

MMP MAINS MENTORSHIP PROGRAMME

HISTORY OPTIONAL

Revision & Answer Writing
through Mentorship *in*

2.5
MONTHS

60⁺
Hrs.

(40 SESSIONS) OF
CONCEPT CLASSES

07⁺
Hrs.

THEMATIC
COVERAGE OF
PYQs AS PER
SYLLABUS.

16

TOPICAL TEST

04

SECTIONAL TEST

04

FULL MOCK TESTS
(As per UPSC Standards)



Flexibility to Write
Tests as per your
self-study.



Topical Test
Discussion & Post-
Test Mentorship
Sessions for Marks
Improvement

Mentor - ASHUTOSH NATH JHA

TEST STARTS

14
JANUARY
2025

TIME

9:00 AM
ONWARDS

COURSE FEE

₹ 15,000 (+GST)



8448496262



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PROGRAMME FEATURE

01

FLEXIBLE SELF-PACED TESTS

Take tests according to your pace and preference, aligning with your own study schedule or our expertly designed-timeline.

02

COMPLETE HISTORY SYLLABUS COVERAGE

The entire syllabus of the History Optional will be covered through Revision, Answer Writing & Mentorship in 2.5 Months

03

APPROACH & TREND ANALYSIS SESSIONS

It will focus on orienting the students with Papers 1 & 2 and the methodology required as per the demands of the UPSC.

04

CONCEPT BUILDING & ANSWER WRITING APPROACH

Emphasis on Conceptual Building, Clarity, and Answer Writing Approach for Papers 1 & 2.

05

PYQs DISCUSSIONS

Topic-wise PYQ Discussions to understand the trend of a particular topic.

06

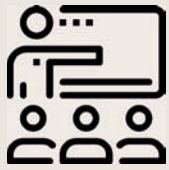
ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answers in sync with the conceptual requirement of the question.

07

PERSONALIZED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.



SESSION PLAN

SESSION & TOPIC		DESCRIPTION
W: 01	APPROACH CLASS - 01	Approach to History Optional (Paper-I)
	APPROACH CLASS - 02	Approach to History Optional (Paper-2)
	TREND ANALYSIS	Trend Analysis of History Optional (Paper 1 & 2)
ANCIENT HISTORY		
WEEK: 02	CONCEPT CLASS - 01 Sources of History	<ul style="list-style-type: none"> Archaeological sources: Exploration, excavation, epigraphy, numismatics, monuments Literary sources: Indigenous: Primary and secondary; poetry, scientific literature, literature, literature in regional languages, religious literature
	CONCEPT CLASS - 02 Indus Valley Civilization	<ul style="list-style-type: none"> Theories related Origin of IVC Characteristics of IVC
	CONCEPT CLASS - 03 Indus Valley Civilization	<ul style="list-style-type: none"> Theories related to decline Survival and Significance of IVC Art and Architecture
	PYQ	Previous Year Questions (PYQs): 01
	TOPICAL TEST	Topical Test: 01
	CONCEPT CLASS - 04 Vedic Period	<ul style="list-style-type: none"> Expansions of Aryans in India Vedic literature
	CONCEPT CLASS - 05 Vedic Period	<ul style="list-style-type: none"> Evolution of Monarchy and Varna system Transformation from Rig Vedic period to the later Vedic period Significance of the Vedic Age

SESSION & TOPIC		DESCRIPTION
WEEK: 03	CONCEPT CLASS - 12 Gupta Period	<ul style="list-style-type: none"> ◦ Caste system and Position of women ◦ Literature, scientific literature, art, and architecture ◦ Bhakti movement
	PYQ	Previous Year Questions (PYQs): 04
	POST TEST MENTORSHIP	Mentorship Session: 03
	TOPICAL TEST	Topical Test: 04
	POST TEST MENTORSHIP	Mentorship Session: 04
	SECTIONAL TEST	Sectional Test: 01 (Ancient History)
MEDIEVAL HISTORY		
WEEK: 04	CONCEPT CLASS - 13 Early Medieval India	<ul style="list-style-type: none"> ◦ Themes in Early Indian Cultural History ◦ origin and the rise of Rajputs ◦ The Cholas: administration, village economy and society ◦ Debate on "Indian Feudalism"
	CONCEPT CLASS - 14 13 th Century	<ul style="list-style-type: none"> ◦ Establishment of the Delhi Sultanate ◦ The Ghurian invasions – factors behind Ghurian success ◦ Economic, social and cultural consequences ◦ Consolidation: The rule of Iltutmish and Balban
	TOPICAL TEST	Topical Test: 05
	CONCEPT CLASS - 15 14 th Century	<ul style="list-style-type: none"> ◦ The Khalji Revolution" ◦ Alauddin Khalji: Conquests and territorial expansion, agrarian and economic measures ◦ Muhammad Tughluq: Major projects, agrarian measures, the bureaucracy of Muhammad Tughluq
	CONCEPT CLASS - 16 14 th Century	<ul style="list-style-type: none"> ◦ Firuz Tughluq: Agrarian measures, achievements in civil engineering and public works, theories related decline of the Sultanate ◦ Society, Culture, and Economy in the Thirteenth and Fourteenth Centuries
	PYQ	Previous Year Questions (PYQs): 05
	POST TEST MENTORSHIP	Mentorship Session: 05
	TOPICAL TEST	Topical Test: 06

SESSION & TOPIC		DESCRIPTION
WEEK: 05	CONCEPT CLASS - 17 15 th & 16 th Century	<ul style="list-style-type: none"> Political Developments and Economy The Vijayanagara Empire Mughal Empire, First phase: Babur and Humayun The Sur Empire: Sher Shah's administration Bhakti and Sufi Movements
	CONCEPT CLASS - 18 15 th & 16 th Century	<ul style="list-style-type: none"> Conquests and consolidation of the Empire by Akbar Establishment of Jagir and Mansab systems Akbar's Rajput policy Evolution of religious and social outlook Court patronage of art and technology
	POST TEST MENTORSHIP	Mentorship Session: 06
	TOPICAL TEST	Topical Test: 07
	CONCEPT CLASS - 19 17 th Century	<ul style="list-style-type: none"> Major administrative policies of Jahangir, Shahjahan, and Aurangzeb Religious policies of Jahangir, Shahjahan, and Aurangzeb Nature of the Mughal State Late Seventeenth century crisis and the revolts Ahom Kingdom; Shivaji and the early Maratha Kingdom
	CONCEPT CLASS - 20 18 th Century	<ul style="list-style-type: none"> Factors for the decline of the Mughal Empire Regional principalities: Nizam's Deccan, Bengal, Awadh Maratha ascendancy under the Peshwas: Battle of Panipat: 1761 Maratha fiscal and financial system Emergence of Afghan Power State of politics, culture, and economy on the eve of the British conquest
	PYQ	Previous Year Questions (PYQs): 06
	POST TEST MENTORSHIP	Mentorship Session: 07
	TOPICAL TEST	Topical Test: 08
	POST TEST MENTORSHIP	Mentorship Session: 08
SECTIONAL TEST	Sectional Test: 02 (Medieval History)	

SESSION & TOPIC	DESCRIPTION
MODERN HISTORY	
CONCEPT CLASS - 21 European Penetration into India	<ul style="list-style-type: none"> ◦ English and French East India Companies; Their struggle for supremacy; Carnatic Wars; ◦ Bengal: Battle of Plassey & Buxar; Significance of Plassey & Buxar ◦ British Expansion in India
CONCEPT CLASS - 22 Economic Impact of British Colonial Rule	<ul style="list-style-type: none"> ◦ Land revenue settlements in British India ◦ Decline of traditional & De-industrialisation Debate ◦ Drain of wealth ◦ Economic transformation of India
CONCEPT CLASS - 23 Social & Religious Reform Movements in Bengal and Other Areas	<ul style="list-style-type: none"> ◦ Social reform movements in India ◦ Contribution of Indian renaissance to the growth of modern India ◦ Reformist & Revivalist
PYQ	Previous Year Questions (PYQs): 07
TOPICAL TEST	Topical Test: 09
CONCEPT CLASS - 24 Indian Response to British Rule	<ul style="list-style-type: none"> ◦ Peasant movements and tribal uprisings in the 18th and 19th centuries ◦ Great Revolt of 1857 - Origin, character, causes of failure, the consequences ◦ peasant movements of the 1920s and 1930s
CONCEPT CLASS - 25 Indian Nationalism	<ul style="list-style-type: none"> ◦ Factors leading to the birth of Indian Nationalism ◦ Thesis relating to the birth of the INC ◦ Social composition of early Congress leadership ◦ Ideology of Moderates and Extremists
CONCEPT CLASS - 26 Indian Nationalism	<ul style="list-style-type: none"> ◦ Partition of Bengal (1905) ◦ Swadeshi Movement in Bengal ◦ beginning of revolutionary extremism in India
PYQ	Previous Year Questions (PYQs): 08
POST TEST MENTORSHIP	Mentorship Session: 09
TOPICAL TEST	Topical Test:10

WEEK: 06

SESSION & TOPIC		DESCRIPTION
WEEK: 07	CONCEPT CLASS - 27 Gandhian Phase	<ul style="list-style-type: none"> Character of Gandhian nationalism Rowlatt Satyagraha Non-cooperation Movement Civil Disobedience movement
	CONCEPT CLASS - 28 Gandhian Phase	<ul style="list-style-type: none"> Simon Commission and Nehru Report Nationalism and the Peasant Movements Nationalism and Working-class movements election of 1937 and the formation of ministries
	CONCEPT CLASS - 29 Other strands in the National Movement	<ul style="list-style-type: none"> Rise of Socialism 2nd & 3rd phase Revolutionaries Movement
	PYQ	Previous Year Questions (PYQs): 11
	POST TEST MENTORSHIP	Mentorship Session: 10
	TOPICAL TEST	Topical Test-11
	CONCEPT CLASS - 30 Constitutional Developments in Colonial India between 1858 & 1935	<ul style="list-style-type: none"> Constitutional Developments in Colonial India between 1858 and 1935
	CONCEPT CLASS - 31 Transfer of Power	<ul style="list-style-type: none"> August offer 1940 Cripps Mission 1942 Quit India Movement
	CONCEPT CLASS - 32 Transfer of Power	<ul style="list-style-type: none"> Wavell Plan 1945 Cabinet Mission
	PYQ	Previous Year Questions (PYQs): 10
	POST TEST MENTORSHIP	Mentorship Session: 11
	TOPICAL TEST	Topical Test: 12
	POST TEST MENTORSHIP	Mentorship Session: 12
	SECTIONAL TEST	Sectional Test: 03 (Modern History)

SESSION & TOPIC	DESCRIPTION	
WORLD HISTORY		
CONCEPT CLASS - 33 Enlightenment and Modern ideas	<ul style="list-style-type: none"> ◦ Major ideas of Enlightenment: Kant, Rousseau ◦ Spread of Enlightenment in the colonies ◦ Rise of socialist ideas & spread of Marxian Socialism 	
CONCEPT CLASS - 34 Origins of Modern Politics	<ul style="list-style-type: none"> ◦ European States System ◦ American Revolution and Constitution ◦ French revolution and aftermath ◦ American Civil War ◦ British Democratic Politics, 1815- 1850 	
PYQ	Previous Year Questions (PYQs): 11	
TOPICAL TEST	Topical Test: 13	
CONCEPT CLASS - 35 Industrialization	<ul style="list-style-type: none"> ◦ Britain Industrial Revolution ◦ Causes and Impact on Society ◦ Industrialization in other countries 	
CONCEPT CLASS - 36 Nation-State System	<ul style="list-style-type: none"> ◦ Rise of Nationalism in 19th century & Disintegration of Empires ◦ Unification of Germany and Italy 	
PYQ	Previous Year Questions (PYQs): 12	
POST TEST MENTORSHIP	Mentorship Session: 13	
TOPICAL TEST	Topical Test-14	
WEEK: 09	CONCEPT CLASS - 37 Revolution and Counter-Revolution	<ul style="list-style-type: none"> ◦ 19th Century European revolutions ◦ Russian Revolution of 1917- 1921
	CONCEPT CLASS - 38 Revolution and Counter-Revolution	<ul style="list-style-type: none"> ◦ Fascism & Nazism ◦ Chinese Revolution of 1949
	PYQ	Previous Year Questions (PYQs): 13
	POST TEST MENTORSHIP	Mentorship Session: 14
	TOPICAL TEST	Topical Test:15

SESSION & TOPIC		DESCRIPTION
WEEK: 09	CONCEPT CLASS - 39 World Wars	<ul style="list-style-type: none"> ◦ 1st and 2nd World Wars as Total Wars ◦ World War I: Causes and consequences ◦ World War II: Causes and consequences
	CONCEPT CLASS - 40 World after World War II	<ul style="list-style-type: none"> ◦ Emergence of two power blocs: Cold War ◦ Emergence of Third World and non-alignment ◦ UNO and the global disputes ◦ disintegration of the Soviet Union
	PYQ	Previous Year Questions (PYQs): 14
	POST TEST MENTORSHIP	Mentorship Session: 15
	TOPICAL TEST	Topical Test-16
	POST TEST MENTORSHIP	Mentorship Session: 16
	SECTIONAL TEST	Sectional Test: 04 (World History)
WEEK: 10	MOCK TESTS	
	Mock - 1	PAPER - 1 (COMPLETE SYLLABUS)
	Mock - 2	PAPER - 2 (COMPLETE SYLLABUS)
	Mock - 3	PAPER - 1 (COMPLETE SYLLABUS)
	Mock - 4	PAPER - 2 (COMPLETE SYLLABUS)



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