

**IAS
2025**

**CSE
Qualifier
2025**

ANTHROPOLOGY

Complete Syllabus *in* **60** **DAYS**

through

**DAILY ANSWER WRITING
& MENTORSHIP**

30⁺ MENTORSHIP
SESSIONS

Based on 26 Topical Tests to cover
entire syllabus of Geography Optional.

4 WEEKLY
Revision
Tests

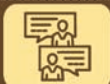
4 SECTIONAL
Tests



Detailed Discussion of the Tests
for better clarity



Daily Preparation Target with
Strict Schedule (No Flexi Format)



One on One Mentorship Sessions
for Marks Improvement

Mentor: SACHIN TIWARI

BATCH
STARTS

22

SEPTEMBER

PROGRAMME FEE
₹ 10,000 +GST



8448496262



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Course COMPONENTS

CSE Qualifier 2025 – Anthropology offers a 60-day comprehensive coverage of the entire optional syllabus, with a special focus on daily answer writing and personalized mentorship. This course emphasizes the critical role of consistent answer writing practice to sharpen conceptual understanding, improve answer presentation, and align with UPSC's marking demands. With daily writing sessions and expert guidance, aspirants will be well-prepared to handle Anthropology questions with confidence, ensuring a structured and disciplined approach to excel in the examination. The programme will include:

1

DAILY ANSWER WRITING

The syllabus is divided into 26 Topical Tests to cover each topic through daily answer writing



2

MENTORSHIP

3-4 Mentorship sessions in a week comprising Pre-Test and Post-Test (5 Questions) based on Topical Tests.



3

REVISION

Weekly Revision Tests and Sectional Tests will be conducted after every 2 weeks to cover different dimensions of the topics covered.



Course DELIVERY

**STEP
01****PRE-TEST MENTORSHIP SESSION**

Concept Building Mentorship Session for the Topical Tests will include discussion of important concepts for the topics mentioned in the upcoming test.

ATTEMPT THE TEST
as per the Test Schedule**STEP
02****STEP
03****EVALUATION**

The Topical Test will be evaluated within 2 working days

POST-TEST MENTORSHIP SESSION

Doubt-clearing session after evaluation for common mistakes, key demand of the questions, answer structure and modification in learning process.

**STEP
04****STEP
05****ONE-ON-ONE COPY DISCUSSION**

after evaluation with the faculty for marks improvement and better outcome.

Mentorship & Test PROCEDURE

**01**

The **Pre-Test and Post-Test Mentorship Sessions** will be held for each Mains Topical Test. The session will be held on **Google Meet** and the timing will be **8:00 PM**.

The **Offline Students** can attempt the test between **09:00 AM to 4:00 PM** at the Test Center.

02**03**

The **Online Students** can attempt the test between **09:00 AM to 7:00 PM** in your account at iascore.in.

Evaluation of the **Topical Test Mains Copy** will be done within **2 working days** or **before the Mentorship Session** for that Test.

04**05**

Evaluation of Weekly Revision and Subject Revision Mains Tests will be done **within 5 working days**.

Mentorship & Test SESSION PLAN

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 01	MENTORSHIP SESSION – 01 (PRE-TEST)	22 SEPTEMBER, 2024 TOPICAL TESTS: 01-06
	TOPICAL TEST: 01 23 SEPTEMBER, 2024	NATURE OF CULTURE <ul style="list-style-type: none"> ☐ The concept and characteristics of culture and civilization ☐ Ethnocentrism vis-à-vis cultural Relativism NATURE OF SOCIETY <ul style="list-style-type: none"> ☐ Concept of Society ☐ Society and culture ☐ Social Institution ☐ Social groups ☐ Social stratification
	TOPICAL TEST: 02 25 SEPTEMBER, 2024	MARRIAGE <ul style="list-style-type: none"> ☐ Definition and universality; ☐ Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); ☐ Types of marriage (monogamy, polygamy, polyandry, group marriage)Functions of marriage; ☐ Marriage regulations (preferential, prescriptive and proscriptive); ☐ Marriage payments (bride wealth and dowry) FAMILY <ul style="list-style-type: none"> ☐ Definition and universality; ☐ Family, household and domestic groups;

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 01		<ul style="list-style-type: none"> ❑ Functions of family; ❑ Types of family (from the perspectives of structure, blood relation, marriage, residence and succession)Impact of urbanization, industrialization and feminist movements on family.
	MENTORSHIP SESSION: 02 (POST-TEST)	26 SEPTEMBER, 2024 TOPICAL TEST - 01
	TOPICAL TEST: 3 27 SEPTEMBER, 2024	<p>KINSHIP</p> <ul style="list-style-type: none"> ❑ Consanguinity and Affinity; ❑ Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); ❑ Forms of descent groups (lineage, clan, phratry, moiety and kindred)Kinship terminology (descriptive and classificatory); ❑ Descent, Filiation and Complimentary ❑ Filiation; ❑ Descent and Alliance. <p>ECONOMIC ORGANIZATION</p> <ul style="list-style-type: none"> ❑ Meaning, scope and relevance of economic anthropology; ❑ Formalist and Substantivist debate; ❑ Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; ❑ globalization and indigenous economic systems.
MENTORSHIP SESSION: 03 (POST-TEST)	28 SEPTEMBER, 2024 Topical Test - 02	

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 02	TOPICAL TEST: 4 30 SEPTEMBER, 2024	<p>POLITICAL ORGANIZATION</p> <ul style="list-style-type: none"> ❑ Band, tribe, chiefdom, kingdom and state; ❑ concepts of power, authority and ❑ legitimacy; social control, law and justice in ❑ simple societies. <p>RELIGION</p> <ul style="list-style-type: none"> ❑ Anthropological approaches to the study ❑ of religion (evolutionary, psychological and ❑ functional); ❑ monotheism and polytheism; sacred and ❑ profane; myths and rituals; Forms of ❑ religion in tribal and peasant societies ❑ (animism, animatism, fetishism, naturism ❑ and totemism); ❑ Religion, magic and science distinguished; ❑ Magico religious functionaries (priest, shaman, medicine man, sorcerer and witch)
	MENTORSHIP SESSION: 04 (POST-TEST)	01 OCTOBER, 2024 Topical Test - 03
	TOPICAL TEST: 5 02 OCTOBER, 2024	<p>ANTHROPOLOGICAL THEORIES</p> <ul style="list-style-type: none"> ❑ Classical evolutionism (Tylor, Morgan and ❑ Frazer) ❑ Historical particularism (Boas); ❑ Diffusions (British, German and American) ❑ Neo - evolutionism (Childe, White, Steward, ❑ Sahlins and Service) ❑ Functionalism (Malinowski); ❑ Structural-functionalism (Radcliffe-Brown) ❑ Structuralism (L'evi - Strauss and E. Leach) ❑ Culture and personality (Benedict, Mead, ❑ Linton, Kardiner and Cora -du Bois) ❑ Cultural materialism (Harris)

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 02		<ul style="list-style-type: none"> ☐ Symbolic and interpretive theories (Turner, Schneider and Geertz) ☐ Cognitive theories (Tyler, Conklin) ☐ Post- modernism in anthropology
	<u>MENTORSHIP SESSION: 05</u> (POST-TEST)	<u>03 OCTOBER, 2024</u> Topical Test - 04
	TOPICAL TEST: 6 04 OCTOBER, 2024	<p>LANGUAGE</p> <ul style="list-style-type: none"> ☐ Nature, origin and characteristics of language; ☐ verbal and nonverbal communication; ☐ Social context of language use. <p>RESEARCH METHODS</p> <ul style="list-style-type: none"> ☐ Fieldwork tradition in Anthropology ☐ Distinction between technique, method and methodology ☐ Tools of data collection: observation, interview, schedules, questionnaire, ☐ Case study, genealogy, life history, oral history, secondary sources of information, ☐ participatory methods. ☐ Analysis, interpretation and presentation of data.
	<u>MENTORSHIP SESSION: 06</u> (POST-TEST)	<u>05 OCTOBER, 2024</u> TOPICAL TEST - 05
WEEK: 03	<u>MENTORSHIP SESSION: 07</u> (POST-TEST)	<u>07 OCTOBER, 2024</u> TOPICAL TEST - 06
	WEEKLY REVISION TEST - 1 08 OCTOBER, 2024	REVISION OF WEEK: 01 & 02
	SECTIONAL REVISION TEST - 1 11 OCTOBER, 2024	SYLLABUS (TOPICAL TEST 1 TO 6)
	<u>MENTORSHIP SESSION: 08</u> (PRE-TEST)	<u>13 OCTOBER, 2024</u> TOPICAL TESTS – 07 TO 12

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 04	TOPICAL TEST: 7 14 OCTOBER, 2024	<p>HUMAN EVOLUTION</p> <ul style="list-style-type: none"> ❑ Biological and Cultural factors in human evolution. ❑ Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). ❑ Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll’s rule, Cope’s rule, Gause’s rule, parallelism, convergence, adaptive radiation, and mosaic evolution). <p>PRIMATES</p> <ul style="list-style-type: none"> ❑ Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate ❑ Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; ❑ Living Major Primates; ❑ Comparative Anatomy of Man and Apes; ❑ Skeletal changes due to erect posture and its implications.
	TOPICAL TEST: 8 16 OCTOBER, 2024	<p>PHYLOGENETIC STATUS, CHARACTERISTICS AND GEOGRAPHICAL DISTRIBUTION OF FOSSILS (INCLUDING INDIAN FOSSILS)</p> <ul style="list-style-type: none"> ❑ Plio-pleistocene hominids in South and East Africa - Australopithecines. ❑ Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis). ❑ Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type). ❑ Rhodesian man. ❑ Homo sapiens – Cromagnon, Grimaldi and Chancelade.

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 04	MENTORSHIP SESSION: 09 (POST-TEST)	17 OCTOBER, 2024 TOPICAL TEST - 07
	TOPICAL TEST: 9 18 OCTOBER, 2024	<p>HUMAN GENETICS</p> <ul style="list-style-type: none"> Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies. <p>MENDELIAN GENETICS</p> <ul style="list-style-type: none"> Mendelian genetics in man-family study, single factor, multifactor, lethal, sub lethal and polygenic inheritance in man.
WEEK: 05	MENTORSHIP SESSION: 10 (POST-TEST)	19 OCTOBER, 2024 TOPICAL TEST - 08
	TOPICAL TEST: 10 21 OCTOBER, 2024	<p>GENETIC POLYMORPHISM</p> <ul style="list-style-type: none"> Concept of genetic polymorphism and selection, Mendelian population, Hardy Weinberg law; causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages. <p>CHROMOSOMAL ABERRATION</p> <ul style="list-style-type: none"> Numerical and structural aberrations (disorders). Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes.

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 05		<ul style="list-style-type: none"> Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
	MENTORSHIP SESSION: 11 (POST-TEST)	22 OCTOBER, 2024 TOPICAL TEST: 09
	TOPICAL TEST: 11 23 OCTOBER, 2024	<p>RACE AND RACISM</p> <ul style="list-style-type: none"> Race and racism, biological basis of morphological variation of non-metric and metric characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man. <p>GENETIC MARKER</p> <ul style="list-style-type: none"> Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and Socio-economic groups.
	MENTORSHIP SESSION: 12 (POST-TEST)	24 OCTOBER, 2024 TOPICAL TEST: 10
TOPICAL TEST: 12 25 OCTOBER, 2024	<p>ECOLOGICAL ANTHROPOLOGY</p> <ul style="list-style-type: none"> Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations – desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot and cold climate. <p>EPIDEMIOLOGICAL ANTHROPOLOGY</p> <ul style="list-style-type: none"> Health and disease. Infectious and non-Infectious diseases. Nutritional deficiency related diseases. 	

WEEK, TEST TYPE & DATE		DATE & TOPIC
	<u>MENTORSHIP SESSION: 13</u> (POST-TEST)	<u>26 OCTOBER, 2024</u> TOPICAL TEST: 11
WEEK: 06	<u>MENTORSHIP SESSION: 14</u> (POST-TEST)	<u>28 OCTOBER, 2024</u> TOPICAL TEST: 12
	WEEKLY REVISION TEST-2	<u>30 OCTOBER, 2024</u> (Revision of Week 4 & 5)
	SECTIONAL REVISION TEST - 2	<u>02 NOVEMBER, 2024</u> Syllabus (Topical Test 7 to 12)
	<u>MENTORSHIP SESSION: 15</u> (PRE-TEST)	<u>03 NOVEMBER, 2024</u> Topical Test – 13 to 18
WEEK: 07	TOPICAL TEST: 13 04 NOVEMBER, 2024	APPLICATION OF ANTHROPOLOGY <ul style="list-style-type: none"> Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
	TOPICAL TEST: 14 06 NOVEMBER, 2024	GROWTH AND DEVELOPMENT <ul style="list-style-type: none"> Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 07		BIO-EVENTS TO FERTILITY <ul style="list-style-type: none"> ❑ Demographic Theories ❑ Relevance of menarche, menopause and other bio events to fertility. Fertility patterns and differentials. ❑ Demographic theories- biological, social and cultural. ❑ Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
	MENTORSHIP SESSION: 16 <u>(POST-TEST)</u>	07 NOVEMBER, 2024 TOPICAL TEST: 13
	TOPICAL TEST: 15 08 NOVEMBER, 2024	EVOLUTION OF INDIAN CULTURE AND CIVILIZATION <ul style="list-style-type: none"> ❑ Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic) ❑ Protohistoric (Indus Civilization): PreHarappan, Harappan and post Harappan cultures. Contributions of tribal cultures to Indian civilization. ETHNOARCHAEOLOGY <ul style="list-style-type: none"> ❑ The concept of ethno-archaeology; Survivals ❑ and Parallels among the hunting, foraging, ❑ fishing, pastoral & peasant communities Including arts and crafts producing communities.
	MENTORSHIP SESSION: 17 <u>(POST-TEST)</u>	09 NOVEMBER, 2024 TOPICAL TEST: 14
WEEK: 08	TOPICAL TEST: 16 11 NOVEMBER, 2024	DEMOGRAPHIC PROFILE OF INDIA <ul style="list-style-type: none"> ❑ Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 08		INDIAN SOCIAL SYSTEM <ul style="list-style-type: none"> Varnashram, Purushartha, Karma, Rina & Rebirth.
	MENTORSHIP SESSION: 18 (POST-TEST)	12 NOVEMBER, 2024 TOPICAL TEST: 15
	TOPICAL TEST: 17 13 NOVEMBER, 2024	CASTE SYSTEM <ul style="list-style-type: none"> structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum. SACRED COMPLEX AND NMS COMPLEX
	MENTORSHIP SESSION: 19 (POST-TEST)	14 NOVEMBER, 2024 TOPICAL TEST: 16
	TOPICAL TEST: 18 15 NOVEMBER, 2024	IMPACT OF RELIGIONS ON INDIAN SOCIETY <ul style="list-style-type: none"> Impact of - Buddhism, Jainism, Islam and Christianity on Indian society EMERGENCE AND GROWTH OF ANTHROPOLOGY IN INDIA <ul style="list-style-type: none"> Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
	MENTORSHIP SESSION: 20 (POST-TEST)	16 NOVEMBER, 2024 TOPICAL TEST: 17
WEEK: 09	MENTORSHIP SESSION: 21 (POST-TEST)	18 NOVEMBER, 2024 TOPICAL TEST: 18
	WEEKLY REVISION TEST-3	20 NOVEMBER, 2024 (REVISION OF WEEK: 07 & 08)

WEEK, TEST TYPE & DATE		DATE & TOPIC
	SECTIONAL REVISION TEST - 3	<u>22 NOVEMBER, 2024</u> SYLLABUS (TOPICAL TEST 13 TO 18)
	<u>MENTORSHIP SESSION: 22</u> (PRE-TEST)	<u>23 NOVEMBER, 2024</u> TOPICAL TEST: 19 TO 25
WEEK:10	TOPICAL TEST: 19 25 NOVEMBER, 2024	INDIAN VILLAGE <ul style="list-style-type: none"> Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages. LINGUISTIC AND RELIGIOUS MINORITY <ul style="list-style-type: none"> Linguistic and Religious minorities and their Social, Political & Economic status
	TOPICAL TEST: 20 27 NOVEMBER, 2024	INDIGENOUS AND EXOGENOUS PROCESSES <ul style="list-style-type: none"> Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change.
	<u>MENTORSHIP SESSION: 23</u> (POST-TEST)	<u>28 NOVEMBER, 2024</u> TOPICAL TEST: 19
	TOPICAL TEST: 21 29 NOVEMBER, 2024	TRIBAL SITUATION IN INDIA <ul style="list-style-type: none"> Bio-genetic variability, Linguistic & Socio-economic characteristics of tribal populations & their distribution. PROBLEMS OF TRIBAL COMMUNITIES <ul style="list-style-type: none"> Land alienation, Poverty, Indebtedness, Low

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 10		<ul style="list-style-type: none"> literacy, Poor educational facilities, Unemployment, Underemployment, Health and nutrition
	MENTORSHIP SESSION: 24 (POST-TEST)	30 NOVEMBER, 2024 TOPICAL TEST: 20
WEEK: 11	TOPICAL TEST: 22 02 DECEMBER, 2024	DEVELOPMENTAL PROJECTS AND THEIR IMPACT <ul style="list-style-type: none"> Development of forest policy and Tribals. Impact of Urbanization and Industrialization on tribal populations. PROBLEMS OF EXPLOITATION AND DEPRIVATION OF SCs, STs & OBCs <ul style="list-style-type: none"> Constitutional safeguards for S.C's and S.T's
	MENTORSHIP SESSION: 25 (POST-TEST)	03 DECEMBER, 2024 TOPICAL TEST: 21
	TOPICAL TEST: 23 04 DECEMBER, 2024	SOCIAL CHANGE AND CONTEMPORARY TRIBAL SOCIETIES <ul style="list-style-type: none"> Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections. CONCEPT OF ETHNICITY <ul style="list-style-type: none"> Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India.
MENTORSHIP SESSION: 26 (POST-TEST)	05 DECEMBER, 2024 TOPICAL TEST: 22	

WEEK, TEST TYPE & DATE		DATE & TOPIC
WEEK: 11	TOPICAL TEST: 24 06 DECEMBER, 2024	IMPACT OF RELIGION ON TRIBAL SOCIETIES <ul style="list-style-type: none"> Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies TRIBE AND NATION STATE <ul style="list-style-type: none"> A comparative study of tribal communities in India and other countries.
	MENTORSHIP SESSION: 27 (POST-TEST)	07 DECEMBER, 2024 TOPICAL TEST: 23
	MENTORSHIP SESSION: 28 (PRE-TEST)	08 DECEMBER, 2024 TOPICAL TEST: 25 & 26
WEEK: 12	TOPICAL TEST: 25 09 DECEMBER, 2024	HISTORY OF ADMINISTRATION OF TRIBAL AREAS <ul style="list-style-type: none"> Tribal policies, plans, Programmes of tribal development and their implementation. The concept of Primitive Tribal Groups, their distribution, special programmes for their development. Role of N.G.O.s in tribal development.
	MENTORSHIP SESSION: 29 (POST-TEST)	10 DECEMBER, 2024 TOPICAL TEST: 24
	TOPICAL TEST: 26 11 DECEMBER, 2024	<ul style="list-style-type: none"> Role of Anthropology in tribal and rural development Regionalism, communalism, ethnic and political movement <ul style="list-style-type: none"> Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements.
	MENTORSHIP SESSION: 30 (POST-TEST)	12 DECEMBER, 2024 TOPICAL TEST: 24
MENTORSHIP SESSION: 31 (POST-TEST)	14 DECEMBER, 2024 TOPICAL TEST: 24	