

IAS **MAINS** 2025



ANTHROPOLOGY

Revision & Answer Writing through Mentorship in

(44 SESSIONS) OF CONCEPT CLASSES

> THEMATIC **COVERAGE OF PYOs AS PER** SYLLABUS.

TOPICAL TEST

SECTIONAL TEST

FULL MOCK TESTS (As per UPSC Standards)



Flexibility to Write Tests as per your self-study.



Topical Test Discussion & Post-Test Mentorship Sessions for Marks **Improvement**

Mentor - SACHIN TIWARI

TEST STARTS

TIME

COURSE FEE

₹ 15,000 (+GST)



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PROGRAMME FEATURE

01

FLEXIBLE SELF-PACED TESTS

Take tests according to your pace and preference, aligning with your own study schedule or our expertly designed-timeline.

02

COMPLETE ANTHROPOLOGY SYLLABUS COVERAGE

The entire syllabus of the Anthropology Optional will be covered through Revision, Answer Writing & Mentorship in 2.5 Months.

03

APPROACH & TREND ANALYSIS SESSIONS

It will focus on orienting the students with Papers 1 & 2 and the methodology required as per the demands of the UPSC.

04

CONCEPT BUILDING & ANSWER WRITING APPROACH

Emphasis on Conceptual Building, Clarity, and Answer Writing Approach for Papers 1 & 2.

05

PYQs DISCUSSIONS

Topic-wise PYQ Discussions to understand the trend of a particular topic.

06

ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answers in sync with the conceptual requirement of the question.

07

PERSONALIZED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.



SESSION PLAN

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
0	APPROACH CLASS: 01	Approach to Anthropology Optional (Paper 1)
×	APPROACH CLASS: 02	Approach to Anthropology Optional (Paper 2)
>	TREND ANALYSIS	Anthropology Optional (Paper 1 & 2)
	Р	PAPER 1: SECTION-A
	(Soc	cio Cultural Anthropology)
		2.1 The Nature of Culture
	CONCEPT CLASS: 01	 The concept and characteristics of culture and civilization
		 Ethnocentrism vis-àvis cultural Relativism
	CONCEPT CLASS: 02	2.2 The Nature of Society
		Concept of Society
		Society and culture
02		Social Institution
ü		Social groups
<u> </u>		Social stratification
WEEK:	PYQ	Previous Year Questions (PYQs)-1
	TOPICAL TEST	Topical Test - 1
		2.3 Marriage
		Definition and universality;
	CONCEPT CLASS: 03	 Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo);
		 Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage;



	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS
			 Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry)
		2.4	Family
			Definition and universality;
			 Family, household and domestic groups;
0	CONCERT OF ACC. 04		o functions of family;
WEEK: 02	CONCEPT CLASS: 04		 Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.
	PYQ	Prev	ious Year Questions (PYQs)-2
	POST TEST MENTORSHIOP	Men	torship Session: 01
	TOPICAL TEST	Topi	cal Test - 2
	CONCEPT CLASS: 05	2.5	Kinship
			Consanguinity and Affinity;
			 Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal);
WEEK: 03			 Forms of descent groups (lineage, clan, phratry, moiety and kindred) Kinship terminology (descriptive and classificatory);
W			 Descent, Filiation and Complimentary Filiation;
			Descent and Alliance.
		3.	Economic Organization
	CONCEPT CLASS: 06		 Meaning, scope and relevance of economic anthropology;

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
		 Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
	PYQ	Previous Year Questions (PYQs)-3
	POST TEST MENTORSHIOP	Mentorship Session: 02
	TOPICAL TEST	Topical Test - 3
WEEK: 03	CONCEPT CLASS: 07	 4. Political organization and Social Control Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy;social control, law and justice in simple societies.
WE	CONCEPT CLASS: 08	 Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism); Religion, magic and science distinguished; Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)
	PYQ	Previous Year Questions (PYQs)-4
	POST TEST MENTORSHIOP	Mentorship Session: 03
	TOPICAL TEST	Topical Test - 4



	WEEK & SESSIONS	TOPICS & SUB-TOPICS
	CONCEPT CLASS: 09	 6. Anthropological Theories Classical evolutionism (Tylor, Morgan and Frazer) Historical particularism (Boas); Diffusionism (British, German and American) Neo - evolutionism (Childe, White, Steward, Sahlins and Service) 6. Anthropological Theories Functionalism (Malinowski); Structural-functionlism (Radcliffe-Brown)
	CONCEPT CLASS: 10	 Structuralism (L'evi - Strauss and E.Leach) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora –du Bois)
WEEK: 04	CONCEPT CLASS: 11	 Anthropological Theories Cultural materialism (Harris) Symbolic and interpretive theories (Turner, Schneider and Geertz) Cognitive theories (Tyler, Conklin) Post- modernism in anthropology
	PYQ	Previous Year Questions (PYQs)-5
	POST TEST MENTORSHIOP	Mentorship Session: 04
	TOPICAL TEST	Topical Test - 5
	CONCEPT CLASS: 12	 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use.
	CONCEPT CLASS: 13	 8. Research Methods in Anthropology Fieldwork tradition in Anthropology Distinction between technique, method and methodology

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
WEEK: 04		 Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data.
N N	PYQ	Previous Year Questions (PYQs)-6
>	POST TEST MENTORSHIOP	Mentorship Session: 05
	TOPICAL TEST	Topical Test - 6
	PAPER 1: SECTIO	N-B (PHYSICAL ANTHROPOLOGY)
EK: 05	CONCEPT CLASS: 14	 1.4 Human Evolution and emergence of Man (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
WEE	CONCEPT CLASS: 15	 1.5 Primates Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal & Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary & Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.



	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
		1.6 Phylogenetic status, characteristics and geographical distribution of the following: (d) Plio-pleistocene hominids in South and East Africa - Australopithecines.	
	CONCEPT CLASS: 16	(e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).	
		(f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type).	
		(g) Rhodesian man.	
		(h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.	
10	PYQ	Previous Year Questions (PYQs)-7	
WEEK: 05	POST TEST MENTORSHIOP	Mentorship Session: 06	
	TOPICAL TEST	Topical Test - 7	
		9.1 Human Genetics	
	CONCEPT CLASS: 17	 Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyotype analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies. 	
		9.2 Mendelian Genetics	
	CONCEPT CLASS: 18	 Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man. 	
		9.3 Genetic Polymorphism	
	CONCEPT CLASS: 19	 Concept of genetic polymorphism and selection, Mendelian population, Hardy 	

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
WEEK: 05		 Weinberg law; causes and changes which bring down frequency – mutation, isolation migration, selection, inbreeding and genetic drift. Consanguineous and nonconsanguineous mating, genetic load genetic effect of consanguineous and cousin marriages. 	d,
5	PYQ	Previous Year Questions (PYQs)-8	
	POST TEST MENTORSHIOP	Mentorship Session: 07	
	TOPICAL TEST	Topical Test - 8	
WEEK: 06	CONCEPT CLASS: 20	 9.4 Chromosomes and Chromosomal Aberrations (i) Numerical and structural aberration (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Superfemale (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Criduchat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling human DNA profiling, gene mapping genome study. 	r u- ng,
	CONCEPT CLASS: 21	 9.5 Race and Racism Race and racism, biological basis of morphological variation of non-metric metric characters. Racial criteria, racial traits in relation to heredity and environmental biological basis of racial classification, racial differentiation and race crossing in metric 	s nt;



	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
		9.6	Genetic Markers • Age, sex and population variation as
	CONCEPT CLASS: 22		genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
	PYQ	Prev	vious Year Questions (PYQs)-9
	POST TEST MENTORSHIOP	Men	torship Session: 08
	TOPICAL TEST	Topi	ical Test - 9
		9.7	Ecological Anthropology
WEEK: 06	CONCEPT CLASS: 23		 Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
3		9.8	Epidemiological Anthropology
	CONCEPT CLASS: 24		 Health and disease. Infectious and non- infectious
			 diseases. Nutritional deficiency related diseases.
		12.	Applications of Anthropology
			 Anthropology of sports, Nutritional anthropology,
			 Anthropology in designing of defence and other equipments, Forensic Anthropology,
	CONCEPT CLASS: 25		 Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
10	PYQ	Previous Year Questions (PYQs)-10	
W: 06	POST TEST MENTORSHIOP	Mentorship Session: 09	
	TOPICAL TEST	Topical Test - 10	
	CONCEPT CLASS: 26	 10. Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development 	
		genetic, environmental, biochemical, nutritional, cultural and socio-economic. • Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.	
WEEK: 07	CONCEPT CLASS: 27	 11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality. 	
	PYQ	Previous Year Questions (PYQs)-11	
	POST TEST MENTORSHIOP	Mentorship Session: 10	
	TOPICAL TEST	Topical Test - 11	
	POST TEST MENTORSHIOP	Mentorship Session: 11	
	SECTIONAL TEST	Sectional Test: 01 - Paper: 01	



	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS
	PAPER 2: SECTI	ON-A	(INDIAN ANTHROPOLOGY)
		1.1	Evolution of the Indian Culture and Civilization
	CONCEPT CLASS: 28		 Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization.
7		1.2	Palaeo
WEEK: 07			 Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus & Narmada Man).
>		1.3	Ethno-archaeology in India
	CONCEPT CLASS: 29		 The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities.
	PYQ	Prev	ious Year Questions (PYQs)-12
	TOPICAL TEST	Topi	cal Test - 12
	CONCEPT CLASS: 30	2.	Demographic profile of India • Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
WEEK: 08	CONCEPT CLASS: 31	3.1	The structure and nature of traditional Indian Social System
/EE			 Varnashram, Purushartha, Karma, Rina & Rebirth.
X		3.2	Caste system in India
	CONCEPT CLASS: 32		 structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.

	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS	
	PYQ	Prev	rious Year Questions (PYQs)-13	
	POST TEST MENTORSHIOP	Men	Mentorship Session: 12	
	TOPICAL TEST	Topi	Topical Test - 13	
		3.3	Sacred Complex & Nature- Man- Spirit Complex	
	CONCEPT CLASS: 33	3.4	Impact of - Buddhism, Jainism, Islam and Christianity on Indian society	
08			 Sacred Complex & Nature- Man- Spirit Complex 	
WEEK: 08			 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society 	
W	CONCEPT CLASS: 34	4.	 Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to 	
	PYQ	Drov	tribal and caste studies. vious Year Questions (PYQs)-14	
	POST TEST MENTORSHIOP	Mentorship Session: 13		
	TOPICAL TEST	Topi	cal Test - 14	
		5.1	Indian Village	
WEEK: 09	CONCEPT CLASS: 35		 Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages. 	
	CONCEPT CLASS: 36	5.2	Linguistic and Religious minorities and their Social, Political & Economic status	



	WEEK & SESSIONS	TOPICS & SUB-TOPICS		
		5.3	Indigenous and exogenous processes of socio-cultural change in Indian society	
			 Linguistic and Religious minorities and their Social, Political & Economic status 	
			 Sanskritization, Westernization, Modernization; 	
			Inter-play of little and great traditions;	
			Panchayati Raj and Social Change;	
			Media and Social Change.	
	PYQ	Prev	ious Year Questions (PYQs)-15	
	POST TEST MENTORSHIOP	Men	torship Session: 14	
	TOPICAL TEST	Topi	cal Test - 15	
6	PAPER	PAPER 2: SECTION-B (TRIBAL INDIA)		
0		6.1	Tribal situation in India	
퐀			Bio-genetic variability,	
WEEK: 09	CONCEPT CLASS: 37		 Linguistic & Socio-economic characteristics of tribal populations & their distribution. 	
		6.2	Problems of the tribal Communities	
	CONCEPT CLASS: 38		 Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities, 	
			 Unemployment, Underemployment, Health and nutrition 	
	CONCEPT CLASS: 39	6.3	Developmental projects and their impact on tribal Displacement and problems of Rehabilitation	
	CONCEPT CLASS: 39		Development of forest policy and Tribals.	
			 Impact of Urbanization and Industrialization on tribal populations. 	
	PYQ	Prev	ious Year Questions (PYQs)-16	
	POST TEST MENTORSHIOP	Men	torship Session: 15	

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
	TOPICAL TEST	Topical Test - 16	
WEEK: 10	CONCEPT CLASS: 40	7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's.	
		7.2 Social Change and Contemporary Tribal societies	
		 Constitutional safeguards for S.C's and S.T's. 	
		 Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections. 	
	CONCEPT CLASS: 41	 7.3 The Concept of Ethnicity Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India. 	
	CONCEPT CLASS: 42	 8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies 	
	PYQ	Previous Year Questions (PYQs)-17	
	POST TEST MENTORSHIOP	Mentorship Session: 16	
	TOPICAL TEST	Topical Test - 17	
	CONCEPT CLASS: 43	8.2 Tribe & Nation state9.1 History of administration of tribal areas	



WEEK & SESSIONS		TOPICS & SUB-TOPICS		
WEEK: 10		9.2	Role of Anthropology in Tribal and Rural Development	
			 Tribe & Nation state-comparative study of tribal communities in India & other 	
			countries	
			 Tribal policies, plans, Programmes of tribal development and their implementation. 	
			 The concept of Primitive Tribal Groups, their distribution, special programmes for their 	
			o development.	
			 Role of N.G.O.s in tribal development. 	
	CONCEPT CLASS: 44	9.3	Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements.	
			 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & 	
			Ethnic and Political Movements.	
	PYQ	Prev	ious Year Questions (PYQs)-18	
	POST TEST MENTORSHIOP	Mentorship Session: 17		
	TOPICAL TEST	Topical Test - 18		
	POST TEST MENTORSHIOP	Men	Mentorship Session: 18	
	SECTIONAL TEST	Sect	ional Test: 02 - Paper. 02	
WEEK: 11	Mock - 1	PAPE	R - 1 (COMPLETE SYLLABUS)	
	Mock - 2	PAPE	R - 2 (COMPLETE SYLLABUS)	
	Mock - 3	PAPE	R - 1 (COMPLETE SYLLABUS)	
	Mock - 4	PAPE	R - 2 (COMPLETE SYLLABUS)	







TOP 100 ALL INDIA RANKING **CSE 2023**



