



An Institute for Civil Services

MAINS TEST SERIES 2024

ANTHROPOLOGY

COMPLETE SYLLABUS *through*

CONCEPT CLASSES & ANSWER WRITING



ONLINE



14

OCTOBER, 2023



09:00 AM

PROGRAM
FEE



20,000/-
(including GST)



- ✓ 45+ Classes for Concept Building
- ✓ 3 Level of Test for Gradual Improvement
 - 18 Topical Tests (10 Questions)
 - 2 Sectional Tests (20 Questions)
 - 4 Full Mock Tests (As per UPSC Pattern)
- ✓ 18 PYQs Discussion Sessions
- ✓ Test Discussion after each Topical Test
- ✓ Doubt Clearing Session after Copy Evaluation for Marks improvement.



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Mentor: SOURABH MISHRA

PROGRAMME FEATURES

01

Exclusive programme to cover Anthropology optional through Concept building classes, PYQ discussions and Answer writing practice through Mock tests

02

Specially curated programme to maximize Marks & Score 300+ in Anthropology Optional

03

Classes will focus on decluttering the syllabus and provide conceptual clarity on each topics

04

Classes will build capabilities like interlinking different topics, efficient use of case studies/examples and Answer framing techniques to fetch maximum marks in the exam

05

Topic wise PYQs discussion will be provided

06

Class and PYQ discussion will be followed by Topical Test (10 Questions)

07

Sectional test to be conducted after completing syllabus of each paper and Mock tests will be conducted at the end of the course

08

Sectional & Mock tests will be based on UPSC pattern & evaluation will be done by Experts and Faculty only.

09

Regular doubt clearing sessions will be conducted for personalized mentoring & performance improvement.

SESSION PLAN

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 01 14 OCTOBER, 2023	Approach to Anthropology Optional (Paper 1)
SESSION: 01 15 OCTOBER, 2023	Approach to Anthropology Optional (Paper 2)
Paper 1: Section-A (Socio Cultural Anthropology)	
SESSION: 03 16 OCTOBER, 2023	2.1 The Nature of Culture <ul style="list-style-type: none"> ◦ The concept and characteristics of culture and civilization ◦ Ethnocentrism vis-à-vis cultural Relativism
SESSION: 04 17 OCTOBER, 2023	2.2 The Nature of Society <ul style="list-style-type: none"> ◦ Concept of Society ◦ Society and culture ◦ Social Institution ◦ Social groups ◦ Social stratification
SESSION: 05 20 OCTOBER, 2023	Previous Year Questions (PYQs)- 1
SESSION: 06 22 OCTOBER, 2023	Topical Test - 1

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 07 23 OCTOBER, 2023	2.3 Marriage <ul style="list-style-type: none"> Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Types of marriage (monogamy, polygamy, polyandry, group marriage) Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry)
SESSION: 08 24 OCTOBER, 2023	2.4 Family <ul style="list-style-type: none"> Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession) Impact of urbanization, industrialization and feminist movements on family.
SESSION: 09 27 OCTOBER, 2023	Previous Year Questions (PYQs)-2
SESSION: 10 29 OCTOBER, 2023	Topical Test - 2
SESSION: 11 30 OCTOBER, 2023	2.5 Kinship <ul style="list-style-type: none"> Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred) Kinship terminology (descriptive and classificatory);

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul style="list-style-type: none"> ◦ Descent, Filiation and Complimentary Filiation; ◦ Descent and Alliance.
SESSION: 12 31 OCTOBER, 2023	3. Economic Organization <ul style="list-style-type: none"> ◦ Meaning, scope and relevance of economic anthropology; ◦ Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; ◦ globalization and indigenous economic systems.
SESSION: 13 03 NOVEMBER, 2023	Previous Year Questions (PYQs)-3
SESSION: 14 05 NOVEMBER, 2023	Topical Test - 3
SESSION: 15 06 NOVEMBER, 2023	4. Political organization and Social Control <ul style="list-style-type: none"> ◦ Band, tribe, chiefdom, kingdom and state; ◦ concepts of power, authority and legitimacy; social control, law and justice in simple societies.
SESSION: 16 07 NOVEMBER, 2023	5. Religion <ul style="list-style-type: none"> ◦ Anthropological approaches to the study of religion (evolutionary, psychological and functional); ◦ monotheism and polytheism; sacred and profane; myths and rituals; Forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism);

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul style="list-style-type: none"> Religion, magic and science distinguished; Magico-religious functionaries (priest, shaman, medicine man, sorcerer and witch)
SESSION: 17 09 NOVEMBER, 2023	Previous Year Questions (PYQs)-4
SESSION: 18 10 NOVEMBER, 2023	Topical Test - 4
SESSION: 19 13 NOVEMBER, 2023	6. Anthropological Theories <ul style="list-style-type: none"> Classical evolutionism (Tylor, Morgan and Frazer) Historical particularism (Boas); Diffusionism (British, German and American) Neo - evolutionism (Childe, White, Steward, Sahlins and Service)
SESSION: 20 14 NOVEMBER, 2023	6. Anthropological Theories <ul style="list-style-type: none"> Functionalism (Malinowski); Structural-functionism (Radcliffe-Brown) Structuralism (L'evi - Strauss and E. Leach) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora - du Bois)
SESSION: 21 15 NOVEMBER, 2023	6. Anthropological Theories <ul style="list-style-type: none"> Cultural materialism (Harris) Symbolic and interpretive theories (Turner, Schneider and Geertz) Cognitive theories (Tyler, Conklin) Post- modernism in anthropology
SESSION: 22 17 NOVEMBER, 2023	Previous Year Questions (PYQs)-5

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 23 19 NOVEMBER, 2023	Topical Test - 5
SESSION: 24 20 NOVEMBER, 2023	7. Culture, language and communication <ul style="list-style-type: none"> ◦ Nature, origin and characteristics of language; ◦ verbal and nonverbal communication; ◦ social context of language use.
SESSION: 25 21 NOVEMBER, 2023	8. Research Methods in Anthropology <ul style="list-style-type: none"> ◦ Fieldwork tradition in Anthropology ◦ Distinction between technique, method and methodology ◦ Tools of data collection: observation, interview, schedules, questionnaire, Case study, genealogy, lifehistory, oral history, secondary sources of information, participatory methods. ◦ Analysis, interpretation and presentation of data.
SESSION: 26 24 NOVEMBER, 2023	Previous Year Questions (PYQs)-6
SESSION: 27 26 NOVEMBER, 2023	Topical Test - 6
PAPER 1: SECTION-B (PHYSICAL ANTHROPOLOGY)	
SESSION: 28 27 NOVEMBER, 2023	1.4 Human Evolution and emergence of Man <ul style="list-style-type: none"> (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (Pre Darwinian, Darwinian and Post-Darwinian).

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	(c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
SESSION: 29 28 NOVEMBER, 2023	1.5 Primates <ul style="list-style-type: none"> ◦ Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate ◦ Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; ◦ Living Major Primates; ◦ Comparative Anatomy of Man and Apes; ◦ Skeletal changes due to erect posture and its implications.
SESSION: 30 29 NOVEMBER, 2023	1.6 Phylogenetic status, characteristics and geographical distribution of the following: <ul style="list-style-type: none"> (d) Plio-pleistocene hominids in South and East Africa - Australopithecines. (e) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis). (f) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type). (g) Rhodesian man. (h) Homo sapiens – Cromagnon, Grimaldi and Chancelade.
SESSION: 31 01 DECEMBER, 2023	Previous Year Questions (PYQs)-7

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 32 03 DECEMBER, 2023	Topical Test - 7
SESSION: 33 04 DECEMBER, 2023	9.1 Human Genetics <ul style="list-style-type: none"> Methods and Application: Methods for study of genetic principles in man-family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
SESSION: 34 05 DECEMBER, 2023	9.2 Mendelian Genetics <ul style="list-style-type: none"> Mendelian genetics in man-family study, single factor, multifactor, lethal, sublethal and polygenic inheritance in man.
SESSION: 35 06 DECEMBER, 2023	9.3 Genetic Polymorphism <ul style="list-style-type: none"> Concept of genetic polymorphism and selection, Mendelian population, Hardy Weinberg law; causes and changes which bring down frequency – mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages.
SESSION: 36 08 DECEMBER, 2023	Previous Year Questions (PYQs)-8
SESSION: 37 10 DECEMBER, 2023	Topical Test - 8

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 38 11 DECEMBER, 2023	9.4 Chromosomes and Chromosomal Aberrations <ul style="list-style-type: none"> (i) Numerical and structural aberrations (disorders). (j) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (k) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes. (l) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
SESSION: 39 12 DECEMBER, 2023	9.5 Race and Racism <ul style="list-style-type: none"> ◦ Race and racism, biological basis of morphological variation of non-metric and metric ◦ characters. Racial criteria, racial traits in relation to heredity and environment; biological ◦ basis of racial classification, racial differentiation and race crossing in man.
SESSION: 40 13 DECEMBER, 2023	9.6 Genetic Markers <ul style="list-style-type: none"> ◦ Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferrin, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socioeconomic groups.
SESSION: 41 15 DECEMBER, 2023	Previous Year Questions (PYQs)-9
SESSION: 42 17 DECEMBER, 2023	Topical Test - 9

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 43 18 DECEMBER, 2023	9.7 Ecological Anthropology <ul style="list-style-type: none"> Concepts and methods of Ecological Anthropology. Bio-cultural Adaptations – desert, cold, high altitude climate. Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot
SESSION: 44 19 DECEMBER, 2023	9.8 Epidemiological Anthropology <ul style="list-style-type: none"> Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases.
SESSION: 45 20 DECEMBER, 2023	12. Applications of Anthropology <ul style="list-style-type: none"> Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counseling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
SESSION: 46 22 DECEMBER, 2023	Previous Year Questions (PYQs)- 10
SESSION: 47 24 DECEMBER, 2023	Topical Test - 10
SESSION: 48 26 DECEMBER, 2023	10. Human Growth and development <ul style="list-style-type: none"> Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence.

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul style="list-style-type: none"> Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. Ageing and senescence. Theories and observations - biological and chronological longevity. Human physique and somato-types. Methodologies for growth studies.
SESSION: 49 27 DECEMBER, 2023	11 Bioevents to fertility, Demographic Theories 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials. 11.2 Demographic theories- biological, social and cultural. 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
SESSION: 50 29 DECEMBER, 2023	Previous Year Questions (PYQs)-11
SESSION: 51 31 DECEMBER, 2023	Topical Test - 11
SESSION: 52	Comprehensive Revision Test – Paper 1
PAPER 2: SECTION-A (INDIAN ANTHROPOLOGY)	
SESSION: 53 02 JANUARY, 2024	1.1 Evolution of the Indian Culture and Civilization <ul style="list-style-type: none"> Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): PreHarappan, Harappan and postHarappan cultures. Contributions of tribal cultures to Indian civilization.

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	1.2 Palaeo <ul style="list-style-type: none"> Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus & Narmada Man).
SESSION: 54 03 JANUARY, 2024	1.3 Ethno-archaeology in India <ul style="list-style-type: none"> The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral & peasant communities Including arts and crafts producing communities.
SESSION: 55 05 JANUARY, 2024	Previous Year Questions (PYQs)- 12
SESSION: 56 07 JANUARY, 2024	Topical Test - 12
SESSION: 57 08 JANUARY, 2024	2. Demographic profile of India <ul style="list-style-type: none"> Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure & growth.
SESSION: 58 09 JANUARY, 2024	3.1 The structure and nature of traditional Indian Social System <ul style="list-style-type: none"> Varnashram, Purushartha, Karma, Rina & Rebirth.
SESSION: 59 10 JANUARY, 2024	3.2 Caste system in India <ul style="list-style-type: none"> structure and characteristics, Varna and caste, Theories of origin of caste system, Dominant caste, Caste mobility, Future of caste system, Jajmani system, Tribe- caste continuum.

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 60 12 JANUARY, 2024	Previous Year Questions (PYQs)-13
SESSION: 61 14 JANUARY, 2024	Topical Test - 13
SESSION: 62 15 JANUARY, 2024	3.3 Sacred Complex & Nature- Man- Spirit Complex 3.4 Impact of - Buddhism, Jainism, Islam and Christianity on Indian society <ul style="list-style-type: none"> ◦ Sacred Complex & Nature- Man- Spirit Complex ◦ Impact of - Buddhism, Jainism, Islam and Christianity on Indian society
SESSION: 63 16 JANUARY, 2024	4. Emergence and growth of anthropology in India <ul style="list-style-type: none"> ◦ Contributions of the 18th, 19th and early 20th Century scholar-administrators. ◦ Contributions of Indian anthropologists to tribal and caste studies.
SESSION: 64 19 JANUARY, 2024	Previous Year Questions (PYQs)-14
SESSION: 65 21 JANUARY, 2024	Topical Test - 14
SESSION: 66 22 JANUARY, 2024	5.1 Indian Village <ul style="list-style-type: none"> ◦ Significance of village study in India; ◦ Indian village as a social system; ◦ Traditional and changing patterns of settlement and inter-caste relations; ◦ Agrarian relations in Indian villages; ◦ Impact of globalization on Indian villages.

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 67 23 JANUARY, 2024	5.2 Linguistic and Religious minorities and their Social, Political & Economic status 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society <ul style="list-style-type: none"> ◦ Linguistic and Religious minorities and their Social, Political & Economic status ◦ Sanskritization, Westernization, Modernization; ◦ Inter-play of little and great traditions; ◦ Panchayati raj and social change; ◦ Media and social change.
SESSION: 68 25 JANUARY, 2024	Previous Year Questions (PYQs)- 15
SESSION: 69 28 JANUARY, 2024	Topical Test - 15
PAPER 2: SECTION-B (TRIBAL INDIA)	
SESSION: 70 29 JANUARY, 2024	6.1 Tribal situation in India <ul style="list-style-type: none"> ◦ Bio-genetic variability, ◦ Linguistic & Socio-economic characteristics of tribal populations & their distribution.
SESSION: 71 30 JANUARY, 2024	6.2 Problems of the tribal Communities <ul style="list-style-type: none"> ◦ Land alienation, Poverty, Indebtedness, Low literacy, Poor educational facilities, ◦ Unemployment, Underemployment, Health and nutrition
SESSION: 72 31 JANUARY, 2024	6.3 Developmental projects and their impact on tribal Displacement and problems of Rehabilitation

SESSION NO. & DATE	TOPICS & SUB-TOPICS
	<ul style="list-style-type: none"> Development of forest policy and Tribals. Impact of Urbanization and Industrialization on tribal populations.
SESSION: 73 02 FEBRUARY, 2024	Previous Year Questions (PYQs)-16
SESSION: 74 04 FEBRUARY, 2024	Topical Test - 16
SESSION: 75 05 FEBRUARY, 2024	7.1 Problems of Exploitation and Deprivation of S.C's, S.T's and O.B.C's: Constitutional safeguards for S.C's and S.T's. 7.2 Social Change and Contemporary Tribal societies <ul style="list-style-type: none"> Constitutional safeguards for S.C's and S.T's. Impact of modern democratic institutions; Development programmes and welfare measures on Tribals and weaker sections.
SESSION: 76 06 FEBRUARY, 2024	7.3 The Concept of Ethnicity <ul style="list-style-type: none"> Ethnic conflicts and political developments; Unrest among tribal communities; Regionalism and demand for autonomy; Pseudo-tribalism; Social change among the tribes during colonial and post-Independent India.
SESSION: 77 07 FEBRUARY, 2024	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies <ul style="list-style-type: none"> Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 78 09 FEBRUARY, 2024	Previous Year Questions (PYQs)-17
SESSION: 79 11 FEBRUARY, 2024	Topical Test - 17
SESSION: 80 12 FEBRUARY, 2024	8.2 Tribe & Nation state 9.1 History of administration of tribal areas 9.2 Role of Anthropology in Tribal and Rural Development <ul style="list-style-type: none"> ◦ Tribe & Nation state-comparative study of tribal communities in India & other countries ◦ Tribal policies, plans, Programmes of tribal development and their implementation. ◦ The concept of Primitive Tribal Groups, their distribution, special programmes for their development. ◦ Role of N.G.O.s in tribal development.
SESSION: 81 13 FEBRUARY, 2024	9.3 Contributions of Anthropology to the Understanding of Regionalism, Communalism, & Ethnic and Political Movements. <ul style="list-style-type: none"> ◦ Contributions of Anthropology to the Understanding of Regionalism, Communalism, & ◦ Ethnic and Political Movements.
SESSION: 82 16 FEBRUARY, 2024	Previous Year Questions (PYQs)- 18
SESSION: 83 18 FEBRUARY, 2024	Topical Test - 18

SESSION NO. & DATE	TOPICS & SUB-TOPICS
SESSION: 84	Comprehensive Revision Test – Paper 2
AFTER PRELIMS	Mock 1 (Paper 1)
	Mock 2 (Paper 2)
	Mock 3 (Paper 1)
	Mock 4 (Paper 2)
