

IAS **MAINS** 2025



ANTHROPOLOGY

Revision & Answer Writing through Mentorship in

(44 SESSIONS) OF CONCEPT CLASSES

> THEMATIC **COVERAGE OF PYOs AS PER** SYLLABUS.

TOPICAL TEST

SECTIONAL TEST

FULL MOCK TESTS (As per UPSC Standards)



Flexibility to Write Tests as per your self-study.



Topical Test Discussion & Post-Test Mentorship Sessions for Marks **Improvement**

Mentor - SACHIN TIWARI

TIME

COURSE FEE

₹ 15,000 (+GST)



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PROGRAMME FEATURE

01

FLEXIBLE SELF-PACED TESTS

Take tests according to your pace and preference, aligning with your own study schedule or our expertly designed-timeline.

02

COMPLETE ANTHROPOLOGY SYLLABUS COVERAGE

The entire syllabus of the Anthropology Optional will be covered through Revision, Answer Writing & Mentorship in 2.5 Months.

03

APPROACH & TREND ANALYSIS SESSIONS

It will focus on orienting the students with Papers 1 & 2 and the methodology required as per the demands of the UPSC.

04

CONCEPT BUILDING & ANSWER WRITING APPROACH

Emphasis on Conceptual Building, Clarity, and Answer Writing Approach for Papers 1 & 2.

05

PYQs DISCUSSIONS

Topic-wise PYQ Discussions to understand the trend of a particular topic.

06

ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answers in sync with the conceptual requirement of the question.

07

PERSONALIZED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.



SESSION PLAN

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
0	APPROACH CLASS: 01	Approach to Anthropology Optional (Paper 1)
×	APPROACH CLASS: 02	Approach to Anthropology Optional (Paper 2)
>	TREND ANALYSIS	Anthropology Optional (Paper 1 & 2)
	Р	PAPER 1: SECTION-A
	(Soc	cio Cultural Anthropology)
		2.1 The Nature of Culture
	CONCEPT CLASS: 01	 The concept and characteristics of culture and civilization
		 Ethnocentrism vis-àvis cultural Relativism
	CONCEPT CLASS: 02	2.2 The Nature of Society
		Concept of Society
		Society and culture
02		Social Institution
3		Social groups
T T		Social stratification
WEEK:	PYQ	Previous Year Questions (PYQs)-1
	TOPICAL TEST	Topical Test - 1
		2.3 Marriage
		Definition and universality;
	CONCEPT CLASS: 03	 Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo);
		 Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage;



	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS
			 Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry)
		2.4	Family
			Definition and universality;
			 Family, household and domestic groups;
0	CONCERT OF ACC. 04		o functions of family;
WEEK: 02	CONCEPT CLASS: 04		 Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.
	PYQ	Prev	ious Year Questions (PYQs)-2
	POST TEST MENTORSHIOP	Men	torship Session: 01
	TOPICAL TEST	Topi	cal Test - 2
	CONCEPT CLASS: 05	2.5	Kinship
			Consanguinity and Affinity;
			 Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal);
WEEK: 03			 Forms of descent groups (lineage, clan, phratry, moiety and kindred) Kinship terminology (descriptive and classificatory);
W			 Descent, Filiation and Complimentary Filiation;
			Descent and Alliance.
		3.	Economic Organization
	CONCEPT CLASS: 06		 Meaning, scope and relevance of economic anthropology;

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
		 Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
	PYQ	Previous Year Questions (PYQs)-3
	POST TEST MENTORSHIOP	Mentorship Session: 02
	TOPICAL TEST	Topical Test - 3
WEEK: 03	CONCEPT CLASS: 07	 4. Political organization and Social Control Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy;social control, law and justice in simple societies.
WE	CONCEPT CLASS: 08	 Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism); Religion, magic and science distinguished; Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)
	PYQ	Previous Year Questions (PYQs)-4
	POST TEST MENTORSHIOP	Mentorship Session: 03
	TOPICAL TEST	Topical Test - 4



	WEEK & SESSIONS	TOPICS & SUB-TOPICS
	CONCEPT CLASS: 09	 6. Anthropological Theories Classical evolutionism (Tylor, Morgan and Frazer) Historical particularism (Boas); Diffusionism (British, German and American) Neo - evolutionism (Childe, White, Steward, Sahlins and Service) 6. Anthropological Theories Functionalism (Malinowski); Structural-functionlism (Radcliffe-Brown)
	CONCEPT CLASS: 10	 Structural function is in (Radcinie-Brown) Structuralism (L'evi - Strauss and E.Leach) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora –du Bois)
WEEK: 04	CONCEPT CLASS: 11	 Anthropological Theories Cultural materialism (Harris) Symbolic and interpretive theories (Turner, Schneider and Geertz) Cognitive theories (Tyler, Conklin) Post- modernism in anthropology
	PYQ	Previous Year Questions (PYQs)-5
	POST TEST MENTORSHIOP	Mentorship Session: 04
	TOPICAL TEST	Topical Test - 5
	CONCEPT CLASS: 12	 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use.
	CONCEPT CLASS: 13	 8. Research Methods in Anthropology Fieldwork tradition in Anthropology Distinction between technique, method and methodology

	WEEK & SESSIONS	TOPICS & SUB-TOPICS
WEEK: 04		 Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data.
N	PYQ	Previous Year Questions (PYQs)-6
>	POST TEST MENTORSHIOP	Mentorship Session: 05
	TOPICAL TEST	Topical Test - 6
	PAPER 1: SECTIO	N-B (PHYSICAL ANTHROPOLOGY)
EK: 05	CONCEPT CLASS: 14	 1.4 Human Evolution and emergence of Man (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
WE	CONCEPT CLASS: 15	 1.5 Primates Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal & Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary & Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.



	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
		1.6 Phylogenetic status, characteristics and geographical distribution of the following: (d) Plio-pleistocene hominids in South and East Africa - Australopithecines.	
	CONCEPT CLASS: 16	(e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).	
		(f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type).	
		(g) Rhodesian man.	
		(h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.	
10	PYQ	Previous Year Questions (PYQs)-7	
WEEK: 05	POST TEST MENTORSHIOP	Mentorship Session: 06	
	TOPICAL TEST	Topical Test - 7	
		9.1 Human Genetics	
	CONCEPT CLASS: 17	 Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyotype analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies. 	
		9.2 Mendelian Genetics	
	CONCEPT CLASS: 18	 Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man. 	
		9.3 Genetic Polymorphism	
	CONCEPT CLASS: 19	 Concept of genetic polymorphism and selection, Mendelian population, Hardy 	

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
WEEK: 05		 Weinberg law; causes and changes which bring down frequency – mutation, isolation migration, selection, inbreeding and genetic drift. Consanguineous and nonconsanguineous mating, genetic load genetic effect of consanguineous and cousin marriages. 	d,
5	PYQ	Previous Year Questions (PYQs)-8	
	POST TEST MENTORSHIOP	Mentorship Session: 07	
	TOPICAL TEST	Topical Test - 8	
WEEK: 06	CONCEPT CLASS: 20	 9.4 Chromosomes and Chromosomal Aberrations (i) Numerical and structural aberration (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Superfemale (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Criduchat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling human DNA profiling, gene mapping genome study. 	r u- ng,
	CONCEPT CLASS: 21	 9.5 Race and Racism Race and racism, biological basis of morphological variation of non-metric metric characters. Racial criteria, racial traits in relation to heredity and environmental biological basis of racial classification, racial differentiation and race crossing in metric 	s nt;



	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
		9.6	Genetic Markers • Age, sex and population variation as
	CONCEPT CLASS: 22		genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
	PYQ	Prev	vious Year Questions (PYQs)-9
	POST TEST MENTORSHIOP	Men	torship Session: 08
	TOPICAL TEST	Topi	ical Test - 9
		9.7	Ecological Anthropology
WEEK: 06	CONCEPT CLASS: 23		 Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
3		9.8	Epidemiological Anthropology
	CONCEPT CLASS: 24		 Health and disease. Infectious and non- infectious
			 diseases. Nutritional deficiency related diseases.
		12.	Applications of Anthropology
			 Anthropology of sports, Nutritional anthropology,
			 Anthropology in designing of defence and other equipments, Forensic Anthropology,
	CONCEPT CLASS: 25		 Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
10	PYQ	Previous Year Questions (PYQs)-10	
W: 06	POST TEST MENTORSHIOP	Mentorship Session: 09	
	TOPICAL TEST	Topical Test - 10	
	CONCEPT CLASS: 26	 Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic apprison 	
		genetic, environmental, biochemical, nutritional, cultural and socio-economic. • Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.	
WEEK: 07	CONCEPT CLASS: 27	 11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality. 	
	PYQ	Previous Year Questions (PYQs)-11	
	POST TEST MENTORSHIOP	Mentorship Session: 10	
	TOPICAL TEST	Topical Test - 11	
	POST TEST MENTORSHIOP	Mentorship Session: 11	
	SECTIONAL TEST	Sectional Test: 01 - Paper: 01	



	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS
	PAPER 2: SECTI	ON-A	(INDIAN ANTHROPOLOGY)
		1.1	Evolution of the Indian Culture and Civilization
	CONCEPT CLASS: 28		 Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization.
7		1.2	Palaeo
WEEK: 07			 Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus & Narmada Man).
>		1.3	Ethno-archaeology in India
	CONCEPT CLASS: 29		 The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities.
	PYQ	Prev	ious Year Questions (PYQs)-12
	TOPICAL TEST	Topi	cal Test - 12
	CONCEPT CLASS: 30	2.	Demographic profile of India • Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
4: 08	CONCEPT CLASS: 31	3.1	The structure and nature of traditional Indian Social System
WEEK: 08			 Varnashram, Purushartha, Karma, Rina & Rebirth.
		3.2	Caste system in India
	CONCEPT CLASS: 32		 structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.

	WEEK & SESSIONS	TOPI	CS & SUB-TOPICS	
	PYQ	Prev	rious Year Questions (PYQs)-13	
	POST TEST MENTORSHIOP	Men	Mentorship Session: 12	
	TOPICAL TEST	Topi	Topical Test - 13	
		3.3	Sacred Complex & Nature- Man- Spirit Complex	
	CONCEPT CLASS: 33	3.4	Impact of - Buddhism, Jainism, Islam and Christianity on Indian society	
08			 Sacred Complex & Nature- Man- Spirit Complex 	
WEEK: 08			 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society 	
W	CONCEPT CLASS: 34	4.	 Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to 	
	PYQ	Drov	tribal and caste studies. vious Year Questions (PYQs)-14	
	POST TEST MENTORSHIOP	Mentorship Session: 13		
	TOPICAL TEST	Topi	cal Test - 14	
		5.1	Indian Village	
WEEK: 09	CONCEPT CLASS: 35		 Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages. 	
	CONCEPT CLASS: 36	5.2	Linguistic and Religious minorities and their Social, Political & Economic status	



	WEEK & SESSIONS	TOPICS & SUB-TOPICS		
		5.3	Indigenous and exogenous processes of socio-cultural change in Indian society	
			 Linguistic and Religious minorities and their Social, Political & Economic status 	
			 Sanskritization, Westernization, Modernization; 	
			Inter-play of little and great traditions;	
			Panchayati Raj and Social Change;	
			Media and Social Change.	
	PYQ	Prev	ious Year Questions (PYQs)-15	
	POST TEST MENTORSHIOP	Men	torship Session: 14	
	TOPICAL TEST	Topi	cal Test - 15	
6	PAPER	APER 2: SECTION-B (TRIBAL INDIA)		
0		6.1	Tribal situation in India	
퐀			Bio-genetic variability,	
WEEK: 09	CONCEPT CLASS: 37		 Linguistic & Socio-economic characteristics of tribal populations & their distribution. 	
		6.2	Problems of the tribal Communities	
	CONCEPT CLASS: 38		 Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities, 	
			 Unemployment, Underemployment, Health and nutrition 	
	CONCEPT CLASS: 39	6.3	Developmental projects and their impact on tribal Displacement and problems of Rehabilitation	
	CONCEPT CLASS: 39		 Development of forest policy and Tribals. 	
			 Impact of Urbanization and Industrialization on tribal populations. 	
	PYQ	Prev	ious Year Questions (PYQs)-16	
	POST TEST MENTORSHIOP	Men	torship Session: 15	

	WEEK & SESSIONS	TOPICS & SUB-TOPICS	
	TOPICAL TEST	Topical Test - 16	
WEEK: 10	CONCEPT CLASS: 40	7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's.	
		7.2 Social Change and Contemporary Tribal societies	
		 Constitutional safeguards for S.C's and S.T's. 	
		 Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections. 	
	CONCEPT CLASS: 41	 7.3 The Concept of Ethnicity Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India. 8.1 Impact of Hinduism, Buddhism, 	
	CONCEPT CLASS: 42	Christianity, Islam and other religions on tribal societies Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies	
	PYQ	Previous Year Questions (PYQs)-17	
	POST TEST MENTORSHIOP	Mentorship Session: 16	
	TOPICAL TEST	Topical Test - 17	
	CONCEPT CLASS: 43	8.2 Tribe & Nation state9.1 History of administration of tribal areas	



WEEK & SESSIONS		TOPICS & SUB-TOPICS			
WEEK: 10		9.2	Role of Anthropology in Tribal and Rural Development		
			 Tribe & Nation state-comparative study of tribal communities in India & other 		
			countries		
			 Tribal policies, plans, Programmes of tribal development and their implementation. 		
			 The concept of Primitive Tribal Groups, their distribution, special programmes for their 		
			development.		
			Role of N.G.O.s in tribal development.		
	CONCEPT CLASS: 44	9.3	Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements.		
			 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & 		
			 Ethnic and Political Movements. 		
	PYQ	Prev	ious Year Questions (PYQs)-18		
	POST TEST MENTORSHIOP	Mentorship Session: 17			
	TOPICAL TEST	Topical Test - 18			
	POST TEST MENTORSHIOP	Men	Mentorship Session: 18		
	SECTIONAL TEST	Sectional Test: 02 - Paper. 02			
WEEK: 11	Mock - 1	PAPE	PAPER - 1 (COMPLETE SYLLABUS)		
	Mock - 2	PAPE	PAPER - 2 (COMPLETE SYLLABUS)		
	Mock - 3	PAPE	R - 1 (COMPLETE SYLLABUS)		
	Mock - 4	PAPE	R - 2 (COMPLETE SYLLABUS)		







TOP 100 ALL INDIA RANKING **CSE 2023**



