



ANSWER WRITING MENTORSHIP PROGRAMME

ANTHROPOLOGY Q#A

COMPLETE SYLLABUS through
CONCEPT CLASSES, ANSWER WRITING
& MENTORSHIP



OCTOBER, 2024





- ✓ Approach & Trend Analysis Sessions for Paper I & II
- 3 Level of Tests for Gradual Improvement
 - o 18 Topical Tests (10 Questions)
 - 02 Sectional Tests (20 questions)
 - 04 Full Mock Tests(As per UPSC standard)
- 9⁺ Hrs (18 Sessions) of PYQs Discussion
- **☑** 36⁺ Hrs of Topical Test Discussion and Post-Test Mentorship Sessions for Marks Improvement



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Mentor: **SACHIN TIWARI**



PROGRAMME FEATURES

01

APPROACH & TREND ANALYSIS SESSIONS

It will focus on orienting the students with Paper 1 & 2 and the methodology required as per the demands of the UPSC.

02

CONCEPT BUILDING & ANSWER WRITING APPROACH

65+ Hrs Emphasis on Conceptual building, clarity and Answer Writing Approach for Paper 1 & 2.

03

COMPLETE ANTHROPOLOGY SYLLABUS COVERAGE

Through 24+ Tests & 250+ Questions, entire Anthropology Syllabus will be covered.

04

PERSONALISED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.

05

PYQs DISCUSSION

Topic-wise PYQ Discussions to under the trend of a particular topic.

06

ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answer in sync with the conceptual requirement of the question.

07

GRADUAL ASSESSMENT & IMPROVEMENT

For gradual improvement and revision, the programme is divided into Topical Tests, Sectional Tests and Full Mock Tests.



SESSION PLAN

SESSIONS/DATE	TOPICS & SUB-TOPICS
APPROACH CLASS: 01	Approach to Anthropology Optional (Danar 1)
27 NOVEMBER, 2024	Approach to Anthropology Optional (Paper 1)
APPROACH CLASS: 02	Approach to Anthronology Ontional (Dance 2)
27 NOVEMBER, 2024	Approach to Anthropology Optional (Paper 2)
TREND ANALYSIS	Anthronology Ontional (Dancy 1 9 2)
27 NOVEMBER, 2024	Anthropology Optional (Paper 1 & 2)
P	APER 1: SECTION-A
(Soc	io Cultural Anthropology)
	2.1 The Nature of Culture
CONCEPT CLASS: 01	The concept and characteristics of culture
28 NOVEMBER, 2024	and civilization • Ethnocentrism vis-àvis cultural Relativism
	2.2 The Nature of Society
	Concept of Society
CONCEPT CLASS: 02	Society and culture
29 NOVEMBER, 2024	Social Institution
	Social groups
21/2	Social stratification
PYQ	Previous Year Questions (PYQs)-1
02 NOVEMBER, 2024	
TOPICAL TEST	Topical Test - 1
03 NOVEMBER, 2024	



SESSIONS/DATE	TOPICS & SUB-TOPICS
CONCEPT CLASS: 03 04 NOVEMBER, 2024	 2.3 Marriage Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry)
CONCEPT CLASS: 04 05 NOVEMBER, 2024	 2.4 Family Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.
PYQ 08 NOVEMBER, 2024	Previous Year Questions (PYQs)-2
POST TEST MENTORSHIOP 09 NOVEMBER, 2024	Mentorship Session: 01
TOPICAL TEST 10 NOVEMBER, 2024	Topical Test - 2
CONCEPT CLASS: 05 11 NOVEMBER, 2024	 2.5 Kinship Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred)Kinship terminology (descriptive and classificatory);

SESSIONS/DATE	TOPICS & SUB-TOPICS
	Descent, Filiation and Complimentary Filiation;
	Descent and Alliance.
	3. Economic Organization
	 Meaning, scope and relevance of economic anthropology;
CONCERT OF ACC. OC	Formalist and Substantivist debate; Dringing any graphs are dustion distribution.
CONCEPT CLASS: 06	Principles governing production, distribution and exchange (reciprocity, redistribution
12 NOVEMBER, 2024	and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
PYQ	Previous Year Questions (PYQs)-3
15 NOVEMBER, 2024	Previous real questions (Prqs)-3
POST TEST MENTORSHIOP	Mantarahin Cassiani 02
16 NOVEMBER, 2024	Mentorship Session: 02
TOPICAL TEST	Tanical Tast 2
17 NOVEMBER, 2024	Topical Test - 3
	4. Political organization and Social Control
CONCEPT CLASS: 07	Band, tribe, chiefdom, kingdom and state;
18 NOVEMBER, 2024	 concepts of power, authority and legitimacy;social control, law and justice in simple societies.
	5. Religion
CONCEPT CLASS: 08	 Anthropological approaches to the study of religion (evolutionary, psychological and functional);
19 NOVEMBER, 2024	 monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism);



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 Religion, magic and science distinguished;
	 Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)
PYQ	onaman, medicine man, sorocier and witch)
22 NOVEMBER, 2024	Previous Year Questions (PYQs)-4
POST TEST MENTORSHIOP	
23 NOVEMBER, 2024	Mentorship Session: 03
TOPICAL TEST	Topical Test - 4
24 NOVEMBER, 2024	Topical Test - 4
	6. Anthropological Theories
	Classical evolutionism (Tylor, Morgan and Tracer)
CONCEPT CLASS: 09	Frazer) • Historical particularism (Boas);
25 NOVEMBER, 2024	Diffusionism (British, German and American)
	 Neo - evolutionism (Childe, White, Steward, Sahlins and Service)
	6. Anthropological Theories
00110555 01 100 10	Functionalism (Malinowski);
CONCEPT CLASS: 10	Structural-functionlism (Radcliffe-Brown)
26 NOVEMBER, 2024	Structuralism (L'evi - Strauss and E.Leach)
	 Culture and personality (Benedict, Mead, Linton, Kardiner and Cora –du Bois)
	6. Anthropological Theories
000000000000000000000000000000000000000	Cultural materialism (Harris)
CONCEPT CLASS: 11	 Symbolic and interpretive theories (Turner, Schneider and Goortz)
27 NOVEMBER, 2024	Schneider and Geertz) o Cognitive theories (Tyler, Conklin)
	 Post- modernism in anthropology
PYQ	
29 NOVEMBER, 2024	Previous Year Questions (PYQs)-5



SESSIONS/DATE	TOPICS & SUB-TOPICS
POST TEST MENTORSHIOP 30 NOVEMBER, 2024	Mentorship Session: 04
TOPICAL TEST 01 DECEMBER, 2024	Topical Test - 5
CONCEPT CLASS: 12 02 DECEMBER, 2024	 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use.
CONCEPT CLASS: 13 03 DECEMBER, 2024	 8. Research Methods in Anthropology Fieldwork tradition in Anthropology Distinction between technique, method and methodology Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data.
PYQ 06 DECEMBER, 2024	Previous Year Questions (PYQs)-6
POST TEST MENTORSHIOP 07 DECEMBER, 2024	Mentorship Session: 05
TOPICAL TEST 08 DECEMBER, 2024	Topical Test - 6
PAPER 1: SECT	ION-B (PHYSICAL ANTHROPOLOGY)
CONCEPT CLASS: 14 09 DECEMBER, 2024	1.4 Human Evolution and emergence of Man(a) Biological and Cultural factors in human evolution.



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
	1.5 Primates
	 Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate
CONCEPT CLASS: 15 10 DECEMBER, 2024	 Adaptations; (Arboreal & Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary & Quaternary fossil primates;
10 DECEMBER, 2024	Living Major Primates;
	Comparative Anatomy of Man and Apes;
	 Skeletal changes due to erect posture and its implications.
	1.6 Phylogenetic status, characteristics and geographical distribution of the following:
	(d) Plio-pleistocene hominids in South and East Africa - Australopithecines.
CONCEPT CLASS: 16 11 DECEMBER, 2024	(e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).
	(f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type).
	(g) Rhodesian man.
	(h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.
PYQ	Provious Voor Questions (DVCs) 7
13 DECEMBER, 2024	Previous Year Questions (PYQs)-7



SESSIONS/DATE	TOPICS & SUB-TOPICS
POST TEST MENTORSHIOP	Montorohin Coosion: 06
14 DECEMBER, 2024	Mentorship Session: 06
TOPICAL TEST	Tonical Took 7
15 DECEMBER, 2024	Topical Test - 7
	9.1 Human Genetics
	 Methods and Application: Methods for study of genetic principles in man-family
00110505 01 400 17	study of genetic principles in man-ranily study (pedigree analysis, twin study, foster
CONCEPT CLASS: 17	child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis),
16 DECEMBER, 2024	biochemical methods, immunological
	methods,
	 D.N.A. technology and recombinant technologies.
	9.2 Mendelian Genetics
CONCEPT CLASS: 18	Mendelian genetics in man-family study,
17 DECEMBER, 2024	single factor, multifactor, lethal, sublethal and polygenic inheritance in man.
	9.3 Genetic Polymorphism
	 Concept of genetic polymorphism and
	selection, Mendelian population, Hardy
CONCEPT CLASS: 19	Weinberg law; Accuracy and changes which bring down
18 DECEMBER, 2024	 causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift.
	Consanguineous and non-consanguineous mating genetic lead genetic effect of
	mating, genetic load, genetic effect of consanguineous and cousin marriages.
PYQ	
20 DECEMBER, 2024	Previous Year Questions (PYQs)-8
POST TEST MENTORSHIOP	Montorohin Socieni 07
21 DECEMBER, 2024	Mentorship Session: 07



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST	Tanical Test 0
22 DECEMBER, 2024	Topical Test - 8
CONCEPT CLASS: 20	 9.4 Chromosomes and Chromosomal Aberrations (i) Numerical and structural aberrations (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX),
23 DECEMBER, 2024	intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes.
	(I) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
	9.5 Race and Racism
CONCEPT CLASS: 21	 Race and racism, biological basis of morphological variation of non-metric and metric
24 DECEMBER, 2024	 characters. Racial criteria, racial traits in relation to heredity and environment; biological
	 basis of racial classification, racial differentiation and race crossing in man.
	9.6 Genetic Markers
CONCEPT CLASS: 22 26 DECEMBER, 2024	 Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
PYQ	
27 DECEMBER, 2024	Previous Year Questions (PYQs)-9
POST TEST MENTORSHIOP	Mantarahin Cassian, OC
28 DECEMBER, 2024	Mentorship Session: 08



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST 29 DECEMBER, 2024	Topical Test - 9
CONCEPT CLASS: 23 30 DECEMBER, 2024	 9.7 Ecological Anthropology Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
CONCEPT CLASS: 24 31 DECEMBER, 2024	 9.8 Epidemiological Anthropology Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases.
CONCEPT CLASS: 25 02 JANUARY, 2025	 12. Applications of Anthropology Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
PYQ 03 JANUARY, 2025 POST TEST MENTORSHIOP	Previous Year Questions (PYQs)-10
04 JANUARY, 2025 TOPICAL TEST 05 JANUARY, 2025	Mentorship Session: 09 Topical Test - 10



SESSIONS/DATE	TOPICS & SUB-TOPICS
CONCEPT CLASS: 26 06 JANUARY, 2025	 10. Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.
CONCEPT CLASS: 27 07 JANUARY, 2025	 11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
PYQ 08 JANUARY, 2025	Previous Year Questions (PYQs)-11
POST TEST MENTORSHIOP 09 JANUARY, 2025	Mentorship Session: 10
TOPICAL TEST 10 JANUARY, 2025	Topical Test - 11
POST TEST MENTORSHIOP 11 JANUARY, 2025	Mentorship Session: 11
SECTIONAL TEST 12 JANUARY, 2025	Sectional Test: 01 - Paper. 01



SESSIONS/DATE	TOPICS & SUB-TOPICS
PAPER 2: SEC	TION-A (INDIAN ANTHROPOLOGY)
CONCEPT CLASS: 28 13 JANUARY, 2025	 1.1 Evolution of the Indian Culture and Civilization Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic).
	1.3 Ethno-archaeology in India
CONCEPT CLASS: 29 14 JANUARY, 2025	 The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities.
PYQ 17 NOVEMBER, 2024	Previous Year Questions (PYQs)-12
TOPICAL TEST 19 JANUARY, 2025	Topical Test - 12
CONCEPT CLASS: 30 20 JANUARY, 2025	 Demographic profile of India Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
CONCEPT CLASS: 31 21 JANUARY, 2025	 3.1 The structure and nature of traditional Indian Social System Varnashram, Purushartha, Karma, Rina & Rebirth.



SESSIONS/DATE	TOPICS & SUB-TOPICS
CONCEPT CLASS: 32 22 JANUARY, 2025	 3.2 Caste system in India structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.
PYQ 23 JANUARY, 2025	Previous Year Questions (PYQs)-13
POST TEST MENTORSHIOP 24 JANUARY, 2025	Mentorship Session: 12
TOPICAL TEST 05 JANUARY, 2025	Topical Test - 13
CONCEPT CLASS: 33 27 JANUARY, 2025	 3.3 Sacred Complex & Nature- Man- Spirit Complex 3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society Sacred Complex & Nature- Man- Spirit Complex Impact of - Buddhism, Jainism, Islam and Christianity on Indian society
CONCEPT CLASS: 34 28 JANUARY, 2025	 4. Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
PYQ 31 JANUARY, 2025	Previous Year Questions (PYQs)-14
POST TEST MENTORSHIOP 01 FEBRUARY, 2025	Mentorship Session: 13



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST 02 FEBRUARY, 2025	Topical Test - 14
CONCEPT CLASS: 35 03 FEBRUARY, 2025	 5.1 Indian Village Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages.
CONCEPT CLASS: 36 04 FEBRUARY, 2025	 5.2 Linguistic and Religious minorities and their Social, Political & Economic status 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society Linguistic and Religious minorities and their Social, Political & Economic status Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change.
PYQ 07 FEBRUARY, 2025	Previous Year Questions (PYQs)-15
POST TEST MENTORSHIOP 08 FEBRUARY, 2025	Mentorship Session: 14
TOPICAL TEST 09 FEBRUARY, 2025	Topical Test - 15
PAPER 2: SECTION-B (TRIBAL INDIA)	
CONCEPT CLASS: 37 10 FEBRUARY, 2025	 6.1 Tribal situation in India Bio-genetic variability, Linguistic & Socio-economic characteristics of tribal populations & their distribution.



SESSIONS/DATE	TOPICS & SUB-TOPICS
	6.2 Problems of the tribal Communities
CONCEPT CLASS: 38	 Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities,
11 FEBRUARY, 2025	 Unemployment, Underemployment, Health and nutrition
	6.3 Developmental projects and their
	impact on tribal Displacement and
CONCEPT CLASS: 39	problems of Rehabilitation
12 FEBRUARY, 2025	 Development of forest policy and Tribals.
	 Impact of Urbanization and Industrialization on tribal populations.
PYQ	Provious Veer Questions (PVOs) 16
14 FEBRUARY, 2025	Previous Year Questions (PYQs)-16
POST TEST MENTORSHIOP	Mantavahin Cassian, 15
15 FEBRUARY, 2025	Mentorship Session: 15
TOPICAL TEST	T : 17 . 16
16 FEBRUARY, 2025	Topical Test - 16
	7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's.
CONCEPT CLASS: 40	7.2 Social Change and Contemporary Tribal
17 FEBRUARY, 2025	societies
	Constitutional safeguards for S.C's and S.T's.
	Impact of modern democratic institutions;
	 Development programmes and welfare measures on Tribals and weaker sections.
CONCEPT CLASS: 41	7.3 The Concept of Ethnicity
18 FEBRUARY, 2025	 Ethnic conflicts and political developments;
101 LBNOAN1, 2023	Unrest among tribal communities;



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India.
CONCEPT CLASS: 42 19 FEBRUARY, 2025	 8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies
PYQ 21 FEBRUARY, 2025	Previous Year Questions (PYQs)-17
POST TEST MENTORSHIOP 22 FEBRUARY, 2025	Mentorship Session: 16
TOPICAL TEST 23 FEBRUARY, 2025	Topical Test - 17
CONCEPT CLASS: 43 24 FEBRUARY, 2025	 8.2 Tribe & Nation state 9.1 History of administration of tribal areas 9.2 Role of Anthropology in Tribal and Rural Development Tribe & Nation state-comparative study of tribal communities in India & other countries
	 Tribal policies, plans, Programmes of tribal development and their implementation. The concept of Primitive Tribal Groups, their distribution, special programmes for their development. Role of N.G.O.s in tribal development.

18 IAS 2025



SESSIONS/DATE	TOPICS & SUB-TOPICS	
	 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & 	
	Ethnic and Political Movements.	
PYQ	Previous Year Questions (PYQs)-18	
26 FEBRAURY, 2025		
POST TEST MENTORSHIOP	Mentorship Session: 17	
27 FEBRAURY, 2025		
TOPICAL TEST	Topical Test - 18	
27 FEBRAURY, 2025		
POST TEST MENTORSHIOP	Mentorship Session: 18	
28 FEBRAURY, 2025	Mentorship Session. 10	
SECTIONAL TEST	Sectional Test: 02 - Paper. 02	
28 FEBRAURY, 2025		
AFTER PRELIMS		
Mock - 1	PAPER - 1 (COMPLETE SYLLABUS)	
Mock - 2	PAPER - 2 (COMPLETE SYLLABUS)	
Mock - 3	PAPER - 1 (COMPLETE SYLLABUS)	
Mock - 4	PAPER - 2 (COMPLETE SYLLABUS)	







TOP 100 ALL INDIA RANKING CSE 2023



