

Aadhaar

NCERT Foundation Programme

Batch Starts

 **15**
MARCH

Perspective &
Approach
development
through
Concept
Building

Understanding
themes &
trends through
PYQs

Mentorship
for
personalized
guidance

150⁺ Hrs.
Course to Cover & Map
the Concepts of *Old &*
New NCERT Books in
Sync *with*
UPSC Syllabus

Developing
Answer
Writing
skills

Special
Focus on Linking
Current Affairs
with
Concepts

Crisp &
Concise
notes for
Quick Revision

97 NCERT-
based
Prelims Tests
(Topic-wise)

COURSE FEE

₹10,000

Including GST



PROGRAMME OVERVIEW

NCERT is the **Aadhaar** on which the **Foundation of UPSC CSE** is built. Without reading and understanding NCERTs one can not even imagine clearing this exam. Reading all the books can be daunting but GS SCORE has made this task easier for you by bringing the **Aadhaar - NCERT Foundation programme**. The uniqueness of this programme is not only the coverage of **NEW and OLD NCERTs** but also connecting the UPSC Syllabus through NCERTs by **systematic analysis of PYQs**. It aims at **linking current affairs with concepts** and finally developing a comprehensive **answer writing** approach.

SESSION PLAN

Polity	25 Hrs.
Geography	25 Hrs
History	25 hrs.
Economy	25 hrs
Environment	20 hrs
Science & Technology	20 hrs
Society	10 Hrs

PROGRAMME SCHEDULE

SESSION	TOPIC	DETAIL
HISTORY		
SESSION 1	Ancient History-1	<ul style="list-style-type: none"> ▣ Pre Historic Times; Indus Valley Civilization; Rig Vedic Period; Later Vedic Period + Jainism & Buddhism ▣ Assignment
SESSION 2	Ancient History-2	<ul style="list-style-type: none"> ▣ Mahajanapadas Period; Mauryan Empire Post-Mauryan India Gupta Period; Harshavardhana Period; Sangam Period (South Indian Dynasties)+ ▣ AsWsignment

SESSION	TOPIC	DETAIL
SESSION 3	Medieval History-1	<ul style="list-style-type: none"> Major Dynasties of Early Medieval India (750-1200); Cholas & other South Indian Kingdoms + Early Muslim Invasions; The Delhi
SESSION 4	Medieval History-2	<ul style="list-style-type: none"> Sultanate (1206-1526 AD); Vijayanagar Empire Struggle for Empire in North India; Establishment of North Indian Empire; Consolidation & Expansion of the Empire; State & Government under Akbar; Akbar's Religious views, Post Akbar; Regional Powers in India
SESSION 5	Modern History 1	<ul style="list-style-type: none"> The Advent of Europeans In India; The English in Bengal from (1757 to 1772); Impact of British Rule in India Revolt of 1857; Tribal & Peasants Movements; Socio- Religious Reforms Pre-Congress Phase
SESSION 6	Modern History 2	<ul style="list-style-type: none"> Moderate Phase of Congress(1858- 1900) Partition of Bengal; Extremists Phase (1900-1917)
SESSION 7	Modern History 3	<ul style="list-style-type: none"> Indian National Movement (1917-1947)
SESSION 8	Art & Culture 1	<ul style="list-style-type: none"> Visual & Performing Arts + Religion, Language, Literature, Miscellaneous
SESSION 9	History	<ul style="list-style-type: none"> Syllabus Topic Detailing
SESSION 10	History	<ul style="list-style-type: none"> Prelims Test
SESSION 11	History	<ul style="list-style-type: none"> Answer writing
POLITY		
SESSION 1	Political Theory	<ul style="list-style-type: none"> Equality, Freedom Citizenship, Nationalism

SESSION	TOPIC	DETAIL
SESSION 2	Introduction to constitution	<ul style="list-style-type: none"> ▣ Constitution: Why and How? ▣ Evolution, Objectives & Features of the constitution, ▣ Philosophy of Indian Constitution, Constitution As a Living Document,
SESSION 3	Fundamental Rights DPSPs Fundamental Duties	<ul style="list-style-type: none"> ▣ Evolution, Article 12-13, Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural & Educational Rights ▣ Right to Constitutional Remedies, FRs other Dimensions, Evolution & Dimensions of DPSP, Socialist Principles, Gandhian Principles, Liberal Intellectual Principles, New Directive Principles, Directive Principles outside Part IV, Fundamental Duties
SESSION 4	Centre-State Relations Union Legislature & State Legislature	<ul style="list-style-type: none"> ▣ Federalism ▣ Organisation of Parliament, Lok Sabha Organisation, Rajya Sabha Organisation, Legislative Assembly, Legislative Councils ▣ Speaker, Protem Speaker, Chairman of Rajya Sabha, Deputy Chairman of Rajya Sabha, Leader in Parliament, Legislative Procedures, Committees of Parliament
SESSION 5	Union & State Executive Local Government Union Territories & Special Area	<ul style="list-style-type: none"> ▣ President, Vice President & Governor ▣ Prime Minister, CoM, Chief Minister & CoM ▣ Evolution of Panchayati Raj; Evolution of Urban Bodies; Creation of Union Territories; Scheduled and Tribal Areas
SESSION 6	Judiciary	<ul style="list-style-type: none"> ▣ Supreme Court; High Court; Subordinate Courts; Lok Adalats; Tribunals
SESSION 7	Bodies Political Dynamics	<ul style="list-style-type: none"> ▣ Constitutional and Non-Constitutional Bodies ▣ Political Parties; Election; Pressure Groups

SESSION	TOPIC	DETAIL
SESSION 8	Polity	▫ Topic Detailing
SESSION 9	Polity	▫ Prelims Test
SESSION 10	Polity	▫ Answer Writing
ENVIRONMENT		
SESSION 1	Environment & Ecology 1	▫ Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling
SESSION 2	Environment & Ecology 2	▫ Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem
SESSION 3	Biodiversity 1	▫ Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands
SESSION 4	Pollution & Resource Degradation 1	▫ Land, Forest, Water, Soil and Energy Resources
SESSION 5	Pollution & Resource Degradation 2	▫ Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution
SESSION 6	Climate Change & Environmental Governance	▫ Climate Change and Global Warming + Act and Policies ▫ International Governance + Environmental Impact Assessment ▫ + Environmental Institutions
SESSION 7	Environment	▫ Topics Detailing
SESSION 8	Environment	▫ Prelims Test
SESSION 9	Environment	▫ Answer Writing

SESSION	TOPIC	DETAIL
SCIENCE		
SESSION 1	Science and Tech	<ul style="list-style-type: none"> ▣ Introduction to Science and Tech; ▣ Physics: Motion
SESSION 2	Science and Tech	<ul style="list-style-type: none"> ▣ Physics: Force, Pressure, Light, Sound
SESSION 3	Science and Tech	<ul style="list-style-type: none"> ▣ Physics: Electricity, Work, Energy
SESSION 4	Science and Tech	<ul style="list-style-type: none"> ▣ Chemistry: Acid, Bases, & Salts; Metals ▣ and Non- Metals; Matter, Atoms & ▣ Molecules
SESSION 5	Science and Tech	<ul style="list-style-type: none"> ▣ Biology: Biological Classification; ▣ Microorganisms; Cell
SESSION 6	Science and Tech	<ul style="list-style-type: none"> ▣ Biology: Heredity & Evolution; Natural ▣ Resources; Biotechnology
SESSION 7	Science and Tech	<ul style="list-style-type: none"> ▣ Topic Detailing
SESSION 8	Science and Tech	<ul style="list-style-type: none"> ▣ Prelims test
SESSION 9	Science and Tech	<ul style="list-style-type: none"> ▣ Answer writing
GEOGRAPHY		
SESSION 1	Earth and The Universe	<ul style="list-style-type: none"> ▣ Globe Latitudes and Longitudes ▣ Motions of the Earth
SESSION 2	Interior of the Earth	<ul style="list-style-type: none"> ▣ Earth's crust and Interior ▣ Geophysical phenomena: Volcanism and Earthquakes
SESSION 3	Composition and Structure of Atmosphere	<ul style="list-style-type: none"> ▣ Atmosphere of Earth ▣ Atmospheric Phenomena and Vegetation
SESSION 5	Biogeography	<ul style="list-style-type: none"> ▣ Biogeography, Forest and Wildlife ▣ Resources

SESSION	TOPIC	DETAIL
SESSION 6	Human Development	<ul style="list-style-type: none"> Human Geography of the World; Settlement & Urbanization Economic Geography of the World + Mineral+ Energy Resources+ Transport + International Trade + Development of Minerals and Industries
		<ul style="list-style-type: none"> Economic Infrastructure and Energy Resources
SESSION 7	Indian Geography	<ul style="list-style-type: none"> Basics of India + Geological Structure & relief features + Physiography of India
SESSION 8	Indian Geography	<ul style="list-style-type: none"> River Systems & Climate of India + Topic detailing
SESSION 9	Geography	<ul style="list-style-type: none"> Prelims Test
SESSION 10	Geography	<ul style="list-style-type: none"> Answer Writing
SOCIETY		
SESSION 1	Society 1	<ul style="list-style-type: none"> Sociology and Society Terms, Concepts and their use in Sociology Social Structure, Stratification & Processes In Society , Culture and Socialisation
SESSION 2	Society	<ul style="list-style-type: none"> Understanding Social Institutions Social Change and Social Order in Rural and Urban Society Environment and Society Introducing Indian Society the Demographic Structure of Indian Society
SESSION 3	Society	<ul style="list-style-type: none"> Social Institutions: Continuity and Change Market as a Social Institution Patterns of Social Inequality and Exclusion. The challenges of Cultural Diversity Structural Change, Cultural Change

SESSION	TOPIC	DETAIL
SESSION 4	Society	<ul style="list-style-type: none"> Story of Indian Democracy; Change and Development in Rural Society; Change and Development in Industrial Society
		<ul style="list-style-type: none"> Globalisation and Social Change Mass Media and Communications Social Movements
SESSION 5	Society	<ul style="list-style-type: none"> Topic Detailing
SESSION 6	Society	<ul style="list-style-type: none"> Answer writing
ECONOMY		
SESSION 1	Economy	<ul style="list-style-type: none"> Basics of Economy
SESSION 2	Economy	<ul style="list-style-type: none"> Economic Growth & National Income-1
SESSION 3	Economy	<ul style="list-style-type: none"> Economic Growth & National Income
SESSION 4	Economy	<ul style="list-style-type: none"> Money & Banking
SESSION 5	Economy	<ul style="list-style-type: none"> Financial Market & its instruments
SESSION 6	Economy	<ul style="list-style-type: none"> Public Finance in India (Budget & Fiscal Policy)
SESSION 7	Economy	<ul style="list-style-type: none"> Taxation in India
SESSION 8	Economy	<ul style="list-style-type: none"> Planning; Poverty; Employment
SESSION 9	Economy	<ul style="list-style-type: none"> Economic Sectors
SESSION 10	Economy	<ul style="list-style-type: none"> International Trade; Balance of Payment; International Organisation; Trade Agreement
SESSION 11	Economy	<ul style="list-style-type: none"> Topic Detailing
SESSION 12	Economy	<ul style="list-style-type: none"> Prelims test
SESSION 13	Economy	<ul style="list-style-type: none"> Answer Writing