



AADHAAR NCERT FOUNDATION

A Programme
to **build strong
Foundation**
for your
IAS Preparation

COURSE *to COVER & MAP the CONCEPTS*
of OLD & NEW NCERT BOOKS in SYNC
with UPSC SYLLABUS in 150 HRS.



Concept Building
Classes to develop
Perspective & Approach



Crisp & Concise
Notes for
Quick Revision



Special Focus on
Linking Current Affairs
with Concepts



Answer Writing Skill
Development



Understanding
Themes & Trends
through PYQs



97 NCERT based
Prelims Tests
Topic-wise



Mentorship for
Personalised Guidance

COURSE OUTCOME

Building a Strong Foundation

The concept classes will build your foundation for every subject to give you a headstart.

01**02**

Concept Revision through Notes

The crisp and concise summary of the NCERTs will help you revise concepts quickly.

Concept-Current Fusion

In-depth coverage of Current Issues will help you link them with concepts.

03**04**

Know the art of Answer Writing

The skill of Answer Writing will be developed through Worksheets & Practice Tests.

Significance of PYQs

It will give an idea about the trend, widely covered topics, and questions that can be framed in the future.

05**06**

Assessment

The topic-wise Prelims Tests will guide you towards Conceptual Clarity and Recalling Ability.



SESSION PLAN

SESSION:S	TOPIC	DETAIL
POLITY		
SESSION: 1	Polity	▣ Topic Detailing and PYQ
SESSION: 2	Introduction to Constitution	▣ Constitution: Why and How?
SESSION: 3	Introduction to Constitution	▣ Philosophy of Indian Constitution, ▣ Constitution As a Living Document, ▣ Rights in The Indian Constitution
SESSION: 4	Political Theory	▣ Equality & Freedom
SESSION: 5	Political Theory	▣ Citizenship & Nationalism
SPECIAL SESSION		▣ Optimum utilization of NCERTs with lectures
SESSION: 6	Political Dynamics and Executives	▣ Election, Executive
SESSION: 7	Union & State Legislature and Judiciary	▣ Legislature , Judiciary
SESSION: 8	Centre-State Relations	▣ Federalism, Local Government
SESSION: 9	Polity	▣ How to Integrate Current affairs in Polity
SESSION: 10	Polity	▣ Answer Writing
HISTORY		
SESSION: 1	Ancient History	▣ Introduction to History and Syllabus explanation (Topic Detailing + PYQs) ▣ Stone Age: Palaeolithic, Mesolithic, Neolithic and Chalcolithic

SESSION:S	TOPIC	DETAIL
SESSION: 2	Ancient History	<ul style="list-style-type: none"> ▣ Indus Valley Civilization ▣ Vedic Age ▣ 6th Century BC and age of Mahajanapada
SESSION: 3	Ancient History	<ul style="list-style-type: none"> ▣ Buddhism and Jainism ▣ Mauryan and Post Mauryan ▣ Gupta and Post Gupta ▣ Age of Harsha, Pallavas, Chalukyas, ▣ Rashtrakutas
SESSION: 4	Medieval History	<ul style="list-style-type: none"> ▣ Early Medieval India ▣ Themes in Indian Culture- Art forms, ▣ Architecture and Religious Movements
SESSION: 5	Medieval History	<ul style="list-style-type: none"> ▣ Delhi Sultanate ▣ Mughal Empire
SPECIAL SESSION		<ul style="list-style-type: none"> ▣ How to decode trends through PYQs?
SESSION: 6	Medieval History	<ul style="list-style-type: none"> ▣ Vijayanagara Empire ▣ Rise and fall of Marathas
SESSION: 7	Art & Culture	<ul style="list-style-type: none"> ▣ Themes in Indian Culture: Art forms, ▣ Architecture, Language and Literature
SESSION: 8	Modern History	<ul style="list-style-type: none"> ▣ Arrival of Europeans ▣ Arrival of British and 18th Century India ▣ British Conquest of India-wars and Treaties, Policies and acts
SESSION: 9	Modern History	<ul style="list-style-type: none"> ▣ Early resistance against British Rule ▣ Revolt of 1857 ▣ Social and Religious Reform Movements ▣ Policies of British-acts, Education and Press
SESSION: 10	Modern History	<ul style="list-style-type: none"> ▣ Struggle for Swaraj-I ▣ Swadeshi Movements ▣ Rise of Extremists and Revolutionaries ▣ Gandhian Movements

SESSION:S	TOPIC	DETAIL
SESSION: 11	History	▣ How to Integrate Current affairs in History
SESSION: 12	History	▣ Answer Writing
GEOGRAPHY		
SESSION: 1	Geography	▣ Topic Detailing + PYQs
SESSION: 2	Earth and the Universe	▣ Globe Latitudes and Longitudes & Motions of the Earth
SESSION: 3	Interior of the Earth	▣ Earth's crust & interior ▣ Geophysical Phenomena: Volcanism & Earthquakes
SESSION: 4	Composition and Structure of Atmosphere	▣ Atmosphere of Earth ▣ Atmospheric Phenomena and Vegetation
SESSION: 5	Oceanography	▣ Water (Oceans)
SPECIAL SESSION		▣ How to Read Newspapers?
SESSION: 6	Physical Geography of India	▣ Physiography of India
SESSION: 7		▣ Drainage
SESSION: 8	Biogeography	▣ Forest and Wildlife Resources
SESSION: 9	Human Development and Indian Geography	▣ India- People and Development & Human Development
SESSION: 10	Geography	▣ Geography Mapping
SESSION: 11	Geography	▣ How to Integrate Current affairs in Geography
SESSION: 12	Geography	▣ Answer Writing
ECONOMY		
SESSION: 1	Economy	▣ Topic Detailing + PYQ
SESSION: 2	Economy	▣ Basics of Economy
SESSION: 3	Economy	▣ Economic Growth & National Income-1
SESSION: 4	Economy	▣ Economic Growth & National Income-2

SESSION:S	TOPIC	DETAIL
SESSION: 5	Economy	▣ Money and Banking
SPECIAL SESSION		▣ Microdetailing of the Syllabus using NCERTs
SESSION: 6	Economy	▣ India on the eve of Independence
SESSION: 7	Economy	▣ Planning, Industrial revolution in India
SESSION: 8	Economy	▣ Public Finance in India (Budget and fiscal policy)
SESSION: 9	Economy	▣ Taxation in India
SESSION: 10	Economy	▣ Poverty and Employment
SESSION: 11	Economy	▣ International Trade; Balance of payment; International Organisations
SESSION: 12	Economy	▣ How to Integrate Current affairs in Economy
SESSION: 13	Economy	▣ Answer Writing
ENVIRONMENT & ECOLOGY		
SESSION: 1	Environment	▣ Topics Detailing+ PYQ
SESSION: 2	Environment	▣ Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling
SESSION: 3	Environment	▣ Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem
SESSION: 4	Biodiversity	▣ Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands
SESSION: 5	Pollution & Resource Degradation	▣ Land, Forest, Water, Soil and Energy Resources
SPECIAL SESSION		▣ Interlinking of topics for better outcome

SESSION:S	TOPIC	DETAIL
SESSION: 6	Pollution & Resource Degradation	▣ Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution
SESSION: 7	Climate Change & Environmental Governance	▣ Climate Change and Global Warming + Act and Policies + International Governance + Environmental Impact Assessment + Environmental Institutions
SESSION: 8	Environment	▣ How to Integrate Current affairs in Polity
SESSION: 9	Environment	▣ Answer Writing

SCIENCE & TECHNOLOGY

SESSION: 1	Science	▣ Topic Detailing + PYQ
SESSION: 2	Physics	▣ Introduction to Science and Tech. And Physics: Motion
SESSION: 3	Physics	▣ Force, Pressure, Light, Sound
SESSION: 4	Physics	▣ Electricity, Work, Energy
SESSION: 5	Chemistry	▣ Acid, Bases & Salts; Metals and Non- Metals; ▣ Matter, Atoms & Molecules
SESSION: 6	Biology	▣ Biological Classification; Microorganisms; Cell
SESSION: 7	Biology	▣ Heredity; Evolution; Natural Resources; Biotechnology
SESSION: 8	Science	▣ How to Integrate Current affairs in Science
SESSION: 9	Science	▣ Answer Writing

INDIAN SOCIETY

SESSION: 1	Society	▣ Topic Detailing+ PYQ
SESSION: 2	Society	▣ Understanding Social Institutions ▣ Social Institutions Continuity and Change ▣ Social Structure Stratification Social ▣ Processes in Society

SESSION:S	TOPIC	DETAIL
SESSION: 3	Society	<ul style="list-style-type: none"> Introducing Indian Society Culture and Socialization The Challenges of Cultural Diversity Cultural Change
SESSION: 4	Society	<ul style="list-style-type: none"> Structural Change Change and Development in Rural Society Change and Development in Industrial Society Social Change and Social Order in Rural and Urban Society
SESSION: 5	Society	<ul style="list-style-type: none"> Globalisation and Social Change Market as a Social Institution Environment and Society
SESSION: 6	Society	<ul style="list-style-type: none"> The Demographic Structure of the Indian Society
SESSION: 7	Society	<ul style="list-style-type: none"> Patterns of Social Inequality and Exclusion Social Movements
SESSION: 8	Society	<ul style="list-style-type: none"> How to Integrate Current affairs in Polity
SESSION: 9	Society	<ul style="list-style-type: none"> Answer Writing



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SUBJECT EXPERTS**



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