCEPT CLASS: 5	<ul> <li>Structure, Organization and Functioning of the Executive</li> </ul>		
CONCEPT CLASS: 6	<ul> <li>Functions and Responsibilities of the Union and the States, Issues and Challenges Pertaining to the Federal Structure, Devolution of Powers and Finances up to Local Levels and Challenges Therein</li> </ul>		
CONCEPT CLASS: 7	<ul><li>Local Governance</li><li>Union Territories and Special Areas</li></ul>		
CONCEPT CLASS: 8	<ul> <li>Structure, Organization and Functioning of the Judiciary: Supreme Court, High Court and other judicial bodies</li> </ul>		
CONCEPT CLASS: 9	<ul> <li>Statutory, regulatory and various quasijudicial bodies.</li> <li>Appointment to various Constitutional Posts, Powers, Functions and Responsibilities of various Constitutional and Non-Constitutional Bodies.</li> </ul>		



CLASS:ES	TOPICS
CONCEPT CLASS: 10	<ul> <li>Political Dynamics</li> <li>Salient features of the Representation of People's Act.</li> </ul>
HIST	ORY & CULTURE
CONCEPT CLASS: 1	<ul> <li>Anceint India 1 – Stone Age &amp; Indus Valley Civilization (IVC)</li> </ul>
CONCEPT CLASS: 2	<ul> <li>Anceint India 2 - Vedic Age &amp; Age of Mahajanapadas</li> </ul>
CONCEPT CLASS: 3	<ul> <li>Anceint India 3 - Biddhism &amp; Jainism and Mauryan &amp; Post- Mauryan Empire</li> </ul>
CONCEPT CLASS: 4	<ul> <li>Anceint India 4 - Gupta Empire, Post-Gupta and Age of Harsha, Pallava, Chalukyas, Rashtrakutas</li> </ul>
CONCEPT CLASS: 5	<ul> <li>Medieval India 1 – Early Medieval India &amp; Delhi Sultanate</li> </ul>
CONCEPT CLASS: 6	Medieval India 2 - Mughal Empire
CONCEPT CLASS: 7	<ul> <li>Medieval India 3 – Vijayanagara Empire and Other Regional Kingdoms</li> </ul>
CONCEPT CLASS: 8	Art & Culture 1 – Visual Art – Archutecture
CONCEPT CLASS: 9	<ul> <li>Art &amp; Culture 2 - Visual Art - Sculptures, Stupas, Paintings</li> </ul>
CONCEPT CLASS: 10	<ul> <li>Art &amp; Culture 3 - Performing Art - Dance &amp; Music</li> </ul>
CONCEPT CLASS: 11	Art & Culture 4 - Religion & Philosophy
CONCEPT CLASS: 12	<ul> <li>Art &amp; Culture 5 - Language &amp; Literature and Miscellaneous</li> </ul>
CONCEPT CLASS: 13	<ul> <li>Modern History 1 – Advent of Europeans in India; British Conquest and Consolidation of India; Economic and Administrative Policies of British</li> </ul>



CLASS:ES	TOPICS
CONCEPT CLASS: 14	<ul> <li>Modern History 2 – Social Reform         Movements; Growth of Press &amp; Education;         Tribal and Peasant Revolts; Revolt of 1857;         Early Nationalist Struggle for freedom</li> </ul>
CONCEPT CLASS: 15	<ul> <li>Modern History 3 - Growth of Modern Industry &amp; working class; Impact of British Rule in India; The Early Organized Nationalist Phase (1885-1905); The Assertive Nationalism Phase (1905-1918)</li> </ul>
CONCEPT CLASS: 16	<ul> <li>Modern History 4 - The Gandhian Phase (1919– 1947); Important contributors/contributions from different parts of the country. Significant events of the 20th Century</li> </ul>
CONCEPT CLASS: 17	<ul> <li>Modern History 5 &amp; 6 - The Gandhian Phase (1919-1947); Important contributors/ contributions from different parts of the country. Significant events of the 20th Century</li> </ul>
CONCEPT CLASS: 18	
	ECONOMY
CONCEPT CLASS: 01	<ul> <li>Indian Economy &amp; issues relating to planning, mobilization of resources, growth, development and employment</li> </ul>
CONCEPT CLASS: 02	<ul> <li>Money, Banking, RBI and Monetary Policy;</li> </ul>
CONCEPT CLASS: 03	<ul> <li>Public Finance, Fiscal policy &amp; Government Budgeting.</li> </ul>
CONCEPT CLASS: 04 TO 07	<ul> <li>Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce &amp; issues &amp; related constraints; e-technology in the aid of farmers.;</li> <li>Issues related to direct and indirect farm subsidies and minimum suppowrt prices; Public Distribution Systemobjectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing;</li> </ul>

CLASS:ES	TOPICS	
	<ul> <li>Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management;</li> <li>Land reforms in India.</li> </ul>	
CONCEPT CLASS: 08 TO 09	<ul> <li>Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth;</li> <li>Infrastructure: Energy, Ports, Roads, Airports, Railways etc.;</li> <li>Investment models</li> </ul>	
CONCEPT CLASS: 10 TO 11	<ul> <li>External Sector; Trade, Infrastructure;</li> <li>Investment Models; International Bodies</li> </ul>	
	SEOGRAPHY	
CONCEPT CLASS: 01	<ul> <li>General Geography + Geomorphology –         Earth's Interior, Earthquakes, Volcanoes,     </li> <li>Physiography, Geomorphic Processes,</li> <li>Landforms And Their Evolution</li> </ul>	
CONCEPT CLASS: 02 & 03	Climatology	
CONCEPT CLASS: 04 & 05	<ul><li>Oceanography</li></ul>	
CONCEPT CLASS: 06	<ul><li>Biogeography</li></ul>	
CONCEPT CLASS: 07 TO 09	<ul> <li>Physical Geography of India – Geological Structure, Physiography, Climate &amp; Drainage System</li> </ul>	
CONCEPT CLASS: 10 TO 12	<ul> <li>Human (Demography, Census, Settlement, Migration And Human Development) &amp; Economic Geography Distribution Of Key Natural Resources Across The World (Including South Asia And The Indian Sub-Continent); Factors Responsible For The Location Of Primary, Secondary, And Tertiary Sector Industries In Various Parts Of The World (Including India)</li> </ul>	



CLASS:ES	TOPICS		
INDIAN SOCIETY			
CONCEPT CLASS: 01 TO 06	Salient Features of Indian Society, Diversity Of India. Role Of Women And Women's Organization, Population And Associated Issues, Poverty And Developmental Issues, Urbanization, Their Problems And Their Remedies. Effects Of Globalization On Indian Society Social Empowerment, Communalism, Regionalism & Secularism.		
ENVIRO	NMENT & ECOLOGY		
CONCEPT CLASS: 01	<ul> <li>Origin of Life forms, Basic Concepts of Ecology, Ecosystem functions, Population Ecology, Adaptation of Species and Interactions, Terrestrial Ecosystems, Aquatic Ecosystem, Nutrient Cycling</li> </ul>		
CONCEPT CLASS: 02	<ul> <li>Basics of Biodiversity &amp; Animal and Plant</li> <li>Diversity</li> </ul>		
CONCEPT CLASS: 03	<ul> <li>Basics of Pollution, Mining and Pollution, Air Pollution, Land Resource, Forest Resource, Soil Resource &amp; Water Pollution</li> </ul>		
CONCEPT CLASS: 04	Climate Change Basics & its Impact		
CONCEPT CLASS: 05	<ul> <li>Acts and Policies + Environenmental Impact Assessment</li> </ul>		
SCIENC	E & TECHNOLOGY		
CONCEPT CLASS: 01	<ul> <li>Fundamentals of Science : Biology +</li> <li>Everyday Science + Biotech + Health</li> </ul>		
CONCEPT CLASS: 02	o Defence + Space		
CONCEPT CLASS: 03	o IT + Telecom + IPR		
CONCEPT CLASS: 04	<ul><li>Nanotech + Robotics + Nuclear Tech</li></ul>		



CLASSES	TOPICS	
ETHICS, INTEGRITY & APTITUDE		
Approach Class		• ETHICS
CONCEPT CLASS: 1 + PR	ACTICE TEST	Ethics & Human Interface
CONCEPT CLASS: 2 + PR	ACTICE TEST	Human Values
CONCEPT CLASS: 3 + PR	ACTICE TEST	Moral Thinkers and Philosophy
CONCEPT CLAS	SS: 4	Answer Writing Practice Session
CONCEPT CLASS: 5 + PR	ACTICE TEST	o Case Study Session 1
CONCEPT CLASS: 6 + PR	ACTICE TEST	Ethics in Governance
CONCEPT CLASS: 7 + PR	ACTICE TEST	<ul><li>Emotional Intelligence</li></ul>
CONCEPT CLASS: 8 + PR	ACTICE TEST	Attitude
CONCEPT CLASS: 9 + PR	ACTICE TEST	Applied Ethics
CONCEPT CLASS: 10 + PF	RACTICE TEST	Case Study Session 2
GOVERN	IANCE & S	OCIAL JUSTICE
Approach Class	GOVERNANCE & SCHEMES	
CONCEPT CLASS: 1	<ul> <li>Important Aspects Of Governance, Transparency And Accountability, E-Governance- Applications, Models, Successes, Limitations, And Potential</li> </ul>	
CONCEPT CLASS: 2	Citizens Charters, Transparency & Accountability     And Institutional And Other Measures.	
CONCEPT CLASS: 3	Role Of Civil Services In A Democracy.	
CONCEPT CLASS: 4	<ul> <li>"Government Policies &amp; Interventions For Development In Various Sectors And Issues Arising Out Of Their Design &amp; Implementation."</li> </ul>	
CONCEPT CLASS: 5	<ul> <li>Development Processes And The Development Industry The Role Of Ngos, Shgs, Various Groups And Associations, Donors, Charities, Institutional And Other Stakeholders.</li> </ul>	



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CLASSES	TOPICS	
CONCEPT CLASS: 6	<ul> <li>Welfare Schemes For Vulnerable Sections Of The Population By The Centre And States And The Performance Of These Schemes;</li> </ul>	
CONCEPT CLASS: 7	<ul> <li>Mechanisms, Laws, Institutions And Bodies         Constituted For The Protection And Betterment of These Vulnerable Sections;     </li> </ul>	
CONCEPT CLASS: 8	<ul> <li>Issues Relating To Development And Management of Social Sector/Services Relating To Health, Education, Human Resources. Issues Relating to Poverty and Hunger.</li> </ul>	
IN	NTERNAL SECURITY	
Approach Classes	INTERNAL SECURITY	
CONCEPT CLASS: 1	<ul> <li>Linkages between development and spread of extremism;</li> </ul>	
CONCEPT CLASS: 2	<ul> <li>Role of external state and non-state actors in creating challenges to internal security; Challenges to internal security through communication networks;</li> </ul>	
CONCEPT CLASS: 3	<ul> <li>The role of media and social networking sites in internal security challenges, basics of cyber security;</li> </ul>	
CONCEPT CLASS: 4	<ul> <li>Money-laundering and its prevention; Security challenges and their management in border areas;</li> </ul>	
CONCEPT CLASS: 5	<ul> <li>Linkages of organized crime with terrorism</li> </ul>	
CONCEPT CLASS: 6	<ul> <li>"Various Security forces and agencies and their mandate; Other security issues; Governance issues related to internal security"</li> </ul>	
INTER	RNATIONAL RELATIONS	
Approach Classes	INTERNATIONAL RELATIONS	
CONCEPT CLASS: 1	India's Foreign Policy;	



CLASSES	TOPICS	
CONCEPT CLASS: 2	India and its neighbourhood relations; Regional Groupings	
CONCEPT CLASS: 3	<ul> <li>"India and Extended Neighbourhood;</li> <li>West Asia/Middle East"</li> </ul>	
CONCEPT CLASS: 4		
CONCEPT CLASS: 5	o India and the World; Global groupings; Global	
CONCEPT CLASS: 6	Issues	
CONCEPT CLASS: 7		
CONCEPT CLASS: 8	<ul> <li>Effect of policies and politics of developed and developing countries on India's interests,</li> </ul>	
CONCEPT CLASS: 9	<ul> <li>Indian Diaspora; Important International institutions, agencies and fora- their structure, mandate</li> </ul>	
ESSAY		
Approach Class © ESSAY		
CONCEPT CLASS: 1	<ul> <li>Drawing Big Picture and Brainstorming - How to</li> </ul>	
	Write a Philosophical Essay	
CONCEPT CLASS: 2		
CONCEPT CLASS: 2  CONCEPT CLASS: 3	<ul> <li>Write a Philosophical Essay</li> <li>Critical Thinking, Effective Communication and</li> </ul>	
	Write a Philosophical Essay     Critical Thinking, Effective Communication and Structuring of Essay	
CONCEPT CLASS: 3	<ul> <li>Write a Philosophical Essay</li> <li>Critical Thinking, Effective Communication and Structuring of Essay</li> <li>Context and Perspective Setting</li> </ul>	
CONCEPT CLASS: 3  CONCEPT CLASS: 4	<ul> <li>Write a Philosophical Essay</li> <li>Critical Thinking, Effective Communication and Structuring of Essay</li> <li>Context and Perspective Setting</li> <li>How to write Contemporary Essay</li> </ul>	
CONCEPT CLASS: 3  CONCEPT CLASS: 4  CONCEPT CLASS: 5	<ul> <li>Write a Philosophical Essay</li> <li>Critical Thinking, Effective Communication and Structuring of Essay</li> <li>Context and Perspective Setting</li> <li>How to write Contemporary Essay</li> <li>Common Mistake Discussion</li> </ul>	
CONCEPT CLASS: 3  CONCEPT CLASS: 4  CONCEPT CLASS: 5  Essay Test 1	<ul> <li>Write a Philosophical Essay</li> <li>Critical Thinking, Effective Communication and Structuring of Essay</li> <li>Context and Perspective Setting</li> <li>How to write Contemporary Essay</li> <li>Common Mistake Discussion</li> <li>Philosophical Essay Topics</li> </ul>	



CLASSES	TOPICS		
WORLD HISTORY			
Approach Class	WORLD HISTORY		
CONCEPT CLASSES 1 to 6	<ul> <li>"Industrial Revolution,</li> <li>World Wars</li> <li>Redrawal of National Boundaries, Colonization</li> <li>Decolonization,</li> <li>Political philosophies like Communism, Capitalism, and Socialism etc. — their forms and effect on the society."</li> </ul>		
POST-INDEPENDENCE CONSOLIDATION (PIC)			
Approach Class	POST INDEPENDENCE CONSOLIDATION (PIC)		
CONCEPT CLASSES 1 to 4	<ul> <li>"Post-Independence Consolidation Re-organization within the country"</li> </ul>		

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PHASE: 04 **PRACTICE MCQs** with

PRELIMS TEST **SERIES** 



TEST NO.	SUBJECT	TOPIC COVERED	
POLITY			
TEST - 01	POLITY-1	Basic Concepts (NCERT); Constitutional Development; Salient features of the Indian Constitution; Union & States, and Citizenship	
TEST - 02	POLITY-2	Fundamental Rights, Directive Principles of State Policy, Fundamental Duties	
TEST - 03	POLITY-3	Executive, Legislature, and Judiciary	
TEST - 04	POLITY-4	Centre-State Relations; Local Governance; Constitutional and Non-Constitutional bodies; Special Areas; UTs	
TEST - 05	POLITY-5	Political dynamics; Governance, Schemes, Policy and initiatives; Recent Developments	
TEST - 06	CUF	RRENT AFFAIRS-1	
	ECONO	MY	
TEST - 07	ECONOMY-1	Fundamental of Economy (NCERT); Micro economy, Macro economy; National Income Accounting of India; Inflation	
TEST - 08	ECONOMY-2	Money and Banking; Money and Financial Sectors; RBI and Monetary Policy	
TEST - 09	ECONOMY-3	Public Finance, Budgeting, Fiscal Policy; Planning and Inclusive Growth; Poverty and Unemployment	



TEST NO. & DATE	SUBJECT	TOPIC COVERED
TEST - 10	ECONOMY-4	Sectors of Economy (Agriculture, Industry, Services, and External sectors); Recent Developments
TEST - 11	CSAT-1	Reading Comprehension-1
	ENVIRONN	MENT
TEST - 12	ENVIRONMENT-1	Fundamentals of Ecology and Environment (NCERT)
TEST - 13	ENVIRONMENT-2	Basic Concept of Ecology; Environment and its factors; Levels of Ecological Organization; Ecosystem: Structure and Functions
TEST - 14	ENVIRONMENT-3	Biodiversity and Threats; Conservation Methods; Biodiversity of India and the World
TEST - 15	ENVIRONMENT-4	Environmental Pollution and Management; Climate Change and Mitigation
TEST - 16	ENVIRONMENT-5	Biodiversity Conservation Efforts; Environmental Governance (National and International); Environmental Impact Assessment; Recent Developments
TEST - 17	CUR	RENT AFFAIRS-2
HISTORY		
TEST - 18	HISTORY-1	NCERT Revision (Ancient and Medieval history)
TEST - 19	HISTORY-2	NCERT Revision (Modern history)



TEST NO. & DATE	SUBJECT	TOPIC COVERED
TEST - 20	HISTORY-3	Ancient History: Political Structure of Ancient India; Economic Conditions of Ancient India; Socio-cultural development of Ancient India
TEST - 21	HISTORY-4	Medieval History: Political Structure of Medieval India; Economic Conditions of Medieval India; Socio-cultural development of Medieval India
TEST - 22	HISTORY-5	Modern History-1: India from Early 18th Century to the 19th century; Beginning of India's Struggle for Freedom
TEST - 23	HISTORY-6	Modern History-2: India's freedom movement in the 20th Century; India under the British rule
TEST - 24	HISTORY-7	Art & Culture-1: Architecture & Sculptures; Religion, Language & Literature; Miscellaneous
TEST - 25	HISTORY-8	Art & Culture-2: Paintings, Pottery and Numismatic; Dance, Drama and Music; Indian Theatre and Puppetry; Sports, Recent Developments
TEST - 26	CSAT-2	Quantitative Aptitude-1
GEOGRAPHY		
TEST - 27	GEOGRAPHY-1	Fundamental of Geography of India and the World (NCERT)
TEST - 28	GEOGRAPHY-2	General Geography: Origin of Universe, Solar System, Evolution of Earth, Earth's Interior, Rocks and Minerals



TEST NO. & DATE	SUBJECT	TOPIC COVERED
TEST - 29	GEOGRAPHY-3	Geomorphology: Endogenic and Exogenic factors and Processes, Landforms and their Evolutions
TEST - 30	GEOGRAPHY-4	Climatology, Oceanography, and Biogeography of the World
TEST - 31	GEOGRAPHY-5	Location, Physiography and Drainage System of India
TEST - 32	GEOGRAPHY-6	Climate and Biogeography of India
TEST - 33	GEOGRAPHY-7	Human and Economic Geography of India and the World, Recent Developments
TEST - 34	CURRENT AFFAIRS-3	
SCIENCE & TECHNOLOGY		
TEST - 35	SCIENCE AND TECHNOLOGY-1	Fundamentals of Physics, Chemistry, and Biology & their application in daily life
TEST - 36	SCIENCE AND TECHNOLOGY-2	Health and Diseases; Biotechnology and applications; Nuclear energy and Technology
TEST - 37	SCIENCE AND TECHNOLOGY-3	Space Science and Technology; Defense technology and Defense exercises; Nanotechnology and its application
TEST - 38	SCIENCE AND TECHNOLOGY-4	IT, Electronics and Communications; Al and Robotics; Intellectual property rights; Miscellaneous; Recent Developments
TEST - 39	CSAT-3	Reasoning -1
TEST - 40	CSAT-4	Reading Comprehension -2
TEST - 41	CSAT-5	Quantitative Aptitude -2



TEST NO. & DATE	SUBJECT	TOPIC COVERED		
TEST - 42	CSAT-6	Reasoning -2		
TEST - 43	CURRENT AFFAIRS-4			
	SECTIONAL TEST			
TEST - 44	SECTIONAL TEST-1	Polity and Governance		
TEST - 45	SECTIONAL TEST-2	Economy		
TEST - 46	SECTIONAL TEST-3	Environment and Ecology		
TEST - 47	SECTIONAL TEST-4	History and Culture of India		
TEST - 48	SECTIONAL TEST- 5	Geography		
TEST - 49	SECTIONAL TEST-6	Science and Technology		
TEST - 50	CURRENT AFFAIRS -5			
	MOCK TEST			
TEST - 51	MOCK-1	Paper 1: General Studies		
TEST - 52	MOCK-2	Paper 2 : CSAT		
TEST - 53	MOCK-3	Paper 1: General Studies		
TEST - 54	MOCK-4	Paper 2 : CSAT		
TEST - 55	MOCK-5	Paper 1: General Studies		
TEST - 56	MOCK-6	Paper 2: CSAT		
TEST - 57	MOCK-7	Paper 1: General Studies		
TEST - 58	MOCK-8	Paper 2: CSAT		
TEST - 59	MOCK-9	Paper 1: General Studies		
TEST - 60	MOCK-10	Paper 2 : CSAT		
TEST - 63	CURRENT AFFAIRS - 6 (Budget and Economic Survey; India Year Book)			
TEST - 61	MOCK-11	Paper 1: General Studies		



TEST NO. & DATE	SUBJECT	TOPIC COVERED
TEST - 62	MOCK-12	Paper 2: CSAT
TEST - 64	MOCK-13	Paper 1: General Studies
TEST - 65	MOCK-14	Paper 2: CSAT
TEST - 66	MOCK-15	Paper 1: General Studies
TEST - 67	MOCK-16	Paper 2: CSAT
TEST - 68	CURI	RENT AFFAIRS - 7

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PHASE: 05
MAINS TEST
SERIES



PROGRAMME - 1		
TEST NO. & DATE	TEST TOPICS	
TEST-1	<ul> <li>Modern India &amp; Culture</li> <li>Indian culture will cover the salient aspects of Art Forms Literature and Architecture from ancient to modern times.</li> <li>Modern Indian history from about the middle of the eighteenth century until the present- significant events personalities, issues.</li> <li>The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country.</li> </ul>	
TEST-02	<ul> <li>Geography</li> <li>Salient features of world's physical geography.</li> <li>Distribution of key natural resources across the world (including South Asia and the Indian subcontinent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India)</li> <li>Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location – changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes.</li> <li>Disaster Management</li> <li>▶ Disaster and Disaster Management</li> </ul>	
	<ul> <li>Indian Polity + Constitution</li> <li>Indian Constitution-historical underpinnings, evolution, features, amendments, significant provisions and basic</li> </ul>	

#### **TEST-03**

## structure.

• Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein.



- Separation of powers between various organs dispute redressal mechanisms and institutions.
- Comparison of the Indian constitutional scheme with that of other countries
- Parliament and State Legislatures structure, functioning, conduct of business, powers & privileges and issues arising out of these.
- Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.
- Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies.
- Statutory, regulatory and various quasi-judicial bodies

#### **Governance & Social Justice**

- Salient features of the Representation of People's Act.
- Development processes and the development industry the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.
- Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.
- Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.
- Issues relating to poverty and hunger.
- Important aspects of governance, transparency and accountability, e-governance- applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures.
- Role of civil services in a democracy.



TEST-05

### FOUNDATION TEST SERIES 37

#### **World History**

• History of the world will include events from 18th century such as industrial revolution, world wars, redrawal of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society.

#### **International Relations**

- India and its neighborhood relations.
- Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests
- Effect of policies and politics of developed and developing countries on India's interests, Indian Diaspora.

### **Internal Security**

- Linkages between development and spread of extremism.
- Role of external state and non-state actors in creating challenges to internal security.
- Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention
- Security challenges and their management in border areas; linkages of organized crime with terrorism.

### **Indian Economy + Agriculture**

#### Indian Economy

▶ Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.

- ▶ Inclusive growth and issues arising from it.
- ➤ Government Budgeting.
- ➤ Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.
- ▶ Infrastructure: Energy, Ports, Roads, Airports, Railways etc.
- Investment models.



### **Agriculture**

- ▶ Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.
- ▶ Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.
- ➤ Food processing and related industries in India-scope and significance, location, upstream and downstream requirements, supply chain management.
- ▶ Land reforms in India.

### **Environment + Science & Technology**

#### Environment

 Conservation, environmental pollution and degradation, environmental impact assessment.

#### **TEST-07**

#### Science & Technology

- Science & Technology developments and their applications and effects in everyday life
- Achievements of Indians in science & technology; indigenization of technology and developing new technology.
- ➤ Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology issues relating to intellectual property rights.

### **Indian Society**

- Salient features of Indian Society, Diversity of India.
  - Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.
  - Effects of globalization on Indian society
  - Social empowerment, communalism, regionalism & secularism.



TEST-09

#### **Post-Independence**

 Post-independence consolidation and reorganization within the country.

### **Ethics, Integrity & Aptitude - Part 1**

- Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships.
- Human Values: lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values.
- Contributions of Moral Thinkers and philosophers from India and world.
- Aptitude and foundational values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections.
- Case Studies on above issues.

### **Ethics, Integrity & Aptitude - Part 2**

- Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.
- Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.
- Attitude: Content, Structure, Function; its Influence and Relation with Thought and Behaviour; Moral and Political Attitudes; Social Influence and Persuasion.
- Emotional Intelligence-Concepts, and their Utilities and Application in Administration and Governance.
- Case Studies on above issues.



TEST-11	Mock -1 (GS Paper -1)
TEST-12	Mock - 2 (GS Paper -2)
TEST-13	Mock - 3 (GS Paper -3)
TEST-14	Mock - 4 (GS Paper -4)
TEST-15	Mock - 5 (GS Paper -1)
TEST-16	Mock - 6 (GS Paper -2)
TEST-17	Mock - 7 (GS Paper -3)
TEST-18	Mock - 8 (GS Paper -4)

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