

IAS 2026-27



HISTORY **OPTIONAL**

FOUNDATION



MENTOR PIYUSH KUMAR

FEBRUARY 2025

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HISTORIOGRAPHY



4 STAGE

COVERAGE





DIAGRAM INTEGRATION





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WHAT IS ELITE HISTORY FOUNDATION COURSE?

Strong Foundation with the Right Strategy for History optional ensures highest marks in History optional. Elite History foundation course is an attempt to combine **Foundation course, Mapping, Tests and Mentorship** under one roof.

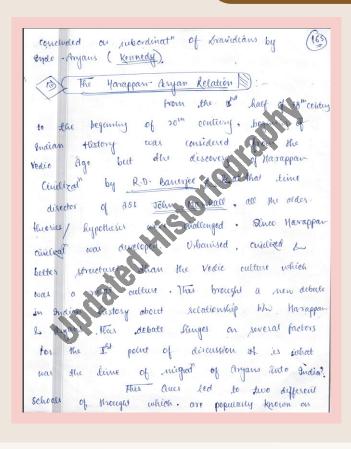
- ☐ The **4 Step PMOD Framework** to score 300+ Marks in History optional.
- ☐ Entire History optional divided into **4 Modules** with Crisp Summary.
- ☐ Previous year questions based notes with **Value Added Content** on each topics.
- ☐ Get **On Demand Unlimited Mentorship** from Piyush Kumar Sir until you crack CSE.

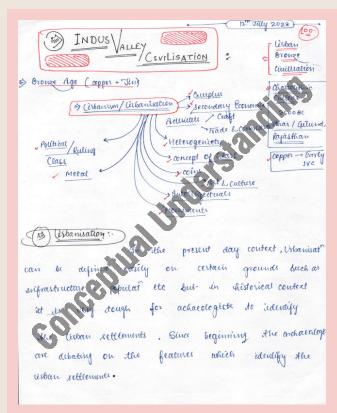
DEMO CLASS

History Optional | Paper 1 | Ancient History | Topic Name- Sources

https://www.youtube.com/watch?v=wLynoNxkFNw&t=3015s

CLASS NOTES





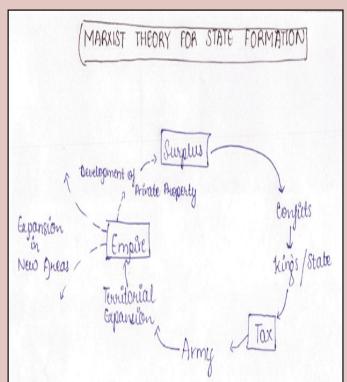


Zoom Video Session for Doubt Clearing

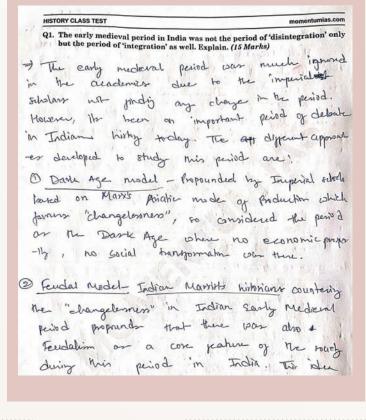


Micro Diagrams

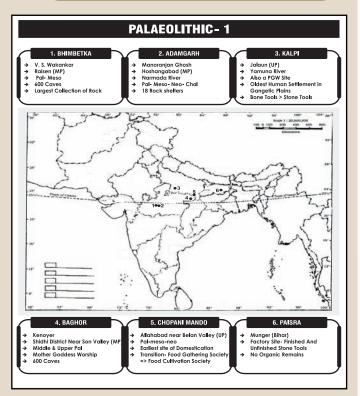
Theme Wise



On Spot Answer Writing



Full Coverage of Mapping





MICRO ANALYSIS

PAPER - I

This micro analysis covers **important** areas of the syllabus from where the questions have been asked repeatedly over the years. It also includes the probable areas for the future which are mostly ignored. This listing provides an **excellent input-output ratio** to mine important areas for the preparation. It redces the vastness of the syllabus.

Sources

- ☐ Archeological (2019)
- □ Numismatic and epigraphy (2013,2017)
- ☐ Literary (2015,2018,2020,2021,2022)
- ☐ Foreign authors Greek, Chinese (2014,2022)

Pre-History and Proto-History

☐ Map work (every year)

Indus Valley Civilization

- ☐ Sites for map work (every year)
- Origin theory of IVC
- Features of IVC urbanization, art and architecture, religion, society (2012,2013,2017,2022)
- □ Location and their importance (2016)
- ☐ Decline theories of IVC (2015,2018,2021)

Megalithic Cultures

- Sites for map work (every year)
- Economy, culture, and settlement patterns (2012, 2013,2014,2017,2021)

Aryan and Vedic Period

- ☐ Sites for map work (every year)
- □ Sources of Vedic period and their relevance (2015,2019)
- ☐ Vedic society difference between Rig Vedic and Later Vedic period (2016,2019)
- ☐ Vedic economy difference between Rig Vedic and Later Vedic period (probable area for future)
- ☐ Contribution of Puranas and Smritis (2013, 2016,2020)
- □ Varna and Jati system (2013)
- ☐ Nature of Religion (2020,2022)
- ☐ Upanishadic philosophy (2014,2021)

Period Of Mahajanapadas

- ☐ Sites for map work (every year)
- State formation nature, features, economy, society (2015,2016)
- □ Development of Urbanization between 300 BCE 600 BCE (2020)
- ☐ Religious Movements Buddhism and Jainism (2014,2017,2021,2022)

Mauryan Empire

- ☐ Sites for map work (every year)
- ☐ Mauryan administration (2015,2018)
- ☐ Ashoka and Dhamma (2014,2017,2019,2022)
- □ Nature of Mauryan state according to Arthashastra and foreign travelers' account (2013,2021)

Post-Mauryan Period (Indo-Greeks, Sakas, Kushanas, Western Kshatrapas)

- ☐ Kushanas Culture and Economy (2016, 2019,2022)
- ☐ Growth of different schools of art (2014,2016, 2017,2019,2021)
- □ Satvahanas political, economic, and cultural outlook (2016)
- ☐ Trade and commerce during this period (2017,2018)

Early State and Society in Eastern India, Deccan, and South India

- ☐ Sites for map work (every year)
- □ Sangam literature political, economic, social, and cultural traditions (2015,2017,2020)
- ☐ Indo-Roman trade (2012,2019)
- Role of guilds and trade organizations in the development of trade and commerce (2015)

Guptas, Vakatakas, and Vardhanas

- ☐ Gupta administration provincial and district administrative units, decentralization (2014)
- ☐ Society common people's lives, the status of women (2021)

Land grant charters (2014,2019)

Economy - monetary system, trade and commerce



major

projects,

(2017, 2022)Firuz shah Tughlaq – religious policy and public works (2011,2014) Art and Architecture (2018) Ibn batuta's account (2011,2018) Regional States During Gupta Era and Themes in Early Indian Cultural History Society, Culture, and Economy in the Thirteenth And Fourteenth Centuries Regional temple architecture (2012,2015, 2017) Society (2012 Temples of South India – the source of social and financial institution (2016) Culture – Development of Indo-Persian literature: Amir Rashtrakutas – temple architecture (2015, 2022) Khusrau, Barani; Developments in Education during the Sultanate period; Technological developments Cholas – local self-government (2015) (2013,2014,2016,2017,2019) Chalukyas of Badami and Pallavas – patronage of art Economy – urban economy, trade and commerce during 13th and 15th centuries, land revenue system, judicial Early Medieval India, 750-1200 system, new crafts (2013,2015,2017,2018,2019,2020,2021) Cholas - Administration, Village Economy, and Society Art and Architecture – new architectural designs (2018) (2012,2014,2015,2016,2018) Indian Feudalism - Agrarian economy, land grants, The Fifteenth and Early Sixteenth Centurysociety (2014,2015,2016,2018,2021) Political Developments and Economy Cultural Traditions in India, 750-1200 Political developments and Economy: Bahamani kingdom, Kashmir (2013,2016,2019,2022) Religion – forms, and features of religion Vijayanagar Empire: polity, society, economy, Tamil Devotional cult (2022) segmentary state model debate, foreigner's account Growth of Bhakti and its impact on society, vernacular (2013,2014,2015,2017,2022) languages, etc. (2013,2014, 2016,2019,2021,2022) Mughal Empire: First phase – Babur and Humayun Arrival of Islam and Sufism in India (2014,2015, 2017) Sher Shah: Administration and economy Synthesis of Bhaktism and Sufism (2017) Political and Administrative system: Mansabdari and Literature - Al-Beruni, Kalhana (2012,2014, 2016, Jagirdari system (2011, 2014,2019,2022) 2017,2019,2022) Rajput policy of Mughals (2017,2021) Art and Architecture – temple architecture, sculptures, Religious policy of the Mughals (2019) and paintings - Cholas and Pallavas, Kashmir (2012,2015, 2017,2020,2021) The Fifteenth and Early Sixteenth Century-The Thirteenth Century Society and Culture Battle of Tarain and Chandawar - the foundation of Bhakti and Sufi movement - role and significance; Turkish rule in India: causes, nature, and consequences development of vernacular languages; effect on society (2018, 2020, 2022) and culture (2013,2014,2015,2016,2017,2019,2021,2022) Delhi Sultanate: Iltutmish and Balban - policies and Bhakti and Sufi saints (2013,2014,2015,2016,2017,2019, measures (2015,2016, 2017,2021,2022) 2021,2022) Mongol invasion (2012,2015) Mughal Empire in the Seventeenth Century The Fourteenth Century Religious policies under Jahangir, Shahjahan, and Khilji Revolution (2021) Aurangzeb (2019) Alauddin Khilji - Agrarian and Economic Reforms Shivaji - administration and economy; Maratha (2014,2019,2020,2021,2022) Movement (2012,2019,2020,2022)

Muhammad

Bin

heterogeneous nobility (2017,2018,2020)

Tughlag



Economy and Society in the 16th and 17th Centuries

- □ Role of the zamindari system in the agrarian economy of the period (2018,2021)
- ☐ Medieval village society (2012,2015
- ☐ Mughal monetary system and urbanization (2013,2014,2019,2022)
- Evolution of Sikh and Khalsa Panth (2017, 2018)

Culture During Mughal Empire

 Literature produced during the Mughal period – Baburnama, Akbarnama (2015)

- ☐ Development of Arabic and Persian literature
- ☐ Status of Sanskrit literature and Translation in Persian (2019,2020,2021)
- ☐ Mughal Architecture Akbar, Shahjahan
- ☐ Mughal painting (2022)

The Eighteenth Century

- □ Decline of Mughal Rule factors and theories of various historians (2013,2016, 2018,2019,2021)
- Rise of regional principalities Deccan, Bengal, Awadh (2011,2016,2021)
- ☐ Marathas Policy of expansion, bureaucratic arrangements, Third battle of Panipat (2015,2016,2017,2022)

PAPER - II

European Penetration Into India

- ☐ Battle of Plassey (2012,2014,2016,2018,2021,2022)
- ☐ Battle of Buxar (2016,2018,2022)
- ☐ Carnatic Wars (2013,2016,2019,2020)

British Expansion in India

- ☐ Tipu Sultan and Anglo-Mysore Wars (2019,2021)
- ☐ Marathas and Anglo-Marathas Wars (2017,2021)
- ☐ Maharaja Ranjit Singh and Anglo-Sikh Wars (2015,2017,2018,2020,2022)

Early Structure of the British Raj

- ☐ Dual System of Government (2014,2018,2022)
- ☐ Regulating Act of 1773 (2015,2016)
- ☐ Charter Act of 1833 (2012,2016)
- ☐ English Utilitarian Policy (2015,2016,2021)

Economic Impact of British Colonial Rule

- ☐ Permanent Settlement (2018,2022)
- ☐ Ryotwari Settlement (2013)
- ☐ Economic impact of revenue arrangements (2018,2022)
- ☐ Commercialization of agriculture (probable area for questions)
- ☐ Impoverishment of rural society (probable area for questions)
- ☐ Deindustrialization (2012,2013,2015,2016,2021)

- ☐ Drain of Wealth (2011,2019)
- ☐ Railways (2012,2017,2019)
- ☐ Famines, Famine policy, and Poverty (2018)

Social and Cultural Developments

- ☐ Orientalist-Anglicist controversy (2011,2018)
- ☐ Introduction to Western Education (2021,2022)
- ☐ Vernacular Press (2011,2016,2017,2021)
- ☐ Role of Christian missionaries (2019)

Social and Religious Reform Movements in Bengal and Other Areas

- Raja Ram Mohan Roy and Brahm Samaj (2012,2017, 2018)
- ☐ Dayanand Saraswati and Arya Samaj (2015,2017)
- ☐ Swami Vivekananda, Neo-Hinduism and Ramakrishna Mission (2013,2014,2019)
- □ Social Reform Movements- Sati, Widow-remarriage, women's organization (2019,2020)
- ☐ Caste Movements (2016,2017)

Indian Response to British Rule

- ☐ Peasant and Tribal uprisings (2011,2016,2019)
- □ Nature of rebellions during the 19th and 20th century (probable area for future)
- ☐ Moplah rebellion (2018)
- □ Santhal rebellion (2012,2020,2022)



- ☐ Indigo rebellion (2015)
- □ Revolt of 1857 (2011,2012,2014,2016,2020,2022)
- □ Nature of peasant movement during the nationalist phase (2015,2017)

Factors Leading to the Birth of Indian Nationalism

- □ Nature of Indian nationalism during colonial rule (2020,2021,2022)
- ☐ Formation of INC and Safety-Valve theory (2014,2020)
- □ Social composition and policies of the early congress (2013,2014,2018,2022)
- □ Partition of Bengal, Swadeshi movement, and Surat split (2014,2016,2019)

Rise of Gandhi

- Popularity and Politics of Gandhi and its impact on the masses (2013,2017,2020)
- ☐ Khilafat and Non-cooperation movement—circumstances, need for the movement, effect (2014,2015,2018,2020,2021)
- ☐ Civil Disobedience Movement -factors, aims, success/ failures (2013)
- Cripps Mission (2019)
- ☐ Quit India Movement (2015,2019,2021)

Constitutional Developments in Colonial India Between 1858 And 1935

- ☐ Government of India Act 1858 (2010,2021)
- ☐ Government of India Act 1919 (2014)
- ☐ Government of India Act 1935 (2013,2015)

Other Strands in the National Movement

- □ Revolutionary movements from 1905-1931 (2015,2017,2021,2022)
- ☐ Changing nature of the revolutionary activities between 1905-1945 (probable area for future)
- ☐ Emergence of left-wing within congress (2011,2015,2018,2020,2021)
- ☐ Radicalization of the social-economic agenda (probable area for future)
- ☐ Trade Union movement (2020,2021)

Politics of Separatism

□ Events between 1942-1947 (2014,2018,2020)

- Muslim League politics between 1937-1947 (probable area for future)
- ☐ Freedom and Partition of India (2018,2020)

Consolidation as a Nation

- ☐ Nehru's Foreign policy (2011,2012,2020,2022)
- ☐ Integration of princely states (2014,2017,2021)
- ☐ Reorganization of states (2013,2018,2020)
- □ Planning (2016,2020,2021)

Caste and Ethnicity After 1947

- □ Dalit Movements (2014,2018,2021)
- □ Dalit consciousness (probable area for future)
- ☐ Changing nature of Dalit assertion in 20th century (probable area for future)

Economic Development and Political Change

- □ Land reform (2011,2013,2015,2018,2019,2020)
- ☐ Community development programs (2019)
- ☐ Panchayati Raj Institutions (probable area for future)
- ☐ Progress in science and technology (2017,2022)
- ☐ Environmental programs (2012,2016,2022)

Enlightenment and Modern Ideas

- ☐ Enlightenment ideas (2012,2014,2018,2020,2021)
- □ Rousseau (2011,2014,2022)
- ☐ Kant (2010,2013,2017)
- ☐ Socialism (2014,2015)
- ☐ Engel (2019,2022)
- ☐ Marx (2016,2018,2022)

Origins of Modern Politics

- □ American Revolution causes, nature, changes in the world, results (2012,2014,2018,2022)
- ☐ American Constitution factors in drafting the constitution, features (2010,2016)
- American Civil War and the abolition of slavery causes, effects and consequences (2013,2016,2020,2021)
- ☐ French Revolution causes, nature, effects, and results (2012,2014,2015,2016,2020)
- □ Napoleon Bonaparte role, rise, and decline; continental blockade; Reforms (2010,2012,2015,2017,2019,2020,20 21,2022)
- Revolution Of 1840's in Europe causes and consequences (2013,2014,2019,2020,2021)
- ☐ Chartist Movement (2011,2017,2019,2021)



Industrialization

- ☐ English Industrial Revolution: Causes and Impact on society; Reasons for occurrence of industrial revolution in England (2011,2012,2015,2017,2018,2019,2020,2021,2022)
- ☐ Industrialization in other countries USA, Japan, Germany, Russia (2018; probable area for future)

Nation-State System

- ☐ Unification of Italy (2015,2019)
- ☐ Unification of Germany (2012,2014,2017,2018,2020)
- Greek War of Independence (2019)
- Decline of Turkey (2010)

Imperialism and Colonialism

- ☐ American overseas expansion in Asia and its consequences (2013,2014)
- ☐ Russo-Japanese War (2013,2014)
- □ Neo-Imperialism (2010,2013,2014,2015)
- ☐ Colonialism and Imperialism in Indonesia (2010,2011,2017,2019,2022)

Revolution and Counter-Revolution

- Revolution of the 1840s in Europe causes and consequences (2015,2016,2017,2020,2021)
- Bolshevik Revolution of 1917 (2012,2013,2017,2021)
- Role of Lenin in the Russian Revolution of 1917 (2016,2020)
- ☐ Era of Stalin (2020)
- ☐ Fascism in Italy causes, nature, effect, and consequences (2017,2022)
- Nazi aggrandizement (2011)
- ☐ Weimar Republic- successes and problems (probable area for future)
- ☐ Hitler's foreign policy (probable area for future)
- ☐ Chinese Revolution (2010,2012,2015,2018,2021)

World Wars

- □ World War I- causes, consequences (2011,2012,2015,2017,2021)
- ☐ WW1 as a Total war (2017,2019)
- ☐ Problems in Europe (2011,2012,2015,2021)
- ☐ Paris Peace Treaties (2011,2016,2017)
- ☐ League of Nations reasons for the formation and its successes and failures (2016,2019)

- Between World War I and World War II Japanese policy with respect to Manchuria, Appeasement of Hitler, Franklin Roosevelt's New Deal, Rise and growth of New European society between inter-war period, Great Depression- causes and consequences (2019,2021)
- ☐ World War II causes, extent, consequences, division of Europe (2018,2020,2021)
- ☐ WW-II as a history's most destructive war (2020)

The World After World War 2

- ☐ Emergence of Two Power Blocs (2014,2015,2016,2018,2019)
- ☐ Truman Doctrine and Marshall plan (2015,2016,2018)
- ☐ Détente circumstances leading up to détente (2016)
- ☐ Emergence of Third World Non-Aligned Movement (2 010,2011,2015,2019,2020,2021,2022)
- □ UNO Global disputes, reasons of formation, role of different agencies, successes and failures (2013,2015,2018,2021)

Liberation from Colonial Rule

- ☐ Latin America Bolivar (2017,2019,2022)
- ☐ Egypt Suez crisis, Arab nationalism, Arab-Israel Wars (2012,2016,2019,2020,2021)
- ☐ Africa Apartheid to democracy (2013,2018, 2021,2022)
- ☐ Vietnam Vietnamese war, role of Ho Chi Minh (2016,2022)

Decolonization & Underdevelopment

Decolonization and nation building in Africa, SE Asia, Latin America (2013,2018,2020,2022)

Unification of Europe

- NATO (2019)
- Europe Community and European Union (2014,2015,2017)

Disintegration of Soviet Union and the Rise of the Unipolar World

- Events in Eastern Europe (2012,2013,2016,2017,2018,2 020,2021,2022)
- □ Collapse of Soviet Union and Communism causes and consequences (2012,2013,2016,2017,2018,2020,2021,2022)
- □ End of Cold War (2012,2013,2016,2017,2018,2020,202 1,2022)
- Policies of Gorbachev (2012,2013,2016,2017,2018,2020,2021,2022)
- Rise of US as a lone super power and the rise of Unipolar world (2012,2013,2016,2017,2018,2020,2021,2022)



HISTORY OPTIONAL EXPERT FOR CSE



by: Piyush Kumar

- ☐ **Piyush Kumar** is a Scholar of History Optional for UPSC CSE.
- ☐ He holds a **M. Phil** from **Jamia Millia Islamia** and is associated with **Delhi University** Teaching for the past 10+ years
- ☐ He holds over 11 Years of vast Teaching Experience in History, UPSC CSE.
- □ Aspirants under him Achieved 316+ Marks in History Optional and it is achievable

STUDENT'S TESTIMONIALS



CHANDRA JYOTI (290/500)

I thank **Mr. Piyush Kumar** who provided me his time and efforts for my preparation in History

Ashish Kumar (299/500)

My strategy for clearing this exam was based on getting correct feedback from my practice test papers. for this Mr. Piyush Kumar provided me





Ishwar Kandoo (316/500)

This was my 4th attempt and I was lucky enough to give the best of my abilities and for that I am extremely thankful to Mr. Piyush Kumar for





ANSWER WRITING MENTORSHIP PROGRAMME

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- 60⁺ Hrs (40 Sessions) of Classes for Concept Building
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 Discussion
- **30**⁺ Hrs of Topical Test Discussion and Post-Test Mentorship Sessions for Marks Improvement



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Mentor: PIYUSH KUMAR



CSE All India Ranking HISTORY OPTIONAL Result

Success Is Where Preparation & Opportunity Meet



TESTIMONIAL



NAUSHEEN (308/500)

In my preparation **Test Series** and one to one guidance by **Piyush Kumar Sir** helped me a lot to understand my mistakes and perform better in my Optional.



UDIT KADIAN (263/500)

My strategy for clearing this exam was based on getting correct feedback from my practice test papers. For this Piyush Kumar SIR provided me correct guidance which helped me to fetch good marks in Optional and crack this exam with flying colours.



CHANDRA JYOTI (290/500)

I thank **Piyush Kumar SIR** who provided me his time and efforts for my preparation in History Optional which not only helped me in my Optionals but also in **GS-1** and **Essay**.



ISHWAR KANDOO (316/500)

This was my 4th attempt and I was lucky enough to give the best of my abilities and for that I am extremely thankful to **Piyush Kumar SIR** for providing me guidance during my preparation as reflected in my **Optional Marks.**



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