



ANTHROPOLOGY **OPTIONAL** SAHAI **PYQs ANALYSIS PROGRAMME**



- Decode Anthropology Previous Year Questions (2016-2024) through Thematic Coverage.
 - Live Practice of PYQs with immediate feedback.
 - **Effective Hacks to tackle** different Question Types.

₹ 4.999/-

Including GST

Mentor: SACHIN TIWARI

- **Analysis for Trends of Ouestions**
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 - **Dedicated Sessions for Answer Writing Development.**
- **One-on-one mentorship and** detailed performance reviews.



Practice Tests for Both Paper 1 & Paper 2.





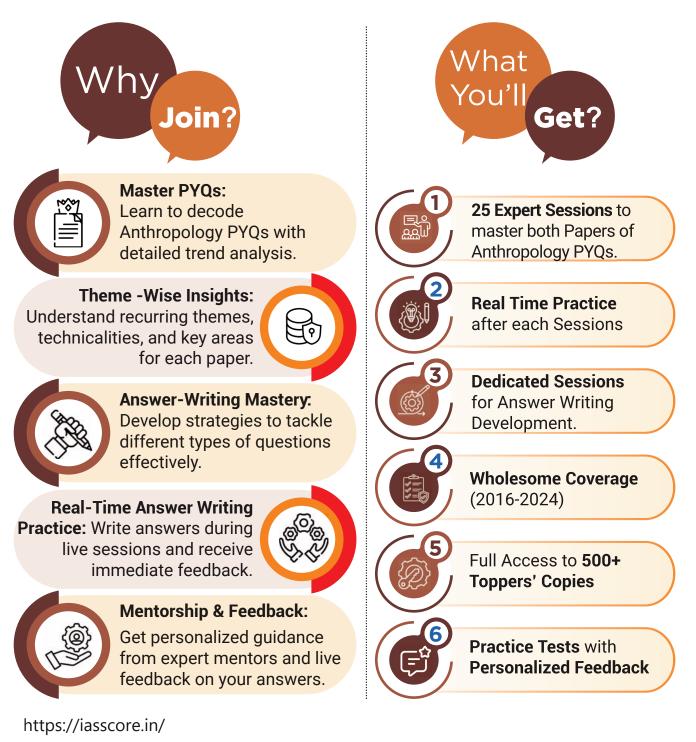
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PROGRAMME OVERVIEW

Previous Year Questions (PYQs) are pivotal for excelling in the Optional Subjects. PYQs not only reveal important trends, crucial high-value areas, and question patterns, but also offer insights into what UPSC truly demands from candidates. Our **25 Days UPSC Optional PYQ Decoder Programme covers PYQs of Anthropology Optional** through key themes, helping you identify recurring topics and patterns across both papers. This thematic approach ensures a deeper understanding of the questions and equips you with the skills to craft precise, high-scoring answers aligned with UPSC's expectations.





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COURSE DELIVERY

THEMATIC PYQ COVERAGE

The course will cover PYQs from Papers 1 & 2 by grouping them into key themes like Theories, Socio-cultural, biological, Tribal etc. This thematic approach will help you identify patterns, recurring topics, and important trends in Anthropology.

DECODING UPSC'S DEMAND

You will be trained to decode the trend, type, and pattern of questions, ensuring you understand exactly what UPSC expects from your answers. Techniques to approach factual, analytical, and diagram-based questions will be covered.





INTERACTIVE & PRACTICE-ORIENTED CLASSES

Each class will focus on real-time discussion and solving of PYQs, with immediate doubt clearing and active participation to enhance your analytical skills.

POST-CLASS WORKSHEETS

After every class, you'll receive a practice worksheet containing model answers, additional questions, and case studies based on the day theme to enhance your learning and preparation.





FOCUSED WEEKLY SESSIONS

Classes will run from Monday to Friday, each day dedicated to one specific theme for in-depth coverage, including geographical models, theories, case studies, and laws to refine your perspective-building.

MENTORSHIP & REVISION

Weekly mentorship sessions for revision and doubt clearing, offering personalized guidance to improve your answer-writing skills and clarity on geographical concepts.



PRACTICE TESTS

Practice Tests will be conducted after completion of key themes – one each for Paper 1 and Paper 2, focusing on recent PYQs and newly framed questions to strengthen your preparation.

ACCESS TO MODEL ANSWERS

You'll also have access to model hints and Topper's copies for practice tests, enabling you to refine your answer writing and structure. Model diagrams, charts, maps, and schematics will also be provided to enhance your diagrammatic representation skills.



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SESSION PLAN

SESSION	TOPICS
SESSION: 01	Answer Writing and Trend Analysis
SESSION: 02	Nature of Culture and Society
SESSION: 03	Marriage, Family and Kinship
SESSION: 04	Economic Organization, Political Organization and Religion
SESSION: 05	Anthropological Theories-1
SESSION: 06	Anthropological Theories-2
SESSION: 07	Culture, Language and Communication
SESSION: 08	Research methods in Anthropology
SESSION: 09	Human Genetics, Chromosomes and Chromosomal aberrations in man, Race and racism, Genetic markers
SESSION: 10	Ecological Anthropology, Epidemiological Anthropology
SESSION: 11	Concept of human growth and Development
SESSION: 12	Bio events to fertility, Demographic Theories, Factors influencing fecundity, Fertility
SESSION: 13	Applications of Anthropology: Sports, Defense, Forensics etc
SESSION: 14	Prehistoric Archaeology of World and India
SESSION: 15	Phylogenetic status of Fossils, Primates
SESSION: 16	Paleo—Anthropological evidences from India (Sivapithecus,Rama pithecus,Narmada Man), Harappan Culture
SESSION: 17	Indian social system, Caste system, Sacred Complex and Nature- Man-Spirit Complex

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SESSION	TOPICS
SESSION: 18	Indian Anthropologists from 18^{th} , 19^{th} and early 20^{th} Century
SESSION: 19	Indian Village, Indigenous and exogenous processes of socio- cultural change in Indian Society,
SESSION: 20	Problems of the Tribal Communities, Developmental projects and their impact on tribal displacement and problems of rehabilitation, Impact of urbanisation and industrialization on tribal populations.
SESSION: 21	Tribal situation in India, Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes, Social change and contemporary tribal societies,
SESSION: 22	Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies
SESSION: 23	History of administration of tribal areas, tribal policies, forest policy , plans, programmes of tribal development and their implementation
SESSION: 24	The concept of Ethnicity, Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements.
SESSION: 25	Meaning, Scope and development of Anthropology, Relationships with other disciplines, Main branches of Anthropology, their scope and relevance:

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