BEGINNERS MENTORSHIP PROGRAMME



**AADHAAR** 

NCERT FOUNDATION >



Ultimate
100 Days
programme
to build Strong
Foundation
of GS

### **4 Pillars of Strong Foundation**



# **CONCEPT BUILDING**

Deep clarity through NCERTs



# **ANSWER WRITING**

Early
Orientation
to UPSC Mains
format



#### **PYQs**

Understanding UPSC's Mind-set



#### **MCQs**

Smart
Practice for
Prelims
Success



# COURSE DESIGN

#### **Concept Revision through Notes**

The crisp and concise summary of the NCERTs will help you revise concepts quickly.

01

02

#### **Practice based Mentorship Sessions**

Every Saturday there will be Practice based Mentorship Sessions for guidance & improvement

#### **Concept-Current Fusion**

In-depth coverage of Current Issues will help you link them with concepts.

03

04

### **Know the art of Answer Writing**

The skill of Answer Writing will be developed through Worksheets & Practice Tests.

#### **Significance of PYQs**

It will give an idea about the trend, widely covered topics, and questions that can be framed in the future.

05

06

#### **Assessment**

The topic-wise Prelims Tests will guide you towards Conceptual Clarity and Recalling Ability.



### **GS**SCORE

## COURSE OUTCOME

01



## MASTERY OF KEY CONCEPTS:

Strong command over fundamental NCERT-based concepts across GS subjects, the essential groundwork for both Prelims and Mains.

02



## CURRENT AFFAIRS ALIGNMENT:

Ability to connect static knowledge with dynamic current events.

03



#### **ANSWER WRITING SKILLSET:**

Clarity in approach, structure, and articulation with early exposure to UPSC Mains-style questions and feedback-oriented writing.

04



### SMART MCQ SOLVING TECHNIQUES:

Strategic methods to eliminate options, improve accuracy, and avoid traps.

05



## EFFECTIVE NOTES MAKING:

Learn how to make concise, structured, and revision-friendly notes, your personal knowledge bank for quick recall.

06



## PYQ-DRIVEN PREPARATION:

Understanding
UPSC's trend,
language, and
expectations by
integrating PYQs in
learning modules and
tests.

**07** 



## **SELF-STUDY READINESS:**

Develop the ultimate UPSC skill (discipline, method, and confidence to pursue focused self-study after the course)



## **SESSION PLAN**

SESSIONS	TOPIC	DETAIL		
	POLITY			
SESSION: 1	Polity	■ Topic Detailing and PYQ		
SESSION: 2	Introduction to Constitution	■ Constitution: Why and How?		
SESSION: 3	Introduction to Constitution	<ul> <li>Philosophy of Indian Constitution,</li> <li>Constitution As a Living Document,</li> <li>Rights in The Indian Constitution</li> </ul>		
SESSION: 4	Political Theory	■ Equality & Freedom		
SESSION: 5	Political Theory	■ Citizenship & Nationalism		
PRACTICE BASED MENTORSHIP SESSION: 01				
SPECIAL SESSION		<ul> <li>Optimum utilization of NCERTs with lectures</li> </ul>		
SESSION: 6	Political Dynamics and Executives	■ Election, Executive		
SESSION: 7	Union & State Legislature and Judiciary	■ Legislature , Judiciary		
SESSION: 8	Centre-State Relations	■ Federalism, Local Government		
SESSION: 9	Polity	How to Integrate Current affairs in Polity		
SESSION: 10	Polity	■ PYQ Based Answer Writing + MCQs		
PRACTICE BASED MENTORSHIP SESSION: 02				

# GSSCORE

SESSIONS	TOPIC	DETAIL
HISTORY		
SESSION: 1	Ancient History	<ul> <li>Introduction to History and Syllabus explanation (Topic Detailing + PYQs)</li> </ul>
		<ul> <li>Stone Age: Palaeolithic, Mesolithic, Neolithic and Chalcolithic</li> </ul>
SESSION: 2	Ancient History	<ul> <li>Indus Valley Civilization</li> <li>Vedic Age</li> <li>6th Century BC and age of Mahajanapada</li> </ul>
SESSION: 3	Ancient History	<ul><li>Buddhism and Jainism</li><li>Mauryan and Post Mauryan</li></ul>
SESSION: 4	Ancient History	<ul> <li>Gupta and Post Gupta</li> <li>Age of Harsha, Pallavas, Chalukyas,</li> <li>Rashtrakutas</li> </ul>
SESSION: 5	Medieval History	<ul> <li>Early Medieval India</li> <li>Themes in Indian Culture- Art forms,</li> <li>Architecture and Religious Movements</li> </ul>
SESSION: 6	Medieval History	<ul><li>Delhi Sultanate</li><li>Mughal Empire</li></ul>
SESSION: 7	Medieval History	<ul><li>Vijayanagara Empire</li><li>Rise and fall of Marathas</li></ul>
	PRACTICE BASED N	MENTORSHIP SESSION: 03
SPECIAL SESSION		■ How to decode trends through PYQs?
SESSION: 8	Art S. Culturo	■ Themes in Indian Culture: Art forms,
SESSION: 9	Art & Culture	Architecture, Language and Literature
SESSION: 10	Modern History	<ul> <li>Arrival of Europeans</li> <li>Arrival of British and 18th Century India</li> <li>British Conquest of India-wars and Treaties, Policies and acts</li> </ul>



SESSIONS	TOPIC	DETAIL	
SESSION: 11	Modern History	<ul> <li>Early resistance against British Rule</li> <li>Revolt of 1857</li> <li>Social and Religious Reform Movements</li> <li>Policies of British-acts, Education and Press</li> </ul>	
SESSION: 12	Modern History	<ul><li>Struggle for Swaraj-I</li><li>Swadeshi Movements</li></ul>	
SESSION: 13	Modern History	<ul><li>Rise of Extremists and Revolutionaries</li><li>Gandhian Movements</li></ul>	
SESSION: 14	History	How to Integrate Current affairs in History	
SESSION: 15	History	■ PYQ Based Answer Writing + MCQs	
PRACTICE BASED MENTORSHIP SESSION: 04			
	GEC	DGRAPHY	
SESSION: 1	Geography	■ Topic Detailing + PYQs	
SESSION: 2	Earth and the Universe	<ul> <li>Globe Latitudes and Longitudes</li> <li>&amp; Motions of the Earth</li> </ul>	
SESSION: 3	Interior of the Earth	<ul> <li>Earth's crust &amp; interior</li> <li>Geophysical Phenomena: Volcanism &amp; Earthquakes</li> </ul>	
SESSION: 4 & 5	Composition and Structure of Atmosphere	Atmosphere of Earth     Atmospheric Phenomena	
SESSION: 6	Oceanography	■ Water (Oceans)	
	PRACTICE BASED MENTORSHIP SESSION: 05		
SPECI	AL SESSION	■ How to Read Newspapers?	
SESSION: 7	Physical	Physiography of India	
SESSION: 8	Geography of India	□ Drainage	



Economy

SESSIONS	TOPIC	DETAIL	
SESSION: 9	Biogeography	■ Forest and Wildlife Resources	
SESSION: 10	Human Development and Indian Geography	<ul> <li>India- People and Development</li> <li>&amp;Human Development</li> </ul>	
SESSION: 11	Geography	■ Geography Mapping	
SESSION: 12	Geography	<ul> <li>How to Integrate Current affairs in Geography</li> </ul>	
SESSION: 13	Geography	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED N	MENTORSHIP SESSION: 06	
	EC	ONOMY	
SESSION: 1	Economy	■ Topic Detailing + PYQ	
SESSION: 2	Economy	Basics of Economy	
SESSION: 3	Economy	■ Economic Growth & National Income-1	
SESSION: 4	Economy	■ Economic Growth & National Income-2	
SESSION: 5	Economy	Money and Banking	
PRACTICE BASED MENTORSHIP SESSION: 07			
SPECIAL SESSION		<ul> <li>Microdetailing of the Syllabus using NCERTs</li> </ul>	
SESSION: 6	Economy	n India on the eve of Independence	
SESSION: 7	Economy	Planning, Industrial revolution in India	
SESSION: 8	Economy	<ul> <li>Public Finance in India (Budget and fiscal policy)</li> </ul>	
SESSION: 9	Economy	■ Taxation in India	
SESSION: 10	Economy	Poverty and Employment	
SESSION: 11	Economy	■ International Trade; Balance of payment;	

International Organisations



SESSIONS	TOPIC	DETAIL	
SESSION: 12	Economy	How to Integrate Current affairs in Economy	
SESSION: 13	Economy	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED I	MENTORSHIP SESSION: 08	
	ENVIRONM	ENT & ECOLOGY	
SESSION: 1	Environment	■ Topics Detailing+ PYQ	
SESSION: 2	Environment	<ul> <li>Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling</li> </ul>	
SESSION: 3	Environment	<ul> <li>Population Ecology + Adaptation of Species and Species Interactions + Terrestrial &amp; Aquatic Ecosystem</li> </ul>	
SESSION: 4	Biodiversity	<ul> <li>Basics of Biodiversity &amp; Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands</li> </ul>	
SESSION: 5	Pollution & Resource Degradation	<ul> <li>Land, Forest, Water, Soil and Energy Resources</li> </ul>	
	PRACTICE BASED I	MENTORSHIP SESSION: 09	
SPECI	AL SESSION	• Interlinking of topics for better outcome	
SESSION: 6	Pollution & Resource Degradation	<ul> <li>Air Pollution + Water + Marine Pollution</li> <li>Biological + Thermal + Noise +</li> <li>Radioactive + Waste Pollution</li> </ul>	
SESSION: 7	Climate Change & Environmental Governance	Climate Change and Global Warming     + Act and Policies + International     Governance + Environmental Impact     Assessment + Environmental     Institutions	
SESSION: 8	Environment	How to Integrate Current affairs in Polity	

SESSIONS	TOPIC	DETAIL	
SESSION: 9	Environment	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED	MENTORSHIP SESSION: 10	
SCIENCE & TECHNOLOGY			
SESSION: 1	Science	■ Topic Detailing + PYQ	
SESSION: 2	Physics	<ul> <li>Introduction to Science and Tech. And Physics: Motion</li> </ul>	
SESSION: 3	Physics	■ Force, Pressure, Light, Sound	
SESSION: 4	Physics	■ Electricity, Work, Energy	
	PRACTICE BASED	MENTORSHIP SESSION: 11	
SESSION: 5	Chemistry	<ul> <li>Acid, Bases &amp; Salts; Metals and Non-Metals;</li> <li>Matter, Atoms &amp; Molecules</li> </ul>	
SESSION: 6	Biology	<ul> <li>Biological Classification;</li> <li>Microorganisms; Cell</li> </ul>	
SESSION: 7	Biology	<ul> <li>Heredity; Evolution; Natural Resources;</li> <li>Biotechnology</li> </ul>	
SESSION: 8	Science	How to Integrate Current affairs in Science	
SESSION: 9	Science	■ PYQ Based Answer Writing + MCQs	
	PRACTICE BASED	MENTORSHIP SESSION: 12	
	INDIA	N SOCIETY	
SESSION: 1	Society	■ Topic Detailing+ PYQ	
SESSION: 2	Society	<ul> <li>Understanding Social Institutions</li> <li>Social Institutions Continuity and Change</li> <li>Social Structure Stratification Social</li> <li>Processes in Society</li> </ul>	



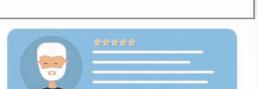
SESSIONS	TOPIC	DETAIL	
SESSION: 3	Society	<ul> <li>Introducing Indian Society</li> <li>Culture and Socialization</li> <li>The Challenges of Cultural Diversity</li> <li>Cultural Change</li> </ul>	
SESSION: 4	Society	<ul> <li>Structural Change</li> <li>Change and Development in Rural Society</li> <li>Change &amp; Development in Industrial Society</li> <li>Social Change and Social Order in Rural and Urban Society</li> </ul>	
	PRACTICE BASED MENTORSHIP SESSION: 13		
SESSION: 5	Society	<ul> <li>Globalisation and Social Change</li> <li>Market as a Social Institution</li> <li>Environment and Society</li> </ul>	
SESSION: 6	Society	<ul> <li>The Demographic Structure of the Indian Society</li> </ul>	
SESSION: 7	Society	<ul> <li>Patterns of Social Inequality &amp; Exclusion Social Movements</li> </ul>	
SESSION: 8	Society	<ul> <li>How to Integrate Current affairs in Society</li> </ul>	
SESSION: 9	Society	■ PYQ Based Answer Writing	
PRACTICE BASED MENTORSHIP SESSION: 14			



## THE ACHIEVERS...

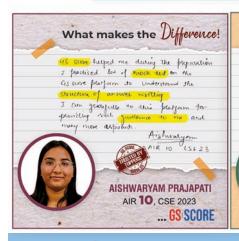




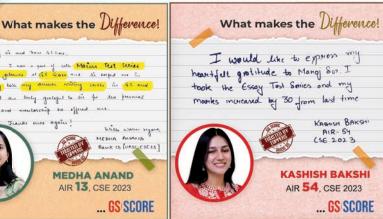














### **Build a Rock-Solid Foundation for Your** IAS Dream!



**8448496262** 

What makes the Difference!



AIR 23 (CSE 2023)

GS SCORE Helped me in my UPSC preparation with discipline. I would like to thank GS SCORE



**VIJETA-B-HOSAMANI** AIR 100 (CSE 2023)

I wish to convey my gratitude to GS SCORE for their valuable guidance in my UPSC Success Journey.





**NITESH KUMAR MISHRA** AIR 158 (CSE 2023)

GS SCORE has been very helpful in my preparation. Their Mains Test Series gave me good feedback and guidance.

## CSE RESULT

TOP 100
ALL INDIA RANKING
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