

BEGINNERS MENTORSHIP PROGRAMME

AADHAAR

NCERT FOUNDATION

Build strong Foundation for your IAS Preparation

COURSE to
COVER & MAP
the CONCEPTS of OLD & NEW NCERT
BOOKS in SYNC with UPSC SYLLABUS

in 150 HRS.



Concept Building Classes to develop Perspective & Approach



Crisp & Concise Notes for Quick Revision



Special Focus on Linking Current Affairs with Concepts



Answer Writing Skill Development



Understanding Themes & Trends through PYQs



97 NCERT based Prelims Tests Topic-wise







Mentorship for Personalised Guidance



COURSE OUTCOME

Concept Revision through Notes

The crisp and concise summary of the NCERTs will help you revise concepts quickly.

Practice based Mentorship Sessions

Every Saturday there will be Practice based Mentorship Sessions for guidance & improvement

Concept-Current Fusion

In-depth coverage of Current Issues will help you link them with concepts.

Know the art of Answer Writing

The skill of Answer Writing will be developed through Worksheets & Practice Tests.

Significance of PYQs

It will give an idea about the trend, widely covered topics, and questions that can be framed in the future.

Assessment

The topic-wise Prelims Tests will guide you towards Conceptual Clarity and Recalling Ability.



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SESSION PLAN

SESSION:S	TOPIC	DETAIL	
	POLITY		
SESSION: 1	Polity	■ Topic Detailing and PYQ	
SESSION: 2	Introduction to Constitution	■ Constitution: Why and How?	
SESSION: 3	Introduction to Constitution	 Philosophy of Indian Constitution, Constitution As a Living Document, Rights in The Indian Constitution 	
SESSION: 4	Political Theory	■ Equality & Freedom	
SESSION: 5	Political Theory	■ Citizenship & Nationalism	
	PRACTICE BASED MENTORSHIP SESSION: 01		
SPECI	AL SESSION	 Optimum utilization of NCERTs with lectures 	
SESSION: 6	Political Dynamics and Executives	■ Election, Executive	
SESSION: 7	Union & State Legislature and Judiciary	■ Legislature , Judiciary	
SESSION: 8	Centre-State Relations	■ Federalism, Local Government	
SESSION: 9	Polity	■ How to Integrate Current affairs in Polity	
SESSION: 10	Polity	Answer Writing	
PRACTICE BASED MENTORSHIP SESSION: 02			
HISTORY			
SESSION: 1	Ancient History	 Introduction to History and Syllabus explanation (Topic Detailing + PYQs) 	



SESSION:S	TOPIC	DETAIL	
		 Stone Age: Palaeolithic, Mesolithic, Neolithic and Chalcolithic 	
SESSION: 2	Ancient History	 Indus Valley Civilization Vedic Age 6th Century BC and age of Mahajanapada 	
SESSION: 3	Ancient History	 Buddhism and Jainism Mauryan and Post Mauryan Gupta and Post Gupta Age of Harsha, Pallavas, Chalukyas, Rashtrakutas 	
SESSION: 4	Medieval History	 Early Medieval India Themes in Indian Culture- Art forms, Architecture and Religious Movements 	
SESSION: 5	Medieval History	Delhi SultanateMughal Empire	
	PRACTICE BASED MENTORSHIP SESSION: 03		
SPECI	AL SESSION	How to decode trends through PYQs?	
SESSION: 6	Medieval History	Vijayanagara EmpireRise and fall of Marathas	
SESSION: 7	Art & Culture	 Themes in Indian Culture: Art forms, Architecture, Language and Literature 	
SESSION: 8	Modern History	 Arrival of Europeans Arrival of British and 18th Century India British Conquest of India-wars and Treaties, Policies and acts 	
SESSION: 9	Modern History	 Early resistance against British Rule Revolt of 1857 Social and Religious Reform Movements Policies of British-acts, Education and Press 	
SESSION: 10	Modern History	Struggle for Swaraj-ISwadeshi Movements	





SESSION:S	TOPIC	DETAIL	
		Rise of Extremists and Revolutionaries	
		■ Gandhian Movements	
SESSION: 11	History	 How to Integrate Current affairs in History 	
SESSION: 12	History	Answer Writing	
PRACTICE BASED MENTORSHIP SESSION: 04			
GEOGRAPHY			
SESSION: 1	Geography	■ Topic Detailing + PYQs	
SESSION: 2	Earth and the Universe	Globe Latitudes and Longitudes& Motions of the Earth	
		■ Earth's crust & interior	
SESSION: 3 Interior of the Earth	 Geophysical Phenomena: Volcanism & Earthquakes 		
SESSION: 4	Composition I: 4 and Structure of	Atmosphere of Earth	
31331011. 4	Atmosphere	Atmospheric Phenomena and Vegetation	
SESSION: 5	Oceanography	■ Water (Oceans)	
	PRACTICE BASED	MENTORSHIP SESSION: 05	
SPECIAL SESSION		■ How to Read Newspapers?	
SESSION: 6	Physical Geography	■ Physiography of India	
SESSION: 7	of India	■ Drainage	
SESSION: 8	Biogeography	■ Forest and Wildlife Resources	
SESSION: 9	Human Development and Indian Geography	 India- People and Development &Human Development 	
SESSION: 10	Geography	■ Geography Mapping	
SESSION: 11	Geography	 How to Integrate Current affairs in Geography 	
SESSION: 12	Geography	Answer Writing	
PRACTICE BASED MENTORSHIP SESSION: 06			

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SESSION:S	TOPIC	DETAIL	
	ECONOMY		
SESSION: 1	Economy	■ Topic Detailing + PYQ	
SESSION: 2	Economy	Basics of Economy	
SESSION: 3	Economy	■ Economic Growth & National Income-1	
SESSION: 4	Economy	■ Economic Growth & National Income-2	
SESSION: 5	Economy	 Money and Banking 	
	PRACTICE BASED I	MENTORSHIP SESSION: 07	
SPECI	AL SESSION	 Microdetailing of the Syllabus using NCERTs 	
SESSION: 6	Economy	■ India on the eve of Independence	
SESSION: 7	Economy	■ Planning, Industrial revolution in India	
SESSION: 8	Economy	Public Finance in India (Budget and fiscal policy)	
SESSION: 9	Economy	■ Taxation in India	
SESSION: 10	Economy	■ Poverty and Employment	
SESSION: 11	Economy	 International Trade; Balance of payment; International Organisations 	
SESSION: 12	Economy	 How to Integrate Current affairs in Economy 	
SESSION: 13	Economy	Answer Writing	
	PRACTICE BASED I	MENTORSHIP SESSION: 08	
ENVIRONMENT & ECOLOGY			
SESSION: 1	Environment	■ Topics Detailing+ PYQ	
SESSION: 2	Environment	 Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling 	
SESSION: 3	Environment	 Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem 	



GSSCORE

SES	SION:S	TOPIC	DETAIL	
SES	SION: 4	Biodiversity	 Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands 	
SES	SION: 5	Pollution & Resource Degradation	 Land, Forest, Water, Soil and Energy Resources 	
		PRACTICE BASED N	MENTORSHIP SESSION: 09	
	SPECI	AL SESSION	 Interlinking of topics for better outcome 	
SES	SION: 6	Pollution & Resource Degradation	 Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution 	
SES	SION: 7	Climate Change & Environmental Governance	 Climate Change and Global Warming + Act and Policies + International Governance + Environmental Impact Assessment + Environmental Institutions 	
SES	SION: 8	Environment	How to Integrate Current affairs in Polity	
SES	SION: 9	Environment	■ Answer Writing	
		PRACTICE BASED N	MENTORSHIP SESSION: 10	
	SCIENCE & TECHNOLOGY			
SES	SION: 1	Science	■ Topic Detailing + PYQ	
SES	SION: 2	Physics	Introduction to Science and Tech. And Physics: Motion	
SES	SION: 3	Physics	▶ Force, Pressure, Light, Sound	
SES	SION: 4	Physics	■ Electricity, Work, Energy	
	PRACTICE BASED MENTORSHIP SESSION: 11			
SES	SION: 5	Chemistry	 Acid, Bases & Salts; Metals and Non-Metals; Matter, Atoms & Molecules 	
	SION: 6	Biology	Biological Classification; Microorganisms; Cell	



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SESSION:S	TOPIC	DETAIL
SESSION: 7	Biology	 Heredity; Evolution; Natural Resources; Biotechnology
SESSION: 8	Science	How to Integrate Current affairs in Science
SESSION: 9	Science	Answer Writing
	PRACTICE BASED I	MENTORSHIP SESSION: 12
	INDIA	N SOCIETY
SESSION: 1	Society	■ Topic Detailing+ PYQ
SESSION: 2	Society	 Understanding Social Institutions Social Institutions Continuity and Change Social Structure Stratification Social Processes in Society
SESSION: 3	Society	 Introducing Indian Society Culture and Socialization The Challenges of Cultural Diversity Cultural Change
SESSION: 4	Society	 Structural Change Change and Development in Rural Society Change & Development in Industrial Society Social Change and Social Order in Rural and Urban Society
	PRACTICE BASED I	MENTORSHIP SESSION: 13
SESSION: 5	Society	 Globalisation and Social Change Market as a Social Institution Environment and Society
SESSION: 6	Society	■ The Demographic Structure of the Indian Society
SESSION: 7	Society	 Patterns of Social Inequality & Exclusion Social Movements
SESSION: 8	Society	How to Integrate Current affairs in Society
SESSION: 9	Society	Answer Writing
PRACTICE BASED MENTORSHIP SESSION: 14		



