



ANSWER WRITING MENTORSHIP PROGRAMME

ANTHROPOLOGY

COMPLETE SYLLABUS through
CONCEPT CLASSES, ANSWER WRITING
& MENTORSHIP



SEPTEMBER, 2024





- Approach & Trend Analysis Sessions for Paper I & II
- 3 Level of Tests for Gradual Improvement
 - o 18 Topical Tests (10 Questions)
 - 02 Sectional Tests (20 questions)
 - 04 Full Mock Tests(As per UPSC standard)
- 9⁺ Hrs (18 Sessions) of PYQs Discussion
- **■** 36⁺ Hrs of Topical Test Discussion and Post-Test Mentorship Sessions for Marks Improvement



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Mentor: **SACHIN TIWARI**



PROGRAMME FEATURES

- 01
- **APPROACH & TREND ANALYSIS SESSIONS**

It will focus on orienting the students with Paper 1 & 2 and the methodology required as per the demands of the UPSC.

- 02
- **CONCEPT BUILDING & ANSWER WRITING APPROACH**

65+ Hrs Emphasis on Conceptual building, clarity and Answer Writing Approach for Paper 1 & 2.

- 03
- COMPLETE ANTHROPOLOGY SYLLABUS COVERAGE

Through 24+ Tests & 250+ Questions, entire Anthropology Syllabus will be covered.

04

PERSONALISED MENTORSHIP

The Post-Test Mentorship Session will be conducted after each Topical Test for conceptual clarity, marks improvement and personalized feedback.

05

PYQs DISCUSSION

Topic-wise PYQ Discussions to under the trend of a particular topic.

- 06
- ANSWER WRITING PRACTICE SKILLING

Designed to enhance the skill of articulating answer in sync with the conceptual requirement of the question.

07

GRADUAL ASSESSMENT & IMPROVEMENT

For gradual improvement and revision, the programme is divided into Topical Tests, Sectional Tests and Full Mock Tests.



SESSION PLAN

SESSIONS/DATE	TOPICS & SUB-TOPICS	
APPROACH CLASS: 01	Approach to Anthropology Optional (Daner 1)	
16 SEPTEMBER, 2024	Approach to Anthropology Optional (Paper 1)	
APPROACH CLASS: 02	Annua ala ta Anthuanala mu Ontional (Danau O)	
17 SEPTEMBER, 2024	Approach to Anthropology Optional (Paper 2)	
TREND ANALYSIS	Anthuran alama Ontional (Damar 1 0 0)	
18 SEPTEMBER, 2024	Anthropology Optional (Paper 1 & 2)	
P	APER 1: SECTION-A	
(Soc	io Cultural Anthropology)	
	2.1 The Nature of Culture	
CONCEPT CLASS: 01	The concept and characteristics of culture	
23 SEPTEMBER, 2024	and civilization • Ethnocentrism vis-àvis cultural Relativism	
	2.2 The Nature of Society	
	 Concept of Society 	
CONCEPT CLASS: 02	Society and culture	
24 SEPTEMBER, 2024	Social Institution	
	Social groups	
	 Social stratification 	
PYQ	Previous Year Questions (PYQs)-1	
27 SEPTEMBER, 2024	rievious real Questions (Prys)-1	
TOPICAL TEST	Tonical Took 4	
29 SEPTEMBER, 2024	Topical Test - 1	



SESSIONS/DATE	TOPICS & SUB-TOPICS	
	2.3 Marriage	
	Definition and universality;	
CONCEPT CLASS: 03	 Laws of marriage (endogamy, exogan hypergamy, hypogamy, incest taboo); 	ту ,
30 SEPTEMBER, 2024	 Types of marriage (monogamy, polygate polyandry, group marriage) Functions marriage; 	-
	 Marriage regulations (preferential, prescriptive and proscriptive); 	
	Marriage payments (bride wealth and	dowry)
	2.4 Family	
	Definition and universality;	
	 Family, household and domestic grou 	ps;
CONCEPT CLASS: 04	functions of family;	
01 OCTOBER, 2024	 Types of family (from the perspective structure, blood relation, marriage, res and succession)Impact of urbanization industrialization and feminist movement family. 	sidence on,
PYQ	Dravious Veer Questions (DVQs) 2	
04 OCTOBER, 2024	Previous Year Questions (PYQs)-2	
POST TEST MENTORSHIOP	Montorohin Coosion: 01	
05 OCTOBER, 2024	Mentorship Session: 01	
TOPICAL TEST	Topical Test - 2	
06 OCTOBER, 2024	Topical Test - 2	
	2.5 Kinship	
	Consanguinity and Affinity;	
CONCEPT CLASS: 05	 Principles and types of descent (Uniling Double Bilatoral Ambilingal): 	neal,
07 OCTOBER, 2024	Double, Bilateral, Ambilineal); • Forms of descent groups (lineage, cla	ın.
	phratry, moiety and kindred)Kinship terminology (descriptive and classific	

SESSIONS/DATE	TOPICS & SUB-TOPICS
	Descent, Filiation and Complimentary Filiation;
	Descent and Alliance.
	3. Economic Organization
	 Meaning, scope and relevance of economic anthropology;
CONCEPT CLASS: 06	 Formalist and Substantivist debate; Principles governing production, distribution
08 OCTOBER, 2024	and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; o globalization and indigenous economic systems.
PYQ	Dravious Veer Questions (DVQs) 2
11 OCTOBER, 2024	Previous Year Questions (PYQs)-3
POST TEST MENTORSHIOP	Mantarahin Cassian: 02
12 OCTOBER, 2024	Mentorship Session: 02
TOPICAL TEST	Tanical Test 2
13 OCTOBER, 2024	Topical Test - 3
	4. Political organization and Social Control
CONCEPT CLASS: 07	Band, tribe, chiefdom, kingdom and state;
14 OCTOBER, 2024	 concepts of power, authority and legitimacy;social control, law and justice in simple societies.
	5. Religion
CONCEPT CLASS: 08	 Anthropological approaches to the study of religion (evolutionary, psychological and functional);
15 OCTOBER, 2024	 monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism);



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 Religion, magic and science distinguished; Magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch)
PYQ	Dravious Veer Overtions (DVOs) 4
18 OCTOBER, 2024	Previous Year Questions (PYQs)-4
POST TEST MENTORSHIOP	Montovohin Consign: 02
19 OCTOBER, 2024	Mentorship Session: 03
TOPICAL TEST	Tonical Toot /
20 OCTOBER, 2024	Topical Test - 4
CONCEPT CLASS: 09 21 OCTOBER, 2024 CONCEPT CLASS: 10 22 OCTOBER, 2024	 6. Anthropological Theories Classical evolutionism (Tylor, Morgan and Frazer) Historical particularism (Boas); Diffusionism (British, German and American) Neo - evolutionism (Childe, White, Steward, Sahlins and Service) 6. Anthropological Theories Functionalism (Malinowski); Structural-functionlism (Radcliffe-Brown) Structuralism (L'evi - Strauss and E.Leach) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora -du Bois)
CONCEPT CLASS: 11 23 OCTOBER, 2024	 6. Anthropological Theories Cultural materialism (Harris) Symbolic and interpretive theories (Turner, Schneider and Geertz) Cognitive theories (Tyler, Conklin)
	Post- modernism in anthropology
PYQ	Previous Year Questions (PYQs)-5
25 OCTOBER, 2024	Trevious real Questions (Frqs) o



SESSIONS/DATE	TOPICS & SUB-TOPICS
POST TEST MENTORSHIOP 26 OCTOBER, 2024	Mentorship Session: 04
TOPICAL TEST 27 OCTOBER, 2024	Topical Test - 5
CONCEPT CLASS: 12 28 OCTOBER, 2024	 7. Culture, language and communication Nature, origin and characteristics of language; verbal and nonverbal communication; social context of language use.
CONCEPT CLASS: 13 29 OCTOBER, 2024	 8. Research Methods in Anthropology Fieldwork tradition in Anthropology Distinction between technique, method and methodology Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. Analysis, interpretation and presentation of data.
PYQ 01 NOVEMBER, 2024	Previous Year Questions (PYQs)-6
POST TEST MENTORSHIOP 02 NOVEMBER, 2024	Mentorship Session: 05
TOPICAL TEST 03 NOVEMBER, 2024	Topical Test - 6
PAPER 1: SECT	ION-B (PHYSICAL ANTHROPOLOGY)
CONCEPT CLASS: 14 04 NOVEMBER, 2024	1.4 Human Evolution and emergence of Man(a) Biological and Cultural factors in human evolution.



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
	1.5 Primates
	 Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate
CONCEPT CLASS: 15 05 NOVEMBER, 2024	 Adaptations; (Arboreal & Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary & Quaternary fossil primates;
03 NOVLINDER, 2024	Living Major Primates;
	Comparative Anatomy of Man and Apes;
	 Skeletal changes due to erect posture and its implications.
	1.6 Phylogenetic status, characteristics and geographical distribution of the following:
	(d) Plio-pleistocene hominids in South and East Africa - Australopithecines.
CONCEPT CLASS: 16 06 NOVEMBER, 2024	(e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).
	(f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type).
	(g) Rhodesian man.
	(h) Homo sapiens — Cromagnon, Grimaldi and Chancelede.
PYQ	Dravious Voor Questiers (DVOs) 7
08 NOVEMBER, 2024	Previous Year Questions (PYQs)-7



SESSIONS/DATE	TOPICS & SUB-TOPICS
POST TEST MENTORSHIOP	Menterohin Seccion: 06
09 NOVEMBER, 2024	Mentorship Session: 06
TOPICAL TEST	Tanical Test 7
10 NOVEMBER, 2024	Topical Test - 7
	9.1 Human Genetics
	 Methods and Application: Methods for study of genetic principles in man-family
00110507 01 400, 47	study of genetic principles in man-ranily study (pedigree analysis, twin study, foster
CONCEPT CLASS: 17	child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis),
11 NOVEMBER, 2024	biochemical methods, immunological
	methods,
	 D.N.A. technology and recombinant technologies.
	9.2 Mendelian Genetics
CONCEPT CLASS: 18	Mendelian genetics in man-family study,
12 NOVEMBER, 2024	single factor, multifactor, lethal, sublethal and polygenic inheritance in man.
	9.3 Genetic Polymorphism
	 Concept of genetic polymorphism and
	selection, Mendelian population, Hardy
CONCEPT CLASS: 19	Weinberg law; Accuracy and changes which bring down
13 NOVEMBER, 2024	 causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift.
	Consanguineous and non-consanguineous
	mating, genetic load, genetic effect of consanguineous and cousin marriages.
PYQ	
15 NOVEMBER, 2024	Previous Year Questions (PYQs)-8
POST TEST MENTORSHIOP	Mantanakin Osasi wa 07
16 NOVEMBER, 2024	Mentorship Session: 07



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST	Tonical Took O
17 NOVEMBER, 2024	Topical Test - 8
CONCEPT CLASS: 20 18 NOVEMBER, 2024	 9.4 Chromosomes and Chromosomal Aberrations (i) Numerical and structural aberrations (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
CONCEPT CLASS: 21 19 NOVEMBER, 2024	 9.5 Race and Racism Race and racism, biological basis of morphological variation of non-metric and metric characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.
CONCEPT CLASS: 22 20 NOVEMBER, 2024	 9.6 Genetic Markers Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
PYQ 22 NOVEMBER, 2024	Previous Year Questions (PYQs)-9
POST TEST MENTORSHIOP 23 NOVEMBER, 2024	Mentorship Session: 08



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST 24 NOVEMBER, 2024	Topical Test - 9
CONCEPT CLASS: 23 25 NOVEMBER, 2024	 9.7 Ecological Anthropology Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations – desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
CONCEPT CLASS: 24 26 NOVEMBER, 2024	 9.8 Epidemiological Anthropology Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases.
CONCEPT CLASS: 25 27 NOVEMBER, 2024	 Applications of Anthropology Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
PYQ 29 NOVEMBER, 2024 POST TEST MENTORSHIOP	Previous Year Questions (PYQs)-10
30 NOVEMBER, 2024 TOPICAL TEST 01 DECEMBER, 2024	Mentorship Session: 09 Topical Test - 10



SESSIONS/DATE	TOPICS & SUB-TOPICS
CONCEPT CLASS: 26 02 DECEMBER, 2024	 10. Human Growth and development Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence. Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.
CONCEPT CLASS: 27 03 DECEMBER, 2024	 11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
PYQ 06 DECEMBER, 2024	Previous Year Questions (PYQs)-11
POST TEST MENTORSHIOP 07 DECEMBER, 2024	Mentorship Session: 10
TOPICAL TEST 08 DECEMBER, 2024	Topical Test - 11
POST TEST MENTORSHIOP 14 DECEMBER, 2024	Mentorship Session: 11
SECTIONAL TEST 15 DECEMBER, 2024	Sectional Test: 01 - Paper: 01



SESSIONS/DATE	TOPICS & SUB-TOPICS
PAPER 2: SEC	TION-A (INDIAN ANTHROPOLOGY)
CONCEPT CLASS: 28 16 DECEMBER, 2024	 1.1 Evolution of the Indian Culture and Civilization Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic).
	1.3 Ethno-archaeology in India
CONCEPT CLASS: 29	 The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging,
17 DECEMBER, 2024	fishing, pastoral & peasant communities Including arts and crafts producing communities.
PYQ	Previous Year Questions (PYQs)-12
20 NOVEMBER, 2024	Trevious real questions (1 1 qs) 12
TOPICAL TEST	Topical Test - 12
22 DECEMBER, 2024	10p.3di 100t 12
CONCEPT CLASS: 30 23 DECEMBER, 2024	 Demographic profile of India Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
	3.1 The structure and nature of traditional
CONCEPT CLASS: 31	Indian Social System
24 DECEMBER, 2024	Varnashram, Purushartha, Karma, Rina & Rebirth.



SESSIONS/DATE	TOPICS & SUB-TOPICS
CONCEPT CLASS: 32 26 DECEMBER, 2024	 3.2 Caste system in India structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.
PYQ 27 DECEMBER, 2024	Previous Year Questions (PYQs)-13
POST TEST MENTORSHIOP 28 DECEMBER, 2024	Mentorship Session: 12
TOPICAL TEST 29 DECEMBER, 2024	Topical Test - 13
CONCEPT CLASS: 33 30 DECEMBER, 2024	 3.3 Sacred Complex & Nature- Man- Spirit Complex 3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society Sacred Complex & Nature- Man- Spirit Complex Impact of - Buddhism, Jainism, Islam and Christianity on Indian society
CONCEPT CLASS: 34 31 DECEMBER, 2024	 4. Emergence and growth of anthropology in India Contributions of the 18th, 19th and early 20th Century scholar-administrators. Contributions of Indian anthropologists to tribal and caste studies.
PYQ 03 JANUARY, 2025	Previous Year Questions (PYQs)-14
POST TEST MENTORSHIOP 04 JANUARY, 2025	Mentorship Session: 13



SESSIONS/DATE	TOPICS & SUB-TOPICS
TOPICAL TEST 05 JANUARY, 2025	Topical Test - 14
CONCEPT CLASS: 35 06 JANUARY, 2025	 5.1 Indian Village Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations; Agrarian relations in Indian villages; Impact of globalization on Indian villages.
CONCEPT CLASS: 36 07 JANUARY, 2025	 5.2 Linguistic and Religious minorities and their Social, Political & Economic status 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society Linguistic and Religious minorities and their Social, Political & Economic status Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change.
PYQ 10 JANUARY, 2025	Previous Year Questions (PYQs)-15
POST TEST MENTORSHIOP 11 JANUARY, 2025	Mentorship Session: 14
TOPICAL TEST 12 JANUARY, 2025	Topical Test - 15
PAPER 2: SECTION-B (TRIBAL INDIA)	
CONCEPT CLASS: 37 13 JANUARY, 2025	 6.1 Tribal situation in India Bio-genetic variability, Linguistic & Socio-economic characteristics of tribal populations & their distribution.



SESSIONS/DATE	TOPICS & SUB-TOPICS
	6.2 Problems of the tribal Communities
CONCEPT CLASS: 38	Land alienation, Poverty, Indebtedness, Low literacy, Door advectional facilities.
14 JANUARY, 2025	literacy, Poor educational facilities, Unemployment, Underemployment, Health
	and nutrition
	6.3 Developmental projects and their
	impact on tribal Displacement and
CONCEPT CLASS: 39	problems of Rehabilitation
15 JANUARY, 2025	Development of forest policy and Tribals.
	 Impact of Urbanization and Industrialization on tribal populations.
PYQ	on tribal populations.
17 JANUARY, 2025	Previous Year Questions (PYQs)-16
POST TEST MENTORSHIOP	
18 JANUARY, 2025	Mentorship Session: 15
TOPICAL TEST	
19 JANUARY, 2025	Topical Test - 16
17 5ANOAN1, 2023	7.1 Problems of Exploitation and
	Deprivation of S.C's, S.T's and O.B.C's:
	Constitutional safeguards for S.C's and
	S.T's.
CONCEPT CLASS: 40	7.2 Social Change and Contemporary Tribal
20 JANUARY, 2025	societies
	Constitutional safeguards for S.C's and S.T's.
	Impact of modern democratic institutions;
	 Development programmes and welfare measures on Tribals and weaker sections.
CONCEPT CLASS: 41	7.3 The Concept of Ethnicity • Ethnic conflicts and political developments:
21 JANUARY, 2025	Ethnic conflicts and political developments;Unrest among tribal communities;
	ornest among tribal communities,



SESSIONS/DATE	TOPICS & SUB-TOPICS
	 Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India.
CONCEPT CLASS: 42 22 JANUARY, 2025	 8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies Impact of Hinduism, Buddhism, Christianity,
PYQ 23 JANUARY, 2025	Previous Year Questions (PYQs)-17
POST TEST MENTORSHIOP 24 JANUARY, 2025	Mentorship Session: 16
TOPICAL TEST 25 JANUARY, 2025	Topical Test - 17
CONCEPT CLASS: 43 27 JANUARY, 2025	 8.2 Tribe & Nation state 9.1 History of administration of tribal areas 9.2 Role of Anthropology in Tribal and Rural Development Tribe & Nation state-comparative study of tribal communities in India & other countries Tribal policies, plans, Programmes of tribal development and their implementation. The concept of Primitive Tribal Groups, their distribution, special programmes for their development. Role of N.G.O.s in tribal development.
CONCEPT CLASS: 44 28 JANUARY, 2025	9.3 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements.

18 IAS 2025



SESSIONS/DATE	TOPICS & SUB-TOPICS	
	 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & 	
	Ethnic and Political Movements.	
PYQ	Previous Year Questions (PYQs)-18	
31 JANUARY, 2025		
POST TEST MENTORSHIOP	Mentorship Session: 17	
01 FEBRAURY, 2025		
TOPICAL TEST	Topical Test - 18	
02 FEBRAURY, 2025		
POST TEST MENTORSHIOP	Mentorship Session: 18	
08 FEBRAURY, 2025	Mentorship Session. 10	
SECTIONAL TEST	Sectional Test: 02 - Paper: 02	
09 FEBRAURY, 2025		
AFTER PRELIMS		
Mock - 1	PAPER - 1 (COMPLETE SYLLABUS)	
Mock - 2	PAPER - 2 (COMPLETE SYLLABUS)	
Mock - 3	PAPER - 1 (COMPLETE SYLLABUS)	
Mock - 4	PAPER - 2 (COMPLETE SYLLABUS)	







TOP 100 ALL INDIA RANKING CSE 2023



